



OCTOBER 2026

Blue Mountain Union School

All Student Meals are Free
Adult Breakfast: \$ 4.00
Adult Lunch: \$5.50

Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Broccoli Alfredo ⁵

WG Garlic Knots
Fresh Fruit & Salad Bar

Ultimate Nachos ⁶

Beef or Bean
Corn, Fresh Pico de Gallo
Fresh Guacamole
Salsa, Sour Cream
Fresh Fruit & Salad Bar

Pizza ⁷

Pepperoni or Cheese
Sweet Potato Fries
Caesar Salad
Fresh Fruit & Salad Bar

Create Your Own Burger ¹

Or Veggie Burger
Tater Tots
Fresh Fruit & Salad Bar

Spaghetti & Meatballs ²

Or Marinara
Parmesan Cheese
Roasted Green Beans
Dinner Roll
Fresh Fruit & Salad Bar

Crispy Chicken Sandwich ⁹

On a WG Bun,
Roasted Green Beans
Fresh Fruit & Salad Bar

NO SCHOOL

NO SCHOOL

Generals Chicken ¹³

or Tofu, Broccoli
Vegetable Fried Rice
Spring Rolls
Fresh Fruit & Salad Bar

Pizza ¹⁴

Pepperoni or Cheese
Sweet Potato Fries
Caesar Salad
Fresh Fruit & Salad Bar

Grilled Cheese ¹⁵

Or Pesto Tomato Grilled
Cheese
Tomato Soup
Grilled Asparagus
Fresh Fruit & Salad Bar

BMU Bowls ¹⁶

WG Breaded Chicken Bites
Mashed Potato, Corn, Gravy
Fresh Fruit & Salad Bar

Brunch for Lunch ¹⁹

Pancakes
Scrambled Eggs
Sausage
Roasted Home fries
Fresh Fruit & Salad Bar

Burrito Bowls ²⁰

Chicken, Steak, Pinto Bean
Brown Rice, Beans
Corn, Fresh Pico de Gallo
Salsa, Sour Cream, Fresh Guac
Fresh Fruit & Salad Bar

Pizza ²¹

Pepperoni or Cheese
Sweet Potato Fries
Caesar Salad
Fresh Fruit & Salad Bar

Cheesy Breadsticks ²²

Marinara Dipping Sauce
Roasted Broccoli
Fresh Fruit & Salad Bar

Steak & Cheese Sub ²³

Roasted Potato Wedges
Roasted Green Beans
Fresh Fruit & Salad Bar

Mac and Cheese ²⁶

Sweet Peas
Garlic Bread
Fresh Fruit & Salad Bar

Walking Tacos ²⁷

Beef or Bean
Corn, Fresh Pico de Gallo
Fresh Guacamole
Salsa, Sour Cream
Fresh Fruit & Salad Bar

Pizza ²⁸

Pepperoni or Cheese
Sweet Potato Fries
Caesar Salad
Fresh Fruit & Salad Bar

Create Your Own Burger ²⁹

Or Veggie Burger
Tater Tots
Fresh Fruit & Salad Bar

Popcorn Chicken ³⁰

Biscuits
Roasted Potato Wedges
Roasted Broccoli
Coleslaw

Breakfasts Available Everyday

Breakfast Sandwiches, Bagels, Cereal, Yogurt with
Granola, Muffins & Breakfast Breads
1% Milk, Skim Milk and 100% Juices

Please contact Paul Pellegrino with any
questions or comments.
paul.pellegrino@oesu.org

This Institution is an equal opportunity provider

Full Custom Sandwich Station available
every day for grades 5-12

Sun butter & Jelly or Ham & Cheese
Sandwiches are always available everyday as a
substitute for any entrée meal.