

OCTOBER 2026

**You can always Pick 2
for Breakfast in the Cafe**

Choose breakfast entrée or Pick TWO*
of the following: **cereal**, **string cheese**,
toast or **yogurt**.

*No duplicates on cereal or yogurt
BIC Schools Have Daily Cereal Option

ACE'S CORNER

BREAKFAST DAILY:

Hot Egg Sandwiches, Bagels,
Cereal, Muffins & Yogurt

AVAILABLE DAILY

American Grilled Cheese Sandwich on WG,
Peanut Butter & Jelly on WG, Yogurt Meal
or Cheese Sandwich on WG

Alternate Daily Choices:

Mon/Wed/Fri Hot Dog,
Cheeseburger/Hamburger
Tues/Thurs Baked Chicken Nuggets, Poppers
or Tenders

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

LUNCH INCLUDES: Skim Milk, 1% Milk or Fat Free Chocolate Milk ♦ Vegetable Choice Fruit Choice/100%Fruit Juice Daily Grain ALL STUDENTS EAT FOR FREE! 1 BREAKFAST, 1 LUNCH ADDITIONAL MEALS MAY BE PURCHASED; STUDENT MUST HAVE CASH PAYMENT OR FUNDS AVAILABLE IN ACCOUNT 2ND MEALS: BREAKFAST \$1.70 LUNCH \$3.05	Now Hiring!! Food Service is Hiring! <i>Work While Kids are in School</i> Great Benefits Apply online @ www.aramark.com	 CAFETERIA CIRCUS NATIONAL SCHOOL LUNCH ★ OCT 12TH-16TH ★ 2026	Choice Breakfast Entrée Fruit/4oz Juice & 8oz Milk 1 Quesadillas Soft baked tortillas with shredded cheddar cheese Black Beans Cucumber Coins Blueberries	Choice Breakfast Entrée Fruit/4oz Juice & 8oz Milk 2 Homemade WG Cheese or Pepperoni** Pizza Romaine & Spinach Salad with Tomato Wedges Fresh Honeydew & Peaches **contains pork
Choice Breakfast Entrée Fruit/4oz Juice & 8oz Milk 5 Brunch for Lunch! French Toast Sticks w/ side of Sausage Baked Tater Tots Baby Carrots Banana	NO SCHOOL – SUPERINTENDENT CONFERENCE DAY	Choice Breakfast Entrée Fruit/4oz Juice & 8oz Milk 7 Chicken Parm with WG Spaghetti WG Dinner Roll Roasted Zucchini Side Salad with Tomatoes Pineapple Cup	Choice Breakfast Entrée Fruit/4oz Juice & 8oz Milk 8 Loaded Nachos Whole Grain Tortilla Chips topped with Seasoned Turkey Taco Meat, Shredded Lettuce, Cheese & Salsa Northern Beans Apple Slices	Choice Breakfast Entrée Fruit/4oz Juice & 8oz Milk 9 WG French Bread Pizza Red Pepper Strips Broccoli Bites Cantaloupe
NO SCHOOL 12  Columbus Day  CAFETERIA CIRCUS NATIONAL SCHOOL LUNCH ★ OCT 12TH-16TH ★ 2026	Choice Breakfast Entrée Fruit/4oz Juice & 8oz Milk 13 Tightrope Beef Tacos With Seasoned Taco Meat, Cheese & Salsa, Mexicali Corn 3 Bean Salad Honeydew	Choice Breakfast Entrée Fruit/4oz Juice & 8oz Milk 14 Ringmaster Rotini w/ Muscle Man Meatballs (beef) Breadstick Broccoli w/Dip Yellow Pepper Strips NY Apple	Choice Breakfast Entrée Fruit/4oz Juice & 8oz Milk 15 Big Top Bacon Burger All Beef Patty with choice of: Toppings: Cheese, shredded lettuce, tomatoes, pickles Baked Crinkle Fries Baby Carrots Strawberry Applesauce	Choice Breakfast Entrée Fruit/4oz Juice & 8oz Milk 16 Center Ring Pizza Homemade WG Cheese or Pepperoni** Pizza Romaine Salad with Tomato Wedges Cauliflower w/dip Watermelon **contains pork
Choice Breakfast Entrée Fruit/4oz Juice & 8oz Milk 19 Brunch for Lunch! WG Fluffy Pancakes w/ side of Turkey Bacon Hashbrown Baby Carrots Blueberries	Choice Breakfast Entrée Fruit/4oz Juice & 8oz Milk 20 Scoops With Seasoned Turkey Taco Meat, Cheddar Cheese, Corn & Salsa, Kidney & Chickpea Bean Salad Orange Wedges	Choice Breakfast Entrée Fruit/4oz Juice & 8oz Milk 21 Creamy Homemade Mac & Cheese Breadstick Zucchini Chips Broccoli Bites Strawberry Applesauce	Choice Breakfast Entrée Fruit/4oz Juice & 8oz Milk 22 ½ DAY – NO LUNCH 	Choice Breakfast Entrée Fruit/4oz Juice & 8oz Milk 23 WG Pizza Sticks or Homemade Cheese or Pepperoni** Pizza Orange Bell Pepper Strips Side Romaine Salad Craisins **contains pork
Choice Breakfast Entrée Fruit/4oz Juice & 8oz Milk 26 Loaded Nachos Whole Grain Tortilla Chips topped with Seasoned Turkey Taco Meat, Shredded Lettuce, Cheese & Salsa Refried Beans NY Apple	Choice Breakfast Entrée Fruit/4oz Juice & 8oz Milk 27 ½ DAY – NO LUNCH 	Choice Breakfast Entrée Fruit/4oz Juice & 8oz Milk 28 Cheese Raviolis with Beef Meatballs Whole Grain Breadsticks Steamed Broccoli Roasted Butternut Squash Pears	Choice Breakfast Entrée Fruit/4oz Juice & 8oz Milk 29 Muffin Parfaits WG Muffins Served with Low Fat Yogurt Layers of Strawberries or Blueberries Baby Carrots & Cucumber Coins	Choice Breakfast Entrée Fruit/4oz Juice & 8oz Milk 30 Homemade WG Cheese or Pepperoni** Pizza Sweet Potato Fries Side Romaine Salad Strawberries **contains pork

Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. If you have any questions or would like additional information, please contact your Food Service Director @ 845-357-7783 ext. 11247. This institution is an equal opportunity provider.