

October Menu

Cezars International School															
Week	Monday			Tuesday			Wednesday			Thursday			Friday		
	2026-10-05			2026-10-06			2026-10-07			2026-10-08			2026-10-09		
International	NO LUNCH			Chopped Cheese Sandwich (Pork: Korea / Beef: USA) (1.2.5.6.10.16)			Taiwanese Beef Noodles (Beef: Australia) (5.6.12.16.18)			Chicken Adobo (Chicken: Brazil) (5.6.15)			NO LUNCH		
				Chip and Dip (1.2.5.6.12.16)			Steamed Dumpling (Pork: Korea) (2.5.6.10.15.16)			Roasted Sweet Potatoes / Squeezable Yogurt (5) / (2)					
Korea	NO LUNCH			Hot and Sour Fish Cutlet (Cod: Netherlands) (5.6)			Teriyaki Rice Cake, Fish Cake (Surimi: Imported) (1.2.5.6.15.18)			Dumplings (Pork: Korea) (5.6.10.16)			NO LUNCH		
				Beef Black Bean Noodles (Beef: Australia) (2.5.6.16)			Soft Tofu w. Soy Sauce (Soybeans: Imported) (5.6)			Oven-Baked Fish Cake Gangjeong (Surimi: Imported) (1.5.6.12.15.16.18)					
				Yuzu Pickled Radish (5.6)			Seasoned Bean Sprouts (5.6)			Garlic Chive Salad & Squeezable Yogurt (5.6) & (2)					
				Egg Drop Soup w. Chives (1.5.6.15.16)			Budae Jjigae (Army Stew) (Pork, Chicken: Korea,  Soybeans: Imported)			Seolleongtang (Ox-Bone Soup) (Beef: Australia) (2.5.6.15.16)					
Vegetarian & Halal	MON	Vegetarian					GRILL	MON							
		Halal							TUES	Hot Dog Sausage (Pork : korea) 1.2.5.6.10					
	TUES	Vegetarian	Chopped Vegan Meat Cheese Sandwich 1.2.5.6					WED		Mexican Burrito Pork : Korea / Beef : Australia 2.5.6.10.16					
		Halal	Choopped Vegan Meat Cheese Sandwich 1.2.5.6						THURS	Stir-Fried Black Bean Noodles Pork : Korea / Squid : China 1.2.5.6.10.16.17.18					
	WED	Vegetarian	Soy Cutlet, Rice Cakes 5.6					FRI							
		Halal	Taiwanese Beef Noodles w. Soy Cutlet 5.6.12.16.18												
	THURS	Vegetarian	Tofu Adobo 5.6												
		Halal	Chicken Adobo 5.6.15												
	FRI	Vegetarian													
		Halal													
		Country of Origin : Kimchi : Cabbage : Korean, Red Pepper : Korean Rice : Korean Salad Bar : 12 Healthy Toppings, 5 Salad Dressings Fruits and Yoghurt Served Everyday					*Allergy Code : 1.Egg 2.Milk 3.Buckwheat 4.Peanut 5.Bean 6.Gluten 7.Mackerel 8.Crab 9.Shrimp 10.Pig 11.Peach 12.Tomato 13.Sulfurous Acids 14.Walnut 15.Chicken 16.Beef 17.Squids 18.Shellfish (Included Oysters, Abalones, Mussels) 19.Pine Nut								
Additional Information															

