

CEDAR CREST INTERMEDIATE

OCTOBER
2026

Mon	Tue	Wed	Thu	Fri
			1 BREAKFAST Seasonal Fruit and Yogurt Parfait LUNCH Breaded Pork Tenderloin Sandwich Honey BBQ Rib Sandwich Tater Tots, Pinto Beans	2 BREAKFAST Mini Cinnis LUNCH Chicken Nuggets French Fries Baby Carrots Fresh Fruit Variety
5 BREAKFAST Cereal Variety String Cheese LUNCH Popcorn Chicken Bowl Fruit Variety (canned) Dinner Roll Fresh Fruit Variety	6 BREAKFAST Banana Bread LUNCH Biscuit Stick w/sausage gravy & Cheese Omelet Potato Wedges Grape Tomatoes Fresh Fruit Variety (canned)	7 BREAKFAST Egg and Cheese Biscuit LUNCH Ranger Chili Green Bell Pepper Strips Fruit Cup, Variety Peanut Butter Sandwich Saltine Crackers	8 BREAKFAST French Toast Sticks Sugar Free Syrup Cup LUNCH Chicken and Cheese Quesadilla Romaine Lettuce, Salsa Refried Beans Tortilla Chips Fresh Fruit Variety	9 BREAKFAST Mini Donut Variety LUNCH French Bread Pepperoni Pizza French Bread Multi Cheese Garlic Pizza Oven Roasted Parmesan Broccoli Baby Carrots Fresh Fruit Variety
12 BREAKFAST Cereal Variety String Cheese LUNCH Beef & Mac Bake Green Beans Baby Carrots Fruit Cup, Variety Breadstick	13 BREAKFAST Assorted Pastry (wg) String Cheese LUNCH Chicken Tenders Hot & Spicy Chicken Tenders Spiral French Fries Celery Sticks Fruit Variety (canned)	14 BREAKFAST Biscuit & Gravy LUNCH Chicken on the Beach Salsa Seasoned Black Beans Fruit Cup, Variety Tortilla Chips	15 BREAKFAST Mini Cinnis LUNCH Pizza Crunchers Marinara Sauce Romaine Side Salad Corn Fresh Fruit Variety	16 BREAKFAST Pumpkin Bread Banana Bread LUNCH Mini Corn Dogs Chicken Nuggets Corn Tater Tots Fresh Fruit Variety
19	20	21	22	23
26 BREAKFAST Cereal Variety String Cheese LUNCH Cheeseburger Hamburger Spiral French Fries Dill Pickles Chips Pinto Beans Fresh Fruit Variety	27 BREAKFAST Muffin Variety String Cheese LUNCH Cheese Pizza Sausage Pizza Green Beans Baby Carrots Fruit Variety (canned)	28 BREAKFAST Sunrise Breakfast Slider LUNCH Taco Soup topped w/cheddar cheese Celery Sticks Fruit Cup, Variety Fritos Corn Chips	29 BREAKFAST Seasonal Fruit and Yogurt Parfait LUNCH Chicken Smackers Grape Tomatoes Fresh Cauliflower Florets Macaroni & Cheese Fresh Fruit Variety	30 BREAKFAST Biscuit w/jelly LUNCH Mummy Dog Cheesy Broccoli Waffle Fries Assorted Fruit Juice Rice Krispies Treats

Enjoy Fall Break!

MEAL OPTIONS & PRICES



BREAKFAST

Offered Daily

Featured entrée with fruit, juice, and milk.



LUNCH

Offered Daily

Menus are subject to change due to availability.

À la carte smart snack items are available for purchase daily during lunch. Students must have money in their account.



A variety of milk is offered with every meal.



MEAL PRICES



Breakfast	\$1.95
Reduced Breakfast	\$0.30
Lunch	\$2.85
Reduced Lunch	\$0.40
Extra Milk	\$0.65

This institution is an equal opportunity provider.

TRICK or TREAT