



OCTOBER 2026

Wallingford Elementary School PreK Menu

REMEMBER—*ALL students can get a breakfast this year*
AT NO CHARGE!!

Pick your favorite and ENJOY!

Monday

Tuesday

Wednesday

Thursday

Friday

5
Fruit Yogurt
Fruit Choice
Milk Choice

6
Honey Wheat Bagel with
Cream Cheese
Fruit Choice
1% White Milk

7
Blueberry Chex Cereal
Fruit Choice
1% White Milk

1
Blueberry Muffin
Fruit Choice
1% White Milk

2
Reduced Sugar Cinnamon
Toast Crunch Cereal
Fruit Choices
1% White Milk

12
Columbus Day
No School

13
Multi Grain Cheerios
Fruit Choices
1% White Milk

14
Fruit Yogurt
Fruit Choice
1% White Milk

15
Apple Cinnamon Muffin
Fruit Choices
1% White Milk

16
Reduced Sugar Cinnamon
Toast Crunch Cereal
Fruit Choice
1% White Milk

19
Cheerios
Fruit Choices
1% White Milk

20
Honey Wheat Bagel with
Cream Cheese
Fruit Choice
1% White Milk

21
Fruit Yogurt
Fruit Choice
1% White Milk

22
Blueberry Muffin
Fruit Choice
1% White Milk

23
Cinnamon Chex
Fruit Choice
1% White Milk

26
Multi Grain Cheerios
Fruit Choices
1% White Milk

27
Blueberry Chex Cereal
Fruit Choices
1% White Milk

28
Reduced Sugar Cinnamon
Toast Crunch Cereal
Fruit Choice
1% White Milk

29
Fruit Muffin
Fruit Choices
1% White Milk

30
Apple Cinn Cheerios Cereal
Fruit Choices
1% White Milk

Fruit Choices Include: Fresh, Canned in light syrup or natural juice and Raisins or Craisins

To encourage trying new foods, ALL menus items are served to all PreK students

This institution is an equal opportunity provider