October Menu

Week	Monday		Tuesday		Wednesday		Thursday		Friday		
	2026-10-12		2026-10-13		2026-10-14		2026-10-15		2026-10-16		
International	English Breakfast		Malatang 🌶️		Roasted Teriyaki Chicken		Ragu Pasta		Grilled Chicken Wrap		
	Bacon, Sausage, Scrambled Egg		(Sausage - Chicken: Korea)		(Chicken: Brazil)		(Pork: Korea, Beef: Australia)		w. Garlic Sauce		
	(Bacon - Pork: US)		(Beef: Australia)		(5.6.15)		(2.5.6.10.12.15.16)		(Chicken: Brazil)		
	(Sausage - Pork: Korea)		(Fish Cake - Surimi: Imported)						(1.2.5.6.12.15)		
	(1.2.5.6.10.16)		(2.5.6.10.12.15.16)								
	Baked Beans, Pancake w. Syrup,		Cream Onion Mayo Shrimp		Gyoza		Garlic Whole Wheat Bread		French Fries		
	Hash Brown		(Shrimp: Imported)		(Pork: Korea)		(2.5.6)		(5)		
	(2.5.6.12)		(1.2.5.6.9)		(5.6.10.16)						
	Roasted Tomato, Mushroom		Cucumber Salad		Asian Coleslaw & Miso Soup		Roasted Vegetables		Corn, Bean Salad &		
	(5.6,12)		(1.5.6)		(1.5.6) & (5.6)		(5.6)		Broccoli Soup		
									(5) & (1.2.5.6.15.16)		
Korea	Mini Spam Kimchi Fried Rice 🌶️		Garlic Soy Sauce Chicken Bulgogi		Sliced Beef and Scallion		Charcoal Chicken		Kimchi Braised Pork 🌶️		
	(Pork: Imported, Korea)		(Chicken: Brazil)		(Beef: Australia) 🌶️		(Chicken: Brazilia)		(Pork: USA)		
	(5.6.9.10)		(5.6.15)		(2.5.6.15.16.18)		(5.6.12.13.15.18)		(5.6.9.10)		
	Tornado Potato		Steamed Egg w. Vegetable		Tuna Mayo Rice		Braised Baby Potatoes		Stir-Fried Fish Cakes,		
	(5)		(1.5.6.15.16)		(Tuna - Origin: Deep-sea)		(5.6)		Rice Cakes, Ham in Ketchup		
					(1.5.6)				(Fish Cake - Surimi: Imported)		
	Seasoned Bok Choy, Apple Salad		Braised Fish Cakes		Fried Vegetable & Boiled Egg		Seasoned Dried Seaweed Flakes		(Ham - Chicken: Korea, Pork: Korea)		
	(5.6)		w. Shredded Burdock Root		(1.2.5.6) & (1)		(5.6)		(2.5.6.10.12.15.16)		
			(Surimi: Imported)						Lotus Root Salad		
			(5.6.12)						w. Sesame Dressing		
	Udon w. Fried Tofu		Assorted Fish Cake Soup		Katsuo Broth		Tofu Miso Soup		Pumpkin, Tofu Soup		
	(Soybeans: Imported)		(Surimi: Imported)		(1.5.6.18)		(Soybeans: Imported)		w. Salted Shrimp		
	(5.6.9.18)		(5.6.15.16)				(5.6)		(Soybeans: Imported)		
									(Salted Shrimp: Vietnam)		
Vegetarian & Halal	MON	Vegetarian	English Breakfast w. Vegan Meat Sausage			GRILL	MON	Roast Chicken			
		Halal	5.6					(Chicken: Brazil)			
	TUES	Vegetarian	English Breakfast w. Vegan Meat Sausage				TUES	Hot Dog			
		Halal	5.6.15.16.18					Sausage (Pork : korea)			
	WED	Vegetarian	Vegetarian Soy Sauce Bulgogi				WED	Mexican Burrito			
		Halal	5.6.15					Pork : Korea / Beef : Australia			
	THURS	Vegetarian	Garlic Soy Sauce Chicken Bulgogi				THURS	2.5.6.10.16			
		Halal	5.6.15					Stir-Fried Black Bean Noodles			
	FRI	Vegetarian	Teriyaki Tofu				FRI	Mara Xiangguo			
		Halal	1.2.5.6.12					Beef : Australia			
			Roasted Teriyaki Chicken				5.6.15.16.17				
			5.6.15								
			Vegetarian Tomato Pasta								
			5.6.12								
			Charcoal Chicken								
			5.6.12.13.15.18								
			Vegan Meat Wrap w. Garlic Sauce								
			5.6								
			Grilled Chicken Wrap w. Garlic Sauce								
			1.2.5.6.12.15								
CEZARS KITCHEN		Country of Origin :			*Allergy Code :						
		Kimchi : Cabbage : Korean, Red Pepper : Korean			1.Egg 2.Milk 3.Buckwheat 4.Peanut 5.Bean 6.Gluten 7.Mackerel 8.Crab 9.Shrimp 10.Pig						
		Rice : Korean			11.Peach 12.Tomato 13.Sulfurous Acids 14.Walnut 15.Chicken 16.Beef 17.Squids						
		Salad Bar : 12 Healthy Toppings, 5 Salad Dressings			18.Shellfish (Included Oysters, Abalones, Mussels)						
		Fruits and Yoghurt Served Everyday			19.Pine Nut						
Additional Information											

