



Stride Elementary Breakfast Menu

October
2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 	29 	30 	1 Chocolate Chip Muffin Cheese Stick Fruit Selection 100% Apple Juice 1% Unflavored White Milk Fat Free Chocolate Milk	2 Strawberry Banana Yogurt Goldfish Graham Crackers Fruit Selection 100% Orange Juice 1% Unflavored White Milk Fat Free Chocolate Milk
5 Apple Cinnamon Muffin Cheese Stick Fruit Selection 100% Grape Juice 1% Unflavored White Milk Fat Free Chocolate Milk	6 Breakfast Sandwich Fruit Selection 100% Apple Juice 1% Unflavored White Milk Fat Free Chocolate Milk	7 French Toast Bites, WG Fruit Selection 100% Grape Juice 1% Unflavored White Milk Fat Free Chocolate Milk	8 Cinnamon Toast Crunch Fun with D&J Crackers Fruit Selection 100% Apple Juice 1% Unflavored White Milk Fat Free Chocolate Milk	9 Cottage Cheese Goldfish Crackers Fruit Selection 100% Orange Juice 1% Unflavored White Milk Fat Free Chocolate Milk
12 Cinnamon Cream Cheese Filled Bagel, WG Fruit Selection 100% Grape Juice 1% Unflavored White Milk Fat Free Chocolate Milk	13 Yogurt Parfait with Strawberries & Cereal Fruit Selection 100% Apple Juice 1% Unflavored White Milk Fat Free Chocolate Milk	14 No School!	15 No School!	16 No School!
19 Banana Blueberry Muffin Cheese Stick Fruit Selection 100% Grape Juice 1% Unflavored White Milk Fat Free Chocolate Milk	20 Trix Cereal Fun with D&J Crackers Fruit Selection 100% Apple Juice 1% Unflavored White Milk Fat Free Chocolate Milk	21 Apple Frudel, WG Fruit Selection 100% Grape Juice 1% Unflavored White Milk Fat Free Chocolate Milk	22 Turkey Sausage Breakfast Flatbread Fruit Selection 100% Apple Juice 1% Unflavored White Milk Fat Free Chocolate Milk	23 Chocolate Mini Long John, WG Fruit Selection 100% Orange Juice 1% Unflavored White Milk Fat Free Chocolate Milk
26 Brekkie, WG Fruit Selection 100% Grape Juice 1% Unflavored White Milk Fat Free Chocolate Milk	27 Cocoa Puff Cereal Bowl, WG Fun with D&J Crackers Fruit Selection 100% Apple Juice 1% Unflavored White Milk Fat Free Chocolate Milk	28 Peach Yogurt Cup Goldfish Graham Crackers Fruit Selection 100% Grape Juice 1% Unflavored White Milk Fat Free Chocolate Milk	29 Cinnamon Roll, WG Fruit Selection 100% Apple Juice 1% Unflavored White Milk Fat Free Chocolate Milk	30 Cinnamon Toast Crunch Cereal Bar, WG Fruit Selection 100% Orange Juice 1% Unflavored White Milk Fat Free Chocolate Milk

PRICES

EXTRA INFO

Special Diet Forms are available for any students with special dietary needs!

HARVEST OF



THE MONTH

Your **MENUS** plus more
information on our app
Taher Food4Life®



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