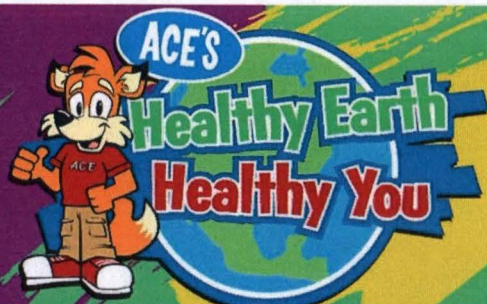




Pre-K Breakfast Menu October 2026



Thursday 1st

Hard Boiled Egg
Low Fat String Cheese
Banana
Fat Free Milk

Friday 2nd

Whole Grain Muffin
Orange Slices
Fat Free Milk

More Info...

Pre-K Breakfast

Breakfast Includes:

Fresh Fruit
Fat Free White Milk

* All Grain products are either whole wheat or whole grain.

ECP Menu Features Traditional Breakfast Favorites Including Eggs, Cheeses, Cold Cereals, Yogurt Along with Whole Grain Breads

The Breakfast Fare is Prepared with No Added Fat, Sugar or Salt.

Menus are subject to change without notice.

Monday 5th

Whole Grain Reduce Sugar Cereal
Apple Slices
Fat Free Milk

Tuesday 6th

Yogurt with Graham Crackers
Melon Cup
Fat Free Milk

Wednesday 7th

Warm Mini French Toast
Strawberry Cup
Fat Free Milk

Thursday 8th

Hard Boiled Egg
Low Fat String Cheese
Banana
Fat Free Milk

Friday 9th

Whole Grain Muffin
Orange Slices
Fat Free Milk

Monday 12th

Indigenous People/Columbus Day
School Closed

Tuesday 13th

Yogurt with Graham Crackers
Melon Cup
Fat Free Milk

Wednesday 14th

Warm Mini French Toast
Strawberry Cup
Fat Free Milk

Thursday 15th

Hard Boiled Egg
Low Fat String Cheese
Banana
Fat Free Milk

Friday 16th

Whole Grain Muffin
Orange Slices
Fat Free Milk

Monday 19th

Whole Grain Reduce Sugar Cereal
Apple Slices
Fat Free Milk

Tuesday 20th

Yogurt with Graham Crackers
Melon Cup
Fat Free Milk

Wednesday 21st

Warm Mini French Toast
Strawberry Cup
Fat Free Milk

Thursday 22nd

Hard Boiled Egg
Low Fat String Cheese
Banana
Fat Free Milk

Friday 23rd

Whole Grain Muffin
Orange Slices
Fat Free Milk

Monday 26th

Whole Grain Reduce Sugar Cereal
Apple Slices
Fat Free Milk

Tuesday 27th

Yogurt with Graham Crackers
Melon Cup
Fat Free Milk

Wednesday 28th

Warm Mini French Toast
Strawberry Cup
Fat Free Milk

Thursday 29th

Hard Boiled Egg
Low Fat String Cheese
Banana
Fat Free Milk

Friday 30th

Whole Grain Muffin
Orange Slices
Fat Free Milk