October Menu

Week		Monday 2026-10-19		Tuesday 2026-10-20		Wednesday 2026-10-21		Thursday 2026-10-22		Friday 2026-10-23	
International		BBQ Fried Onion Burger (Pork: Korea) (1.2.5.6.10.12.13.15.16)		Roasted Garlic Honey Chicken Tenders (Chicken: Korea) (1.2.5.6.15.16)		Curry Udon w. Boiled Egg (Beef: Australia) (1.2.5.6.12.15.16.18)		Grilled Chicken w. Pesto Sauce (Chicken: Brazil) (2.5.12.15)		Subway Day Have it Your Way  Choose from A) Teriyaki or Ranch Chicken B) Italian BMT (1.2.5.6.10.12.15.18)  Seasoned Chips (2.5.6)  Veggie Sticks  Cookie (1.2.5.6) Fruit Punch 	
		Tater Tots (5) Open Wedge Salad (Bacon Crumbles - Pork: Imported) (1.2.5.10.12)		Mac and Cheese (2.5.6) Vegetable Stick & Tomato Soup (2.5.6.12.15.16)		Donkatsu (Pork: Korea) (5.6.10.12.13.16.18) Stir-Fried Tofu, Bean Sprout (Soybeans: Imported) (2.5.6.12.13.16.18)		Mashed Potato w. Morning Roll (1.2.5.6) Chopped Italian Salad (Pork: Korea) (1.2.5.6.10.12)			
Korea		Chicken Gangjeong (Chicken: Brazil) (5.6.12.15) 		Galbi Dumpling (Pork: Korea) (2.5.6.10.16)		Soy Sauce Stir-Fried Pork w. Cheese (Pork: USA) (2.5.6.10) 		Spicy Braised Pork Shank (Pork: USA) (5.6.10.12.15.18) 			
		Mini Fried Tofu Rice (Fried Tofu - Soybeans: Imported) (5.6) Stir-Fried Broccoli w. Crab Meat (Crab Stick - Surimi: Imported) (1.5.6.8.18) Banquet Noodles (1.5.6.16)		Vegetable Korean Pancake (1.5.6) Pickled Onions (5.6) Pork Soup w. Rice (Pork: USA) (2.5.6.9.10.16.18)		Mung Bean Jelly Salad (1.5.6) Assorted Lettuce Wraps & Ssamjang (ES : Lettuce Seasoned Kimchi) (5.6) Beef Bone Soup w. Minari (Beef: Australia) (2.5.6.16.18)		Candied Sweet Potato (5.6) Stir-Fried Seaweed Steams (2.5.6.15.16.18) Chicken Soup w. Glass Noodle (Chicken: Korea) (2.5.6.15)			
Vegetarian & Halal		MON	Vegetarian	Vegetarian Fried Onion Burger 1.2.5.6.12			GRILL	MON	Roast Chicken (Chicken: Brazil) 5.6.15		
			Halal	Chicken Gangjeong 5.6.12.15							
		TUES	Vegetarian	Garlic Honey Vegetarian Nugget 1.2.5.6				TUES	Hot Dog Sausage (Pork : korea) 1.2.5.6.10		
			Halal	Roasted Garlic Honey Chicken Tenders 1.2.5.6.15.16							
		WED	Vegetarian	Vegetarian Soy Sauce Stir-Fried w. Tofu 5.6				WED	Mexican Burrito Pork : Korea / Beef : Australia 2.5.6.10.16		
			Halal	Curry Udon w. Boiled Egg 1.2.5.6.12.15.16.18							
		THURS	Vegetarian	Vegetarian Bean Meat w. Pesto Sauce 2.5.6.12				THURS	Stir-Fried Black Bean Noodles Pork : Korea / Squid : China 1.2.5.6.10.16.17.18		
			Halal	Grilled Chicken w. Pesto Sauce 2.5.6.12.15.16.18							
		FRI	Vegetarian	Veggie Delight 5.6.12				FRI			
			Halal	Teriyaki Chicken 1.2.5.6.12.15.18							
CEZARS KITCHEN		Country of Origin : Kimchi : Cabbage : Korean, Red Pepper : Korean Rice : Korean Salad Bar : 12 Healthy Toppings, 5 Salad Dressings Fruits and Yoghurt Served Everyday				*Allergy Code : 1.Egg 2.Milk 3.Buckwheat 4.Peanut 5.Bean 6.Gluten 7.Mackerel 8.Crab 9.Shrimp 10.Pig 11.Peach 12.Tomato 13.Sulfurous Acids 14.Walnut 15.Chicken 16.Beef 17.Squids 18.Shellfish (Included Oysters, Abalones, Mussels) 19.Pine Nut					
Additional Information											

