

October

Breakfast

Lunch

Thursday 1st	biscuits and gravy	soft shell taco
Friday 2nd	No School	No School

Monday 5th	breakfast sandwich	corn dog - potato
Tuesday 6th	french toast and sausage	hamburger gravy - potato - bun
Wednesday 7th	breakfast wrap rice crispy	super nacho
Thursday 8th	biscuits and gravy	Pizza
Friday 9th	No School	No School

Monday 12th	No School	No School
Tuesday 13th	pancakes and sausage	goulash - corn - bun
Wednesday 14th	breakfast pizza	potato ole' - cookie
Thursday 15th	oven omelet long john	hamburger patty-potato-bun
Friday 16th	scrambled egg hashbrown toast	Chicken Casserole corn bun

Monday 19st	breakfast sandwich	Chicken sandwich - ff
Tuesday 20th	PB&J Cinnamon Roll	lasagna casserole g beans bun
Wednesday 21st	biscuits and gravy	ham & cheese sandwich - potato wedge
Thursday 22nd	scrambled egg hashbrown toast	hot dogs baked beans
Friday 23rd	pancakes and sausage	Macaroni & Cheese Chicken Nuggets

Monday 26th	Breakfast Sanddwich	Chicken strips - ff
Tuesday 27th	breakfast wrap rice crispy	spaghetti corn bread stick
Wednesday 28th	french toast and sausage	tater tot casserole-green bean-bun
Thursday 29th	oven omelet long john	ham augratin potato bun
Friday 30th	breakfast pizza	pulled pork sandwich chips

Breakfast - All breakfasts will have choice of milk, juice, and 1 cup of fruit

Lunch - All lunches will have a choice of 1% milk or skim chocolate milk and 1 cup of fruit and vegetables

Fresh Fruit and Vegetable snack is provided to grades prk-6th every afternoon

An afterschool snack is provided to kids who participate in the afterschool program and activies
Monday through Thursday