

WELCOME TO

MARBLEHEAD HIGH SCHOOL

Class of 2030

INTRODUCTIONS

ASSISTANT PRINCIPAL - GRADES 9 & 10

MS. ALLISON ALVES

METCO DIRECTOR

MS. CAJA JOHNSON

SPECIAL EDUCATION CHAIR

MS. TRINA CHIN-ALEONG

SCHOOL COUNSELOR CASELOAD

School Counselor	Email	Phone	Last Name
Sarah Vuona	vuona.sarah@marbleheadschoools.org	ext. 20124	A - C
Jamie Kennedy	kennedy.jamie@marbleheadschoools.org	ext. 20122	D - Ke
Kelsey Coughlin	coughlin.kelsey@marbleheadschoools.org	ext. 20130	Kf - Ri
Rebecca Bagnall	bagnall.rebecca@marbleheadschoools.org	ext. 20126	Rk - Wh
Christine Chaykowski	chaykowski.christine@marbleheadschoools.org	ext. 20120	Wi - Z

Loretta Benman | School Counseling Administrative Assistant | ext. 20113

ROLE OF SCHOOL COUNSELOR

- Same school counselor all four years
- Great point of contact
 - Connected to teachers, administration, nurses, support staff, parent/guardian
 - Email school counselor directly to set up an appointment
- Meet annually, one on one for course selection review
- MyCAP - My Career Academic Plan
 - College loan project, interview seminars, goal setting, resume writing
- Programming by Grade
 - 9th: Transition and 4-Year Planner, Career Cluster and Intro to Naviance
 - 10th: Career Exploration, seminars
 - 11th: Post Secondary Planning (Junior Parent/Guardian Night)
 - 12th: Post Secondary Planning (Senior Parent/Guardian Night)
 - Financial Aid Night - all grade levels (mefa)

FRESHMAN PROGRAMMING

- MyCAP plan starts with our first freshman seminar in the fall
 - All MyCAP artifacts are kept in the School Counseling Google Classroom and Naviance, forming each student's MyCAP portfolio. This includes materials such as a four year planner, Wayfinder activities, activity tracker, goal setting, career exploration, interview project, science career exploration.
- Fall Freshman Seminar Covers:
 - School Counselor Role and Supports
 - Transition and Getting Involved
 - Graduation Requirements
 - Goal Setting
- Winter/Spring Seminars: Career Exploration and Course Selection

GRADUATION REQUIREMENTS

English	4 Years	
Math	4 Years	Must complete Algebra 2
Science	4 Years	Biology Chemistry Physics <i>or</i> Engineering 1 year science elective
Social Studies	4 Years	World Cultures Western Traditions or AP European History US History Civics + ½ year elective <i>or</i> AP Government

GRADUATION REQUIREMENTS

World Language	2 Years	Must complete 2 consecutive years of the same language Additional years recommended for optimal college prep
PE and Health	4 Semesters	1 semester per year in grades 9-12
Fine and Practical Arts	2 Semesters	5 credits completed in grades 9-12
Financial Literacy	1 semester	
Other - Competency Determination		

120 TOTAL CREDITS- An additional 15 credits is required which can be fulfilled with any courses or electives. Students must take a minimum of 35 credits each year.

SUPPORT

Staff

- Additional Counseling Support: Ms. Capasso, Mr. DeSalvo , Ms. Gasparini, Ms. Zick-Turner, Ms. McCabe and Ms. Carey
- Nurses: Ms. Gaieski & Ms. Berman
- Assistant Principal: Ms. Alves (9th and 10th)
- Assistant Principal: Mr. Richards (11th and 12th)
- School Counseling Administrative Assistant: Ms. Benman

Academic Support

- FLEX/MAGIC Block
- After school help with teachers during office hours
- [National Honor Society \(NHS\) Peer Tutoring](#)



GETTING INVOLVED

- Clubs
 - Club Fair - September 30th - MAGIC Block
 - [Club List](#)
- Athletics
 - [MHS Athletics](#)
- Visual, Performing & Applied Arts
 - [Arts- Visual, Performing & Applied / Home](#)
- Extracurricular activities outside of school
- Employment
 - [Work Permits](#)
 - [Student Job Board](#)
- Community Service



ADDITIONAL OPPORTUNITIES

- **MET Pathway (Manufacturing Engineering Technology)**



- Designed to help students discover and navigate career opportunities. It focuses on hands-on learning, problem-solving, and creating. This pathway is tailored for students who have a passion for bringing ideas to life through a project-based approach
- Visit [MET Pathway](#) for more information and the application process!

- **Salem State Dual Enrollment**



- Informational Meetings held in Fall & Spring
- Visit SSU [Dual Enrollment](#) for more information

- **Southern New Hampshire University Dual Enrollment**



- MHS - H Anatomy & Physiology Course - SNHU Biology 210

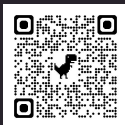


You're Invited!



Connect and enjoy dessert with parents & guardians of performing arts students. Free to attend – cash bar.

OCTOBER 1st
7-9pm
GERRY 5 VFA
Learn more & RSVP



MARBLEHEAD FRIENDS OF THE PERFORMING ARTS

Supporting MHS Performing Arts

A partner to MHS performing arts teachers and students throughout the year

Supporting Students

Helping fund equipment and production costs, workshops & visiting artists, scholarships & more.

**FOPA MEETINGS –
FIRST TUESDAY
EACH MONTH**

Building Community

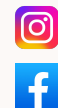
Bringing together parents and families to support performances, post-concert receptions, and special events.



**JOIN THE FOPA
MAILING LIST!**

Celebrating and Amplifying MHS Arts

Sharing the incredible work of our students and teachers with the broader community.



FOLLOW & SHARE!
@FoPAMarblehead

ORCHESTRA • BAND • CHORUS • A CAPPELLA • THEATER ARTS • ENSEMBLES