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	2026-10-26			2026-10-27			2026-10-28			2026-10-29			2026-10-30		
International	Hamburg w. Mushroom Gravy Sauce (Pork: Korea) (2.5.6.10.12.13.15,16.18) Egg Salad (1.5.6) Roasted Potato, Vegetables (5.6)			Mala Mapo Tofu (Pork: Korea) (Soybeans: Imported) (5.6.10.15.18) Fried Shrimp / Fruit Jelly (Shrimp: Imported) (1.5.6.9) Stir-Fried Mushrooms & Egg Soup (5.6) & (1.5.6.15.16)			Beef Hayashi Rice & Fried Egg (Beef: Australia) (2.5.6.10.12.15.16.18) & (1) Steamed Dumpling (Pork: Korea) (1.2.5.6.10.15.16.18) Roasted Vegetable (5.6)			NO LUNCH			NO LUNCH		
Korea	Chili Shrimp (Shrimp: Imported) (5.6.9.18) Royal Japchae (Pork: Korea) (5.6.10.16) Seasoned Perilla Leaf Kimchi (5.6) Sujebi Seaweed Soup (5.6.16)			Andong Braised Chicken (Chicken: Brazil) (5.6.15.18) Kimchi, Ham Stir-Fry (Chicken: Korea, Pork: Korea) (2.5.6.9.10.15.16) Blanched Baby Cabbage w. Soybean / Fruit Jelly (5.6) Rice Cake, Dumpling Soup (Pork: Korea) (1.2.5.6.10.15.16.18)			Stir-Fried Spicy Squid, Pork (Pork: USA, Squid: Peru) (5.6.10.16,17) Mashed Potato, Egg Salad (1.5.6) Perilla Leaf, Pickled Radish Wrap (13) Mallow Soybean Paste Soup (Tofu-Soybeans: Imported) (5.6.9)			NO LUNCH			NO LUNCH		
Vegetarian & Halal	MON	Vegetarian	Vegetarian Hamburg 1.2.5.6.12				GRILL	MON	Roast Chicken (Chicken: Brazil) 5.6.15						
		Halal	Chili Shrimp 5.6.9.18												
	TUES	Vegetarian	Vegetarian Andong Stir-Fried 5.6					TUES	Hot Dog Sausage (Pork : korea) 1.2.5.6.10						
		Halal	Andong Braised Chicken 5.6.15.18												
	WED	Vegetarian	Vegetarian Hayashi Rice & Vegetarian Meatballs 5.6.15.16					WED	Mexican Burrito Pork : Korea / Beef : Australia 2.5.6.10.16						
		Halal	Beef Hayashi Rice & Fried Egg 1.2.5.6.10.12.15.16.18												
	THURS	Vegetarian						THURS							
		Halal													
	FRI	Vegetarian						FRI							
		Halal													
CEZARS KITCHEN Additional Information Country of Origin : Kimchi : Cabbage : Korean, Red Pepper : Korean Rice : Korean Salad Bar : 12 Healthy Toppings, 5 Salad Dressings Fruits and Yoghurt Served Everyday							*Allergy Code : 1.Egg 2.Milk 3.Buckwheat 4.Peanut 5.Bean 6.Gluten 7.Mackerel 8.Crab 9.Shrimp 10.Pig 11.Peach 12.Tomato 13.Sulfurous Acids 14.Walnut 15.Chicken 16.Beef 17.Squids 18.Shellfish (Included Oysters, Abalones, Mussels) 19.Pine Nut								

