

MANASQUAN ELEMENTARY SCHOOL

OCTOBER 2026

Student Lunch \$3.75 Adult Lunch \$4.50

*** 5 COMPLETE LUNCH CHOICES DAILY ***

Hot Entrees, Deli Du Jour, Bagel Lunch, PBJ or Chicken Caesar Salad

All Lunches Served with Fruit, Veggies & Milk Daily. Fresh Soup on Tuesdays & Thursdays



Gourmet Sandwiches & Salads of the Week

Fresh Fruit and Yogurt Parfaits

Burgers, Sandwiches, Pizza, Pasta, and Wraps Available GF Upon Request

Deli Du Jour Selection

Monday

Turkey & Cheese

Tuesday

Chicken Salad

Wednesday

Turkey & Cheese

Thursday

Chicken Salad

Friday

Tuna

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CULINARY CLASSICS 	Earn Extra Cash while the kids are in school! Cafeteria help wanted: Call 732-233-2398		1 Teriyaki Chicken w/ Rice & Broccoli Fresh Veggies Fresh Fruit Soup	2 Hand Tossed Pizza Tossed Salad Fresh Fruit
5 Chicken Tenders Fresh Veggies Fresh Fruit	6 Pancakes, Sausage Hashbrowns Fresh Fruit Soup	7 Nacho Bar All The Fixings Fresh Veggies Fresh Fruit	8 Hot Ham & Cheese Sweet Potatoes Fries Fresh Fruit Soup	9 Hand Tossed Pizza Tossed Salad Fresh Fruit
12 Chicken Sandwich Fresh Veggies Fresh Fruit	13 Cheeseburger Waffle Fries Fresh Fruit Soup	14 Mac & Cheese Bread Fresh Veggies Fresh Fruit	15 Hand Tossed Pizza Carrot Sticks Fresh Fruit Soup	16 Staff In-Service Early Dismissal NO LUNCH
19 Chicken Nuggets Fresh Veggies Applesauce	20 Pork Roll & Cheese Tater Tots Fresh Fruit Soup	21 Soft Beef Taco Tuesday Rice & Beans Fresh Fruit	22 Pasta Bar Meat Sauce, Cheese Sauce, Bread Fresh Fruit Soup	23 Pizza Sticks Fresh Veggies Fresh Fruit
26 Chicken Tenders Fresh Veggies Fresh Fruit	27 Mummy Dogs Fresh Veggies Fresh Fruit Soup	28 Meatball Parm Sub Side Salad Fresh Fruit	29 Hand Tossed Pizza Fresh Veggie Fresh Fruit Soup	30 HALLOWEEN Early Dismissal No Lunch