

Breakfast Menu

Ardsley Middle School

October 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

5 Frosted Corn Flakes Cereal  
WG Honey Bear
Graham Crackers
100% Juice Fruit
Punch   
Fresh Pear

6 Whole Grain French Toast Slices 
Fresh Pear
100% Orange
Tangerine   

7 Whole Grain Pancakes with
* Sausage
Fresh Red Delicious Apple 
100% Juice Fruit
Punch   

* Chicken

1 WW Honey Bun 
Fresh Orange 
100% Apple Juice 

2 Whole Grain Donut 
Fresh Banana 
100% Grape Juice 

8 Breakfast Burrito 

Fresh Banana 
100% Apple Juice 

9 Bacon, Egg and Cheese Breakfast Sandwich 
Fresh Pear
100% Orange
Tangerine   

SCHOOL
CLOSED
TODAY

13 Reduced Sugar Trix 
Vanilla Yogurt 
Fresh Orange 
100% Apple Juice 

14 Red. Sugar Cinnamon Toast
Crunch Cereal  
Light Mozzarella Cheese Stick
Fresh Banana 
100% Orange
Tangerine   

15 Frosted Corn Flakes Cereal  
WG Honey Bear
Graham Crackers
Fresh Pear
100% Juice Fruit
Punch   

16 Cheerios Honey Cereal   
Vanilla Yogurt 
Fresh Red Delicious Apple 
100% Apple Juice 

19 Whole Grain Pancakes with
Sausage
100% Juice Fruit
Punch   
Fresh Banana 

20 Strawberry Pop Tart  
Fresh Orange 
100% Orange
Tangerine   

21 Blueberry Muffin 

Fresh Pear
100% Juice Fruit
Punch   

22 WW Honey Bun 
Fresh Red Delicious Apple 
100% Apple Juice 

23 Whole Grain French Toast Slices 
Fresh Orange 
100% Orange
Tangerine   

26 Whole Grain Pancakes with
* Sausage
Fresh Banana 
100% Juice Fruit
Punch   

* Chicken

27 Breakfast Burrito 

Fresh Pear
100% Apple Juice 

28 Bacon, Egg and Cheese Breakfast Sandwich 
Fresh Red Delicious Apple 
100% Orange
Tangerine   

29 Red. Sugar Cinnamon Toast
Crunch Cereal   
Light Mozzarella Cheese Stick
Fresh Banana 
100% Orange
Tangerine   

30 Whole Grain Donut 
Fresh Banana 
100% Grape Juice 



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Student Meal FREE

Adult - \$3.11+tax

All meals come with a choice of milk:

Fat Free Chocolate or White, 1%

White Milk

Available Daily

Assort. WG Cereals, Yogurt Parfait, Muffins, Fresh Bagels, Breakfast Bars & Fresh Egg Sandwiches

Assorted Fresh Fruit & 100% Fruit Juice

All grains listed are Whole Grain or Whole Wheat

If you have any questions regarding this menu please contact your Food Service Director Nina Ambriz:

foodservices@ardsleyschools.org