October Menu

Week	Monday			Tuesday			Wednesday			Thursday			Friday		
	2026-10-05			2026-10-06			2026-10-07			2026-10-08			2026-10-09		
International	NO LUNCH			찹 치즈 샌드위치 (돈육: 국내산, 우육: 미국산) (1.2.5.6.10.16)			대만식 소고기 국수 (우육: 호주산) (5.6.12.16.18)			치킨아보도 (계육: 브라질산) (5.6.15)			NO LUNCH		
				집앤딤 (1.2.5.6.12.16)			스팀 덩블링 (돈육: 국내산) (2.5.6.10.15.16)			구운 고구마/ 짜먹는 요거트 (5) / (2)					
				코울슬로 & 버터 완두콩 (1.5) & (2.5)			두부 샐러드 (푸주: 중국산) (5.6)			마카로니 샐러드 & 구운 야채 (돈육: 국내산) (1.2.5.6.10) & (5.6)					
Korea	NO LUNCH			생선까스 유린기 (청대구: 네덜란드산) (5.6)			데리야끼 떡피쉬볼 조림 (연육: 외국산) (1.2.5.6.15.18)			왕교자만두 (돈육: 국내산) (5.6.10.16)			NO LUNCH		
				소고기 짜장면 (우육: 호주산) (2.5.6.16)			순두부 w. 간장 (대두: 외국산) (5.6)			오븐어묵강정 (연육: 외국산) (1.5.6.12.15.16.18)					
				유자 단무지 무침 (5.6)			콩나물 무침 (5.6)			부추겉절이 / 짜먹는 요거트 (5.6) / (2)					
			계란 부추국 (1.5.6.15.16)			부대찌개 (돈육,계육:국내산, 대두:외국산) (2.5.6.9.10.15.16)			고기듬뿍설렁탕 (우육: 호주산) (2.5.6.15.16)						
Vegetarian & Halal	MON	Vegetarian				GRILL	MON								
		Halal						TUES							
	TUES	Vegetarian	찹 비건민스 치즈샌드위치 1.2.5.6				TUES		핫도그 소시지 (돈 육 : 외국산) 1.2.5.6.10						
		Halal	찹 비건민스 치즈샌드위치 1.2.5.6					WED	멕시코 부리또 돈육 : 국내산/ 우육 : 외국산 2.5.6.10.16						
	WED	Vegetarian	채식 커틀렛, 떡 5.6				WED								
		Halal	대만식 소고기 국수 w. 채식 커틀렛 5.6.12.16.18					THURS	볶음짜장 (돈육:국내산)(오징어:중국산) 1.2.5.6.10.16.17.18						
	THURS	Vegetarian	두부 아보도 5.6				THURS								
		Halal	치킨 아보도 5.6.15					FRI							
	FRI	Vegetarian					FRI								
		Halal													
CEZARS KITCHEN		Country of Origin : Kimchi : Cabbage : Korean, Red Pepper : Korean Rice : Korean Salad Bar : 12 Healthy Toppings, 5 Salad Dressings Fruits and Yoghurt Served Everyday						*Allergy Code : 1.Egg 2.Milk 3.Buckwheat 4.Peanut 5.Bean 6.Gluten 7.Mackerel 8.Crab 9.Shrimp 10.Pig 11.Peach 12.Tomato 13.Sulfurous Acids 14.Walnut 15.Chicken 16.Beef 17.Squids 18.Shellfish (Included Oysters, Abalones, Mussels) 19.Pine Nut							
Additional Information															

