

Breakfast Menu

Ardsley High School

October 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

5 Strawberry Pop Tart
Light Mozzarella Cheese Stick
Fresh Orange
100% Orange
Tangerine

6 Fluffy Whole Grain Pancakes
Bacon P
Fresh Apple
100% Juice Fruit Punch

7 Fresh Whole Wheat Bagel
Vanilla Yogurt
Fresh Orange
100% Apple Juice

1 Whole Grain Donut
Fresh Orange
100% Apple Juice

2 Whole Grain French Toast Slices
Fresh Pear
100% Orange
Tangerine

9 Cocoa Puffs Cereal Bar
Vanilla Yogurt
Fresh Apple
100% Apple Juice

8 Bacon, Egg and Cheese Breakfast Sandwich
Fresh Pear
100% Juice Fruit Punch

SCHOOL
CLOSED
TODAY

13 Egg Sandwich
Fresh Pear
100% Juice Fruit Punch

14 Reduced Sugar Trix
WG Honey Bear
Graham Crackers
Fresh Apple
100% Apple Juice

15 Brown Sugar Cinnamon Pop Tart
Vanilla Yogurt
Fresh Orange
100% Orange
Tangerine

16 Egg and Cheese Sandwich
Fresh Pear
100% Juice Fruit Punch

19 Whole Grain Donut
Fresh Orange
100% Apple Juice

20 Frosted Corn Flakes Cereal
Light Mozzarella Cheese Stick
Fresh Apple
100% Juice Fruit Punch

21 Fudge Pop Tart
WG Honey Bear
Graham Crackers
Fresh Orange
100% Orange
Tangerine

22 WW Honey Bun
Fresh Pear
100% Juice Fruit Punch

23 Whole Grain Donut
Fresh Apple
100% Apple Juice

26 Whole Grain French Toast Slices
Fresh Orange
100% Orange
Tangerine

27 Fluffy Whole Grain Pancakes
* Sausage Patty
Fresh Apple
Fresh Pear
100% Juice Fruit Punch

*Chicken

28 Fresh Whole Wheat Bagel
Vanilla Yogurt
Fresh Apple
100% Apple Juice

29 Bacon, Egg and Cheese Breakfast Sandwich
Fresh Pear
100% Juice Fruit Punch

30 Egg and Cheese Sandwich
Fresh Pear
100% Juice Fruit Punch



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex

(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Student Meal is FREE

Adult \$3.11 +Tax

*Turkey Sausage

If you have questions regarding this menu please contact Nina Ambriz,

Food Service Director

foodservices@ardsleyhighschool.org
Vegetarian Made With Natural Ingredients

Available Daily

Fresh Egg Sandwiches, Red/Sugar WG Cereal, Yogurt Parfait, Bagel w/butter or cream cheese Assorted Fresh

Fruit(Sliced Oranges, Apples & Bananas)

100% Fruit Juice, All Grain products are Whole Grain or Whole Wheat

Choice of Low Fat White Milk, Fat Free White or Chocolate Milk

Those who qualify for free or reduced-priced meals enjoy breakfast and lunch at no cost

