



OCTOBER 2026

Wallingford Elementary Schools

REMEMBER—*ALL students can get a breakfast this year*
AT NO CHARGE!!

Pick your favorite and ENJOY!

Monday

Tuesday

Wednesday

Thursday

Friday

Goody Ring Bun
100% Fruit Juice
Fruit Choice
Milk Choice

5

Honey Wheat Bagel with
Cream Cheese
100% Fruit Juice
Fruit Choice
Milk Choice

6

Pumpkin Bread Slice
100% Fruit Juice
Fruit Choice
Milk Choice

7

Fruit Muffin
String Cheese Stick
100% Fruit Juice
Fruit Choices
Milk Choice

1

Oatmeal CC Bar
100% Fruit Juice
Fruit Choices
Milk Choice

2

Assorted Muffins
Assorted Yogurt
100% Fruit Juice
Fruit Choice
Milk Choice

8

Cinnamon Swirl Roll
100% Fruit Juice
Fruit Choice
Milk Choice

9

Columbus Day
No School

12

Raised Pull-Apart
100% Fruit Juice
Fruit Choices
Milk Choice

13

Lemon Bread Slice
100% Fruit Juice
Fruit Choice
Milk Choice

14

Fruit Muffin
String Cheese Stick
100% Fruit Juice
Fruit Choices
Milk Choice

15

Cinnamon Crumb Cake
100% Fruit Juice
Fruit Choice
Milk Choice

16

Mini Powdered Dunkers
100% Fruit Juice
Fruit Choices
Milk Choice

19

Honey Wheat Bagel with
Cream Cheese
100% Fruit Juice
Fruit Choice
Milk Choice

20

Blueberry Bread Slice
100% Fruit Juice
Fruit Choice
Milk Choice

21

Assorted Muffins
Assorted Yogurt
100% Fruit Juice
Fruit Choice
Milk Choice

22

Cinnamon Swirl Roll
100% Fruit Juice
Fruit Choice
Milk Choice

23

Glazed Twists
100% Fruit Juice
Fruit Choices
Milk Choice

26

Honey Wheat Bar
100% Fruit Juice
Fruit Choices
Milk Choice

27

Pumpkin Bread Slice
100% Fruit Juice
Fruit Choice
Milk Choice

28

Fruit Muffin
String Cheese Stick
100% Fruit Juice
Fruit Choices
Milk Choice

29

Glazed Ring
100% Fruit Juice
Fruit Choices
Milk Choice

30

Daily Options Include: Assorted Reduced Sugar, Whole Grain Rich Cereals OR Fruit Smoothie with Muffin

Fruit Choices Include: Fresh, Canned in light syrup or natural juice and Raisins or Craisins

Milk Choices Include: 1% White, Fat Free Chocolate and Lactaid

This institution is an equal opportunity provider