October Menu

Week	Monday 2026-10-12		Tuesday 2026-10-13	Wednesday 2026-10-14	Thursday 2026-10-15	Friday 2026-10-16		
International	잉글리쉬 블랙페스트 베이컨, 소시지, 스크램블 에그 (베이컨-돈전지: 미국) (소시지-돈육: 국내산) (1.2.5.6.10.16) 베이크 빈스, 팬케익 w. 시럽, 해쉬브라운 (2.5.6.12) 구운 토마토, 버섯 (5.6,12)		마라탕 🌶️ (소시지-계육: 국내산) (우육: 호주산) (어묵- 연육:외국산) (2.5.6.10.12.15.16) 크림 양파 마요 새우 (새우: 외국산) (1.2.5.6.9) 오이 샐러드 (1.5.6)	구운 데리야끼 치킨 (계육: 브라질산) (5.6.15) 교자 튀김 (돈육: 국내산) (5.6.10.16) 아시안 코울슬로 & 미소 스프 (1.5.6) & (5.6)	라구파스타 (돈육: 국내산, 우육: 호주산) (2.5.6.10.12.15.16) 마늘호밀빵 (2.5.6) 구운 야채 (5.6)	구운 치킨랩 w.마늘소스 (계육: 브라질산) (1.2.5.6.12.15) 감자튀김 (5) 콩과 옥수수 샐러드 & 브로콜리 스프 (5) & (1.2.5.6.15.16)		
	미니 스펀 김치 볶음밥 🌶️ (돈육: 외국산,국내산) (5.6.9.10) 토네이도 감자 (5) 청경채사과무침 (5.6) 유부쫄우동 (대두: 외국산) (5.6.9.18)		마늘간장닭불고기 (계육: 브라질산) (5.6.15) 야채 계란찜 (1.5.6.15.16) 우영채어묵조림 (연육: 외국산) (5.6.12) 종합어묵국 (연육: 외국산) (5.6.15.16)	우삼겹 파채 떡볶이 🌶️ (우육: 호주산) (2.5.6.15.16.18) 참치마요밥 (참치: 원양산) (1.5.6) 야채튀김 & 삶은계란 (1.2.5.6) & (1) 가쓰오장국 (1.5.6.18)	지코바식숯불치킨 (계육: 브라질산) (5.6.12.13.15.18) 알감자조림 (5.6) 건파래자반 (5.6) 두부미소된장국 (대두: 외국산) (5.6)	돼지고기 김치찜 🌶️ (돈육: 미국산) (5.6.9.10) 어묵떡햄케찹볶음 (어묵-연육: 외국산) (햄-계육: 국내,돈육: 국내산) (2.5.6.10.12.15.16) 참깨연근샐러드 (1.5.6) 호박두부새우젓국 (대두:외국산, 새우젓:베트남산) (5.6.9)		
	Vegetarian & Halal	MON	Vegetarian	잉글리쉬 블랙페스트 w. 비건소시제 5.6		GRILL	MON	닭다리구이 계육:브라질산 5.6.15
			Halal	잉글리쉬 블랙페스트 w. 비건소시제 5.6.15.16.18				핫도그 소시지 (돈육 : 외국산) 1.2.5.6.10
TUES		Vegetarian	채식 마늘간장 불고기 5.6.15		TUES		멕시칸 부리또 돈육 : 국내산/ 우육 : 외국산 2.5.6.10.16	
		Halal	마늘간장닭불고기 5.6.15				볶음짜장 (돈육:국내산)(오징어:중국산) 1.2.5.6.10.16.17.18	
WED		Vegetarian	구운 데리야끼 두부 5.6.12		WED		마라상귀 (비엔나-계육:국내산) 5.6.15.16.17	
		Halal	구운 데리야끼 치킨 5.6.15					
THURS		Vegetarian	토마토파스타 5.6.12		THURS			
		Halal	지코바식숯불치킨 5.6.12.13.15.18					
FRI	Vegetarian	비건 고기랩 W. 마늘소스 5.6		FRI				
	Halal	구운치킨랩 w. 만늘소스 1.2.5.6.12.15						
Country of Origin : Kimchi : Cabbage : Korean, Red Pepper : Korean Rice : Korean Salad Bar : 12 Healthy Toppings, 5 Salad Dressings Fruits and Yoghurt Served Everyday				*Allergy Code : 1.Egg 2.Milk 3.Buckwheat 4.Peanut 5.Bean 6.Gluten 7.Mackerel 8.Crab 9.Shrimp 10.Pig 11.Peach 12.Tomato 13.Sulfurous Acids 14.Walnut 15.Chicken 16.Beef 17.Squids 18.Shellfish (Included Oysters, Abalones, Mussels) 19.Pine Nut				

