

LUNCH IS AVAILABLE TO ALL STUDENTS AT NO COST



October 2026 Lunch Menu Heritage & Freedom MS



BERWYN SOUTH SCHOOL DISTRICT 100



<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
			1 WG Buffalo Chicken Melt Sandwich Seasonal Farm Veggies Fresh Picked Fruit Ice Cold Milk	2 SalchiaPapas Bowl Seasonal Farm Veggies Fresh Picked Fruit Ice Cold Milk
5 WG Beef Enchiladas Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	6 WG Taco Tuesday Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	7 BYO Burger Bar Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	8 4 -Star Mac & Cheese WG Dinner Roll Seasonal Farm Veggies Ice Cold Milk	9 WG Walking Tacos Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk
12 No School	13 WG Taco Tuesday Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	14 WG Mia Pasta Bar Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	15 Bake Potato with Cheese Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	16 WG Sloppy Joe Sandwich Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk
19 WG Chilaquiles Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	20 WG BYO Burrito Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	21 WG Baked Mostaccioli w. WG Dinner Roll Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	22 WG Chicken Corn Dog Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	23 WG Popcorn Chicken Bowl Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk
26 Chicken Teriyaki Stir Fry Rice Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	27 WG Nachos Supreme Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	28 BYO Wings BBQ, Sweet & Sour, Buffalo Seasonal Fram Veggies Just Picked Fresh Fruit Ice Cold Milk	29 WG Chicken Fajita Bowl Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	30 Chef's Choice Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk

Daily Middle School Lunch Choices:

Luigis Pizza
-Cheese
-Pepperoni
-Pizza of the Day

MmmBurger Grill
-Homestyle Chicken Sandwich
-Spicy Chicken Sandwich
-Cheeseburger

-Sun Butter and Jelly Sandwich

-Grab & Go Salads

- Deli Subs/ Wraps

Milk Choices:
1% White
Or
Fat Free Chocolate

****Menu Subject to Change****

In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.

