

Stride Middle School

Lunch Menu



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October
2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY ¹

FRIDAY ²

EXTRA INFO

Chef's House Classics Sweet and Sour Chicken, Brown Rice

Grab and Go 1 Chicken Caesar Wrap

Grab and Go 2 100% Beef Hot Dog

The Patch Broccoli Florets, Baby Carrots, Fresh Grapes

Milk Choice 1% Unflavored White Milk, Fat Free Chocolate Milk

Chef's House Classics Salisbury steak, Mashed Potatoes, Dinner Roll

Grab and Go 1 Chicken Caesar Wrap

Grab and Go 2 Spicy Chicken Patty on WG Bun

The Patch Corn, Celery Sticks, Diced Pear

Milk Choice 1% Unflavored White Milk, Fat Free Chocolate Milk

Harvest of the Month



"And all at once, Summer collapsed into fall."
-Oscar Wilde-

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MONDAY

- Chef's House Classics** Pasta w/ Hearty Meat Sauce, Garlic Toast
- Grab and Go** Turkey BLT Salad *Made with Turkey Bacon*, Spicy Chicken Patty on WG Bun
- The Patch** Steamed Green Beans, Baby Carrots, Applesauce
- Milk Choice** 1% Unflavored White Milk, Fat Free Chocolate Milk

8
THURSDAY

- Chef's House Classics** Oven Fried Chicken Leg, Garlic Mashed Potato
- Grab and Go 1** Turkey BLT Salad *Made with Turkey Bacon*
- Grab and Go 2** 100% Beef Hot Dog
- The Patch** Mixed Vegetables, Cucumber Slices, Fresh Grapes
- Milk Choice** 1% Unflavored White Milk, Fat Free Chocolate Milk

6
TUESDAY

- Chef's House Classics** Chicken Fried Rice, Dinner Roll
- Grab and Go 1** Turkey BLT Salad *Made with Turkey Bacon*
- Grab and Go 2** Fish Sandwich w/Cheese
- The Patch** California Blend Vegetable, Baby Carrots, Fresh Cantaloupe
- Milk Choice** 1% Unflavored White Milk, Fat Free Chocolate Milk

9
FRIDAY

- Chef's House Classics** Cheeseburger on WG Bun, Tater Tots
- Grab and Go 1** Turkey BLT Salad *Made with Turkey Bacon*
- Grab and Go 2** Chicken Corn Dog
- The Patch** Baked Beans, Vegetarian, Grape Tomato, Diced Peaches
- Milk Choice** 1% Unflavored White Milk, Fat Free Chocolate Milk

7
WEDNESDAY

- Chef's House Classics** Cheesy Bosco Stick, Marinara Sauce
- Grab and Go 1** Turkey BLT Salad *Made with Turkey Bacon*
- Grab and Go 2** Hamburger Bun
- The Patch** Side Caesar Salad, Grape Tomato, Banana
- Milk Choice** 1% Unflavored White Milk, Fat Free Chocolate Milk

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Chef's House Classics Fluffy Pancakes, Turkey Sausage Patty

Grab and Go 1 Turkey Flatbread Sandwich

Grab and Go 2 Crispy Chicken Sandwich WG Bun

The Patch Breakfast Potatoes, Baby Carrots, Fresh Orange Quarters

Milk Choice 1% Unflavored White Milk, Fat Free Chocolate Milk

15

THURSDAY

The Patch No School!

13

TUESDAY

Chef's House Classics Walking Taco

Grab and Go 1 Turkey Flatbread Sandwich

Grab and Go 2 Chicken Corn Dog

The Patch Black Beans, Celery Sticks, Mixed Fruit

Milk Choice 1% Unflavored White Milk, Fat Free Chocolate Milk

16

FRIDAY

The Patch No School!

14

WEDNESDAY

The Patch No School!