October Menu

Week	Monday 2026-10-19		Tuesday 2026-10-20		Wednesday 2026-10-21		Thursday 2026-10-22		Friday 2026-10-23	
International	바베큐 양파튀김 치즈버거 (돈육: 국내산) (1.2.5.6.10.12.13.15.16)		구운 허니 갈릭 치킨텐더 (계육: 국내산) (1.2.5.6.15.16)		카레 우동 w. 삶은계란 (우육: 호주산) (1.2.5.6.12.15.16.18)		그릴치킨 w.페스토 소스 (계육: 브라질산) (2.5.12.15)		서브웨이 데이 나만의 섹 샌드위치 eatfresh feelgood	
	테이터썸 (5) 오픈 웨지 샐러드 (돈전지: 외국산) (1.2.5.10.12)		맥앤치즈 (2.5.6) 야채 스틱 & 토마토 스프 (2.5.6.12.15.16)		돈까스 (돈육: 국내산) (5.6.10.12.13.16.18) 두부 숙주 볶음 (대두: 외국산) (2.5.6.12.13.16.18)		매쉬드 포테이토 w. 모닝롤 (1.2.5.6) 이탈리안 참 샐러드 (돈육:국내산) (1.2.5.6.10.12)		택1 A)데리야끼 또는 랜치 치킨 B) 이탈리아 BMT (1.2.5.6.10.12.15.18)	
Korea	닭강정 (계육: 브라질산) (5.6.12.15) 미니 떠먹는 유부초밥 (대두: 외국산) (5.6) 브로콜리맛살 볶음 (연육: 외국산) (1.5.6.8.18) 잔치국수 (1.5.6.16)		갈비만두 (돈육: 국내산) (2.5.6.10.16) 모듬채소전 (1.5.6) 양파 장아찌 (5.6) 돼지국밥 (돈육: 미국산) (2.5.6.9.10.16.18)		눈꽃치즈 간장 제육볶음 (돈육: 미국산) (2.5.6.10) 탕평채 (1.5.6) 모듬쌈 & 쌈장 (초등:모듬야채간장겉절이) (5.6) 미나리 곰탕 (우육: 호주산) (2.5.6.16.18)		돈사태매운썰 (돈육: 미국산) (5.6.10.12.15.18) 고구마맛탕 (5.6) 미역줄기볶음 (2.5.6.15.16.18) 닭곰탕 w. 당면 (계육: 국내산) (2.5.6.15)		양념된 칩 (2,5,6) 야채 스틱 쿠키 (1.2.5.6) 과일 펀치 	
	Vegetarian & Halal	MON	Vegetarian	채식 양파튀김 버거 1.2.5.6.12			GRILL	MON	닭다리구이 계육:브라질산 5.6.15	
Halal			닭강정 5.6.12.15			핫도그 소시지 (돈육 : 외국산) 1.2.5.6.10				
TUES		Vegetarian	구운허니 비건너겟 1.2.5.6			TUES				
		Halal	구운허니 갈릭치킨텐더 1.2.5.6.15.16					멕시코칸 부리토 돈육 : 국내산/ 우육 : 외국산 2.5.6.10.16		
WED		Vegetarian	눈꽃치즈 간장 채식 볶음 5.6			WED				
		Halal	카레 우동 w. 삶은계란 1.2.5.6.12.15.16.18					볶음짜장 (돈육:국내산)(오징어:중국산) 1.2.5.6.10.16.17.18		
THURS		Vegetarian	비건미트 w. 페스토 소스 2.5.6.12			THURS				
		Halal	그릴치킨 w. 페스토 소스 2.5.12.15							
FRI		Vegetarian	베지 딜라이트 5.6.12			FRI				
		Halal	데리야끼 치킨 1.2.5.6.12.15.18							
CEZARS [®] KITCHEN		Country of Origin : Kimchi : Cabbage : Korean, Red Pepper : Korean Rice : Korean Salad Bar : 12 Healthy Toppings, 5 Salad Dressings Fruits and Yoghurt Served Everyday			*Allergy Code : 1.Egg 2.Milk 3.Buckwheat 4.Peanut 5.Bean 6.Gluten 7.Mackerel 8.Crab 9.Shrimp 10.Pig 11.Peach 12.Tomato 13.Sulfurous Acids 14.Walnut 15.Chicken 16.Beef 17.Squids 18.Shellfish (Included Oysters, Abalones, Mussels) 19.Pine Nut					

