

Breakfast Menu

Syosset Elementary School

October 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



5 Fluffy Whole Grain Waffles With Syrup Sliced Apples 100% Apple Juice

6 Homemade Chocolate Chip Muffins Clementine 100% Juice Fruit Punch

7 Fluffy Whole Grain Pancakes With Syrup Sliced Apples 100% Apple Juice

1 Yogurt with Graham Crackers Clementine 100% Apple Juice

2 Fluffy Whole Grain Pancakes With Syrup Apple Slices 100% Juice Fruit Punch



13 Yogurt with Graham Crackers Clementine 100% Juice Fruit Punch

14 Whole Grain French Toast Slices Syrup Sliced Apples 100% Orange Tangerine

15 Homemade Blueberry Muffins Or Homemade Chocolate Chip Muffins Clementine 100% Apple Juice

16 Fluffy Whole Grain Waffles With Syrup Fresh Banana 100% Juice Fruit Punch

19 Whole Grain French Toast Slices With Syrup Sliced Apples 100% Apple Juice

20 Homemade Chocolate Chip Muffins Clementine 100% Juice Fruit Punch

21 Fluffy Whole Grain Waffles With Syrup Sliced Apples 100% Apple Juice

22 Yogurt with Graham Crackers Clementine 100% Apple Juice

23 Fluffy Whole Grain Pancakes With Syrup Sliced Apples 100% Juice Fruit Punch

26 Fluffy Whole Grain Waffles With Syrup Sliced Apples 100% Apple Juice

27 Yogurt with Graham Crackers Clementine 100% Juice Fruit Punch

28 Fluffy Whole Grain Pancakes Syrup Sliced Apples 100% Apple Juice

29 Homemade Muffins Clementine 100% Apple Juice

30 Whole Grain French Toast Slices With Syrup Sliced Apples 100% Juice Fruit Punch

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

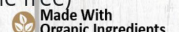
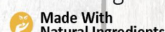
**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



MEAL PRICE:

All Students: \$0.00
Second Meals: \$1.50
Adult: \$3.11+tax
Milk: Student price \$0.75
Adult Price \$0.75 + tax
General Manager
Karen Ball
kball@syossetschools.org



Daily Breakfast Offerings: Asst. WG Muffins, Chobani yogurt w/graham cracker, Bagel w/Cream Cheese or Butter, Asst. WG reduced-sugar cereals w/cheese stick.

Fresh Fruit daily at breakfast may be in conjunction with 100% fruit juice

All meals served with: 1% white, fat free white (all antibiotic and hormone free)