



October 2026

Dobbs Ferry High School & Middle School | Breakfast MENU

Available Daily

Yogurt Parfait (V)
Yogurt, Berries,
Granola

Assorted Whole
Grain Bagels with
Cream Cheese or
Butter

Assorted Cold
Cereals

Assorted Cereal
Bars

Fresh Made Egg &
Cheese Sandwich
on a whole grain roll
with Turkey Bacon
or Turkey Sausage

Assorted seasonal
fresh fruit

Powering potential.

MON	TUES	WED	THURS	FRI
			Apple Strudel ¹ Fresh Fruit & Milk	Scrambled Eggs Chicken ² Sausage with Whole Grain Toast Fresh Fruit & Milk
Scrambled Eggs with ⁵ Bacon & Whole Grain Toast Fresh Fruit & Milk	Whole Grain Confetti ⁶ Waffles Fresh Fruit & Milk	Egg and Cheese on ⁷ Whole Grain Bagel Fresh Fruit Milk	Whole Grain Eggoji ⁸ Waffles Fresh Fruit & Milk	Whole Grain ⁹ Pancakes Fresh Fruit & Milk
COLUMBUS DAY¹² SCHOOL CLOSED	Breakfast Egg Burrito ¹³ Fresh Fruit Milk	Sausage Breakfast ¹⁴ Sandwich Fresh Fruit Milk	Whole ¹⁵ Grain Chocolate Filled Crescent Fresh Fruit Milk	Whole Grain ¹⁶ Cinnamon Breakfast Bun Fresh Fruit & Milk
Egg and Cheese on ¹⁹ Whole Grain Croissant Fresh Fruit & Milk	Scrambled Eggs with ²⁰ Chicken Sausage and Whole Grain Toast Fresh Fruit & Milk	Whole Grain Donut with ²¹ Powdered Sugar Fresh Fruit Milk	Apple Strudel ²² Fresh Fruit Milk	Whole Grain ²³ Cinnamon Chip Scone Fresh Fruit Milk
Egg Bites or ²⁶ Whole Grain French Toast Fresh Fruit & Milk	Whole Grain Cini ²⁷ Mini Fresh Fruit & Milk	Cheese Stuffed Omelet ²⁸ Whole Wheat Toast Fresh Fruit Milk	Whole Grain Mini ²⁹ Strawberry Pancake Puffs Fresh Fruit & Milk	Whole Grain ³⁰ Eggoji Waffles Fresh Fruit & Milk

More info:

All Breakfasts **MUST** Include Choice of:

Fresh Fruits (Apples, Oranges and Bananas) and 100% Fruit
Juice

And **May** Include: 1% White Milk, Fat-Free White Milk or
Fat-Free Chocolate Milk (all Antibiotic and Hormone Free)

All Breads, Bagels, Muffins are Whole Grain

Menus are subject to change.

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STUDENT
NUTRITION

This institution is an equal
opportunity providers





October 2026

DOBBS FERRY High School & Middle School LUNCH MENU

Daily Offerings

Sandwich of the day

Cheese Pizza,
Specialty Pizzas
(Meat, Vegetable)

Daily Grill Offering

Rotation:

Chicken Tenders,
Chicken Nuggets,
Burgers,
Cheeseburger,
Chicken Patty on
Fresh Whole Grain
Buns

Sun Butter & Jelly
Sandwich (V)

Powering
potential.



Oct Limited
Time Offer



All Lunches Must Include
Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat & Fat-Free Milk
Fat Free Chocolate Milk



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MON	TUES	WED	THURS	FRI
			Turkey & Cheese Barbacoa Tacos Whole Grain Cilantro Rice Corn Salsa & Sour Cream Fresh Orange	Tater Tots Beef Nacho Bowl Whole Grain Dinner Roll & Chickpea Salad Fresh Cantoloupe
Stuffed Cheesy Whole Grain Breadsticks with Marina Sauce Green Beans Fresh Watermelon	Walking Taco Seasoned Beef with Cheese Sauce and Pinto Beans with Sour Cream Fresh Strawberries	Chicken Tenders with Dipping Sauce Whole Grain Biscuit Golden Corn Fresh Pear	Limited Time Offer Southwest Crunch Burger Sweet Potato Fries Apple Slices	Homemade Baked Ziti with Garlic Breadstick Sauteed Spinach Apple Slices
COLUMBUS DAY SCHOOL CLOSED	Seasoned Beef and Rice Tortilla Bowl with Salsa & Sour Cream with Back Beans & Corn Fresh Cantaloupe	Penne Pasta with Diced Chicken in Alfredo Sauce Garlic Bread Sauteed Green Beans Apple Slices	Honey Stung Chicken Bites Whole Grain Biscuit Sauteed Spinach Fresh Pears	Homemade Whole Grain Macaroni and Cheese Steamed Carrots Fresh Apple
Pittsburgh Style Chicken Sandwich Baked Tater Tots Baby Carrots Fresh Pear	Quessidilla with Turkey Barbacoa, Salsa and Sour Cream Pinto Beans Fresh Honeydew Melon	General Tso's Chicken Whole Grain Seasoned Rice Sauteed Broccoli Fresh Banana	Dutch Waffle Chicken Sausage Patties Seasoned Wedge Fries Fresh Blueberries	Beef Meatball Parmigiana on Whole Grain Club Roll Sauteed Spinach Fresh Grapes
Fish Tacos Creamy Sriracha Slaw Steamed Carrots Fresh Pineapple	Chicken Tenders Garlic Knot Breadstick Golden Corn Fresh Pear	Walking Taco Seasoned Beef with Cheese Sauce Salsa and Sour Cream Black Beans Apple Slices	Jalapeno Popper Burger Tater Tots Roasted Cauliflower Mandarin Orange	Boneless Buffalo Wings WG Seasoned Rice Steamed Broccoli Fresh Apple