October Menu

Week	Monday		Tuesday		Wednesday		Thursday		Friday		
	2026-10-26		2026-10-27		2026-10-28		2026-10-29		2026-10-30		
International	함박 w. 버섯 그레이비 소스 (돈육: 국내산) (2.5.6.10.12.13.15.16.18)		마라 마파두부 🌶️ (돈육: 국내산, 대두: 외국산) (5.6.10.15.18)		소고기 하이라이스 & 계란후라이 (우육: 호주산) (2.5.6.10.12.15.16.18) & (1)		NO LUNCH		NO LUNCH		
	계란 샐러드 (1.5.6)		새우롤 튀김/과일젤리 (1.5.6.9)		스팀 덩펄링 (돈육: 국내산) (1.2.5.6.10.15.16.18)						
	구운 감자, 야채 (5.6)		버섯 볶음 & 계란국 (5.6) & (1.5.6.15.16)		구운 야채 (5.6)						
Korea	깐쇼새우 🌶️ (새우: 외국산) (5.6.9.18)		안동찜닭 (계육: 브라질산) (5.6.15.18)		오삼불고기 🌶️ (돈육: 미국산, 오징어: 페루산) (5.6.10.16,17)		NO LUNCH		NO LUNCH		
	궁중잡채 (돈육: 국내산) (5.6.10.16)		김치햄볶음 (계육:국내산, 돈육:국내산) (2.5.6.9.10.15.16)		으깬감자에그샐러드 (1.5.6)						
	양념 깻잎지 (5.6)		단배추 된장 무침 / 과일 젤리 (5.6)		깻잎쌈무 (13)						
	수제비 미역국 (5.6.16)		사골떡만두국 (돈육: 국내산) (1.2.5.6.10.15.16.18)		아욱된장국 (대두:외국산) (5.6.9)						
Vegetarian & Halal	MON	Vegetarian	채식 함박 스테이크 1.2.5.6.12			GRILL	MON	닭다리구이 계육:브라질산 5.6.15			
		Halal	깐쇼새우 5.6.9.18				TUES	핫도그 소시지 (돈육 : 외국산) 1.2.5.6.10			
	TUES	Vegetarian	채식 안동 볶음 5.6				WED	멕시코칸 부리또 돈육 : 국내산/ 우육 : 외국산 2.5.6.10.16			
		Halal	안동찜닭 5.6.15.18								
	WED	Vegetarian	채식 하이라이스 & 채식 미트볼 5.6.15.16				THURS				
		Halal	소고기 하이라이스 & 계란후라이 1.2.5.6.10.12.15.16.18								
	THURS	Vegetarian					FRI				
		Halal									
	FRI	Vegetarian									
		Halal									

CEZARS®

KITCHEN

Additional Information

Country of Origin :

Kimchi : Cabbage : Korean, Red Pepper : Korean
Rice : Korean
Salad Bar : 12 Healthy Toppings, 5 Salad Dressings
Fruits and Yoghurt Served Everyday

*Allergy Code :

1.Egg 2.Milk 3.Buckwheat 4.Peanut 5.Bean 6.Gluten 7.Mackerel 8.Crab 9.Shrimp 10.Pig
11.Peach 12.Tomato 13.Sulfurous Acids 14.Walnut 15.Chicken 16.Beef 17.Squids
18.Shellfish (Included Oysters, Abalones, Mussels)
19.Pine Nut