

Lunch Menu

Concord Road Elementary School

October 2026

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

Veggie nuggets and veggie burgers are available whenever chicken nuggets, chicken tenders, or beef burgers are offered on the menu—ensuring there's always a delicious vegetarian option to enjoy.



*Chicken

5 Dutch Waffles
* Sausage Patty
Or Baked Chicken
Tenders
Whole Wheat Dinner
Roll
Crispy Potato Puffs
Cucumber Coins
Pineapple

6 Cheeseburger
Or Cheesy Stuffed
Bread Sticks
Sweet Potato Fries
Watermelon Slices



7 Pretzel with Cheese
Sauce
Chicken Nuggets
With Whole Wheat
Dinner Roll
Chickpea Salad
Celery Sticks
Strawberries

1 Homemade Mac & Cheese
Cheese Quesadilla
Confetti Garbanzo
Bean Salad
Apple Slices



2 Classic Cheese Pizza
Pepperoni Pizza
Sautéed Zucchini
Celery Sticks
Blueberries



**SCHOOL
CLOSED
TODAY**

13*Walking Taco
Or Cheesy Stuffed
Bread Sticks
Sweet Corn
Fresh Pear

National School Lunch Week

* Beef

14 Grilled Cheese
Sandwich Meltdown
Café
Chicken Nuggets
With Whole Wheat
Dinner Roll
Potato Puffs
Beet and Onion
Salad

15 Homemade Pasta & Meatballs
Cheese Quesadilla
Confetti Garbanzo
Bean Salad
Celery Sticks
Honeydew

*Chicken

16 Classic Cheese Pizza
Pepperoni Pizza
Green Beans
Side Salad
Fresh Pear

19 Chicken Nugget & Mozzarella Stick Combo
Or Baked Chicken Tenders
Sweet Corn
Carrot Dippers
Fresh Orange

STUDENT APPRECIATION DAY

20 Whole Grain Pancakes with
* Sausage
Or Cheesy Stuffed Bread Sticks
Sweet Potato Fries
Chickpea Salad
Fresh Apple



*Chicken

21 Chicken Corn Dog
Chicken Nuggets
With Whole Wheat Dinner Roll
Fresh Baby Carrots
Fresh Banana

22 Chicken and Waffles
Cheese Quesadilla
Confetti Garbanzo
Bean Salad
Celery Sticks
Fresh Melon Cup

23 Classic Cheese Pizza
Pepperoni Pizza
Steamed Broccoli
Spinach Salad
Fresh Orange

26 Beef Hot Dog on Bun
Or Baked Chicken Tenders
With Whole Wheat Dinner Roll
Steamed Peas
Carrot Dippers
Cantaloupe

27* Nachos Grande
Or Cheesy Stuffed Bread Sticks
Black Beans
Fresh Pear

*Beef



28 Meatball Dunkers
* Chicken Nuggets
Chickpea Salad
Fresh Baby Carrots
Fresh Blueberries

*chicken

29 French Toast
* Sausage Patty
Cheese Quesadilla
Crispy Potato Puffs
Chilled Red Pepper Strips
Fresh Orange



*Chicken

30 Classic Cheese Pizza
Pepperoni Pizza
Roasted Butternut Squash
Celery Sticks
Blueberries

Lucky Tray Day!



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Lunch Prices

Student Meal FREE

Adult Meal : \$5.38 +Tax Choice of Milk: Low Fat White,

Fat Free Chocolate or White

*Turkey **Chicken Sausage

If you have any questions please Contact your Food

Service Director

Lunch Daily Offerings: Turkey or Ham w/wo Cheese, SunButter & Jelly, Cheese Sandwiches

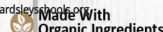
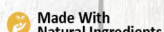
. Bagel Lunch w/ Yogurt & Cheese Stick Yogurt Parfait w/ Fruit & Granola

Chicken Caesar Salad or Chef Salad Garden Side Salad , Variety of Veggies (Dark Leafy Greens, Peppers,

Tomatoes, Carrots & Cucumbers Crudité) & Fruits (Sliced Apples, Oranges & Bananas)

Those who qualify for free or reduced-priced meals enjoy breakfast and lunch at no cost

All grains are whole grains or whole wheat



Nina Ambriz, Food Service Director @ foodservices@ardsleishschool.org