



Stride Elementary School Lunch Menu

October
2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 	29 	30 	1 HOM- Broccoli Sweet & Sour Chicken Brown Rice OR Chicken Caesar Wrap Broccoli Florets Baby Carrots Fresh Grapes 1% Unflavored White Milk Fat Free Chocolate Milk	2 Salisbury steak Mashed Potatoes Dinner Roll OR Chicken Caesar Wrap Corn Diced Pear 1% Unflavored White Milk Fat Free Chocolate Milk
5 Pasta w/ Hearty Meat Sauce Garlic Toast OR Turkey BLT Salad *Made w/ Turkey Bacon* Steamed Green Beans Baby Carrots Applesauce 1% Unflavored White Milk Fat Free Chocolate Milk	6 Chicken Fried Rice Dinner Roll OR Turkey BLT Salad *Made w/ Turkey Bacon* California Blend Vegetable Baby Carrots Fresh Cantaloupe 1% Unflavored White Milk Fat Free Chocolate Milk	7 Cheesy Bosco Stick Marinara Sauce OR Turkey BLT Salad *Made w/ Turkey Bacon* Side Caesar Salad Grape Tomato Banana 1% Unflavored White Milk Fat Free Chocolate Milk	8 Oven Fried Chicken Leg Garlic Mashed Potato OR Turkey BLT Salad *Made w/ Turkey Bacon* Cucumber Slices Fresh Grapes 1% Unflavored White Milk Fat Free Chocolate Milk	9 Cheeseburger on WG Bun Tater Tots OR Turkey BLT Salad *Made w/ Turkey Bacon* Baked Beans, Vegetarian Grape Tomato Variety Fruit 1% Unflavored White Milk Fat Free Chocolate Milk
12 Fluffy Pancakes Turkey Sausage Patty OR Turkey Flatbread Sandwich Breakfast Potatoes Baby Carrots Fresh Orange Quarters 1% Unflavored White Milk Fat Free Chocolate Milk	13 Walking Taco OR Turkey Flatbread Sandwich Black Beans Celery Sticks Mixed Fruit 1% Unflavored White Milk Fat Free Chocolate Milk	14 No School!	15 No School!	16 No School!
19 HOM - Broccoli BBQ Chicken Sandwich Harvest Cheddar Sunchip OR Southwest Chicken Salad Creamy Coleslaw Broccoli Florets Apple 1% Unflavored White Milk Fat Free Chocolate Milk	20 French Toast Sticks, WG Tri Tater OR Southwest Chicken Salad Baby Carrots Celery Sticks Diced Peaches 1% Unflavored White Milk Fat Free Chocolate Milk	21 Popcorn Chicken Bowl Dinner Roll OR Southwest Chicken Salad Steamed Corn Baby Carrots Fresh Grapes 1% Unflavored White Milk Fat Free Chocolate Milk	22 Corn Dog Tater Tots OR Southwest Chicken Salad Baked Beans, Vegetarian Fresh Cantaloupe 1% Unflavored White Milk Fat Free Chocolate Milk	23 Beef Tacos, Soft Spanish Rice OR Southwest Chicken Salad Salsa Celery Sticks Diced Pear 1% Unflavored White Milk Fat Free Chocolate Milk
26 Crispy Chicken Sandwich or Spicy Chicken Sandwich OR Chicken Caesar Salad French Fries Baked Beans, Vegetarian Apple 1% Unflavored White Milk Fat Free Chocolate Milk	27 Chicken Alfredo w/Pasta Homemade Garlic Toast OR Chicken Caesar Salad Broccoli Florets Baby Carrots Clementine Orange 1% Unflavored White Milk Fat Free Chocolate Milk	28 Chicken Bites w/ Sweet & Sour Sauce Fried Rice OR Chicken Caesar Salad Baby Carrots Broccoli Florets Banana 1% Unflavored White Milk Fat Free Chocolate Milk	29 Chicken Gyro Kettle Potato Chips OR Chicken Caesar Salad Tomato & Cucumber Salad Baby Carrots Applesauce 1% Unflavored White Milk Fat Free Chocolate Milk	30 Homemade Cheese Pizza OR Chicken Caesar Salad Romaine Lettuce Grape Tomato Sliced Pears 1% Unflavored White Milk Fat Free Chocolate Milk

PRICES

Special Diet Forms
are available for
students with special
dietary needs!

EXTRA INFO

Why did the tree worry that he would never get
his leaves back after Autumn?
He didn't be-leaf in himself!

HARVEST OF



THE MONTH

Your **MENUS** plus more
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