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- Chef's House Classics** BBQ Chicken Sandwich, Harvest Cheddar Sunchip
- Grab and Go 1** LTO-Southwest Chicken Bacon Ranch Wrap *Made with Turkey Bacon*
- Grab and Go 2** 100% Beef Hot dog
- The Patch** Creamy Coleslaw, Broccoli Florets, Apple
- Milk Choice** 1% Unflavored White Milk, Fat Free Chocolate Milk

22

THURSDAY

- Chef's House Classics** Corn Dog, Tater Tots
- Grab and Go 1** LTO-Southwest Chicken Bacon Ranch Wrap *Made with Turkey Bacon*
- Grab and Go 2** Spicy Chicken Patty on WG Bun
- The Patch** Baked Beans, Vegetarian, Fresh Cantaloupe
- Milk Choice** 1% Unflavored White Milk, Fat Free Chocolate Milk

20

TUESDAY

- Chef's House Classics** French Toast Sticks, WG, Tri Tater
- Grab and Go 1** LTO-Southwest Chicken Bacon Ranch Wrap *Made with Turkey Bacon*
- Grab and Go 2** Cheeseburger on WG Bun
- The Patch** Baby Carrots, Celery Sticks, Diced Peaches
- Milk Choice** 1% Unflavored White Milk, Fat Free Chocolate Milk

23

FRIDAY

- Chef's House Classics** Beef Tacos, Soft, Spanish Rice
- Grab and Go 1** LTO-Southwest Chicken Bacon Ranch Wrap *Made with Turkey Bacon*
- Grab and Go 2** Crispy Chicken Sandwich WG Bun
- The Patch** Salsa, Celery Sticks, Diced Pear
- Milk Choice** 1% Unflavored White Milk, Fat Free Chocolate Milk

21

WEDNESDAY

- Chef's House Classics** Popcorn Chicken Bowl, Dinner Roll
- Grab and Go 1** LTO-Southwest Chicken Bacon Ranch Wrap *Made with Turkey Bacon*
- Grab and Go 2** Fish Sandwich w/Cheese
- The Patch** Steamed Corn, Baby Carrots, Fresh Grapes
- Milk Choice** 1% Unflavored White Milk, Fat Free Chocolate Milk

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- Chef's House Classics** Crispy Chicken Sandwich or, Spicy Chicken Sandwich, French Fries
- Grab and Go 1** Chicken Caesar Salad
- Grab and Go 2** Hamburger on a Bun
- The Patch** Baked Beans, Vegetarian, Apple
- Milk Choice** 1% Unflavored White Milk, Fat Free Chocolate Milk

29

THURSDAY

- Chef's House Classics** Chicken Gyro, Kettle Potato Chips
- Grab and Go 1** Chicken Caesar Salad
- Grab and Go 2** 100% Beef Hot Dog
- The Patch** Tomato & Cucumber Salad, Baby Carrots, Applesauce
- Milk Choice** 1% Unflavored White Milk, Fat Free Chocolate Milk

27

TUESDAY

- Chef's House Classics** Chicken Alfredo w/Pasta, Homemade Garlic Toast
- Grab and Go 1** Chicken Caesar Salad
- Grab and Go 2** Crispy Chicken Tenders, Dinner Roll
- The Patch** Broccoli Florets, Baby Carrots, Clementine Orange
- Milk Choice** 1% Unflavored White Milk, Fat Free Chocolate Milk

30

FRIDAY

- Upper Crust Pizza** Homemade Cheese Pizza
- Grab and Go 1** Chicken Caesar Salad
- Grab and Go 2** Spicy Chicken Patty on WG Bun
- The Patch** Romaine Lettuce, Grape Tomato, Sliced Pears
- Milk Choice** 1% Unflavored White Milk, Fat Free Chocolate Milk

28

WEDNESDAY

- Chef's House Classics** Chicken Bites w/ Sweet & Sour Sauce, Fried Rice
- Grab and Go 1** Chicken Caesar Salad
- Grab and Go 2** Fish Sandwich w/Cheese
- The Patch** Baby Carrots, Broccoli Florets, Banana
- Milk Choice** 1% Unflavored White Milk, Fat Free Chocolate Milk

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