



Dryden (K & PreK) School BREAKFAST MENU



Available Daily:

- WG Bagel with Cream Cheese or Butter
- Assorted Cold Cereal
- Assorted Cereal Bars
- Assorted Pop Tarts
- Yogurt w/ Graham Crackers

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MON	TUES	WED	THURS	FRI
		Breakfast Price: Students – No cost Adults \$3.62 + tax	WG Apple Frudel ¹ Fruit & Milk	Bacon, Egg & Cheese ² WG Bagel Melt Fruit & Milk
WG Mini Pancake Puffs ⁵ Strawberry Fruit & Milk	WG Confetti Pancakes ⁶ Fruit & Milk	Egg & Cheese WG ⁷ English Muffin Melt Fruit & Milk	WG Maple Madness Waffles ⁸ Fruit & Milk	Bacon, Egg & Cheese ⁹ WG Bagel Melt Fruit & Milk
¹² Schools Closed	WG Mini Cinnamon Rolls ¹³ Fruit & Milk	Bacon, Egg & Cheese ¹⁴ WG English Muffin Melt Fruit & Milk	Mini Maple Pancake Puffs ¹⁵ Fruit & Milk	Egg & Cheese ¹⁶ English Muffin Melt Fruit & Milk
WG Maple Madness Waffles ¹⁹ Fruit & Milk	WG Cinnamon Breakfast Bun ²⁰ Fruit & Milk	Egg & Cheese ²¹ Croissant Melt Fruit & Milk	WG Chocolate Crescent Roll ²² Fruit & Milk	Bacon, Egg & Cheese ²³ WG Bagel Melt Fruit & Milk
WG Cinnamon Breakfast Bun ²⁶ Fruit & Milk	WG Donut w/ Powdered Sugar ²⁷ Fruit & Milk	Egg & Cheese ²⁸ Croissant Melt Fruit & Milk	Mini Strawberry Pancake Puffs ²⁹ Fruit & Milk	Egg & Cheese ³⁰ English Muffin Melt Fruit & Milk

Menus are subject to change.

All Breakfasts MUST Include Choice of:

Fresh Fruits (Apples, Oranges and Bananas) and 100% Fruit Juice

And May Include:

1% White Milk, Fat-Free White Milk or Fat-Free Chocolate Milk (all Antibiotic and Hormone Free) All Breads, Bagels, Muffins are Whole Grain



This institution is an equal opportunity provider.



Elementary School BREAKFAST MENU



Available Daily:

- WG Bagel with Cream Cheese or Butter
- Assorted Cold Cereal
- Assorted Cereal Bars
- Assorted Pop Tarts
- Yogurt w/ Graham Crackers

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MON	TUES	WED	THURS	FRI
		Breakfast Price: Students – No cost Adults \$3.62 + tax	WG Apple Frudel ¹ Fruit & Milk	Bacon, Egg & Cheese ² WG Bagel Melt Fruit & Milk
WG Mini Pancake Puffs ⁵ Strawberry Fruit & Milk	WG Confetti Pancakes ⁶ Fruit & Milk	Egg & Cheese WG English Muffin Melt ⁷ Fruit & Milk	WG Maple Madness Waffles ⁸ Fruit & Milk	Bacon, Egg & Cheese ⁹ WG Bagel Melt Fruit & Milk
¹² Schools Closed	WG Mini Cinnamon Rolls ¹³ Fruit & Milk	Bacon, Egg & Cheese ¹⁴ WG English Muffin Melt Fruit & Milk	Mini Maple Pancake Puffs ¹⁵ Fruit & Milk	Egg & Cheese ¹⁶ English Muffin Melt Fruit & Milk
WG Maple Madness Waffles ¹⁹ Fruit & Milk	WG Cinnamon Breakfast Bun ²⁰ Fruit & Milk	Egg & Cheese ²¹ Croissant Melt Fruit & Milk	WG Chocolate Crescent Roll ²² Fruit & Milk	Bacon, Egg & Cheese ²³ WG Bagel Melt Fruit & Milk
WG Cinnamon Breakfast Bun ²⁶ Fruit & Milk	WG Donut w/ Powdered Sugar ²⁷ Fruit & Milk	Egg & Cheese ²⁸ Croissant Melt Fruit & Milk	Mini Strawberry Pancake Puffs ²⁹ Fruit & Milk	Egg & Cheese ³⁰ English Muffin Melt Fruit & Milk

Menus are subject to change.

All Breakfasts MUST Include Choice of:

Fresh Fruits (Apples, Oranges and Bananas) and 100% Fruit Juice

And May Include:

1% White Milk, Fat-Free White Milk or Fat-Free Chocolate Milk (all Antibiotic and Hormone Free) All Breads, Bagels, Muffins are Whole Grain



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Middle School BREAKFAST MENU



Available Daily:

- Bacon, Egg, & Cheese Sandwich
- WG Bagel w/ Cream Cheese or Butter
- Assorted Cold Cereal
- Assorted Cereal Bars
- Assorted Pancakes
- Assorted Pop Tarts
- Assorted WG Donuts
- WG French Toast Sticks
- Yogurt Parfait w/ Granola & Fruit
- Yogurt w/ Graham Crackers
- Fruit Smoothie

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MON	TUES	WED	THURS	FRI
		Breakfast Price: Students – No cost Adults \$3.62 + tax	WG Vanilla Glazed Donut w/ Lucky Charms Fruit & Milk ¹	Egg & Cheese Pancake Breakfast Melt Fruit & Milk ²
WG Cinnamon Toast Crunch Breakfast Bar Fruit & Milk ⁵	WG French Toast Sticks w/ Syrup Fruit & Milk ⁶	WG Cinnamon Breakfast Bun Fruit & Milk ⁷	Fresh Baked Blueberry or Chocolate Chip Muffin Top Fruit & Milk ⁸	Egg & Cheese Pancake Breakfast Melt Fruit & Milk ⁹
Schools Closed ¹²	Fresh Baked Blueberry or Chocolate Chip Muffin Top Fruit & Milk ¹³	WG Cinnamon Breakfast Bun Fruit & Milk ¹⁴	WG Cinnamon Toast Crunch Breakfast Bar Fruit & Milk ¹⁵	Egg & Cheese Pancake Breakfast Melt Fruit & Milk ¹⁶
Mini Maple Pancake Puffs Fruit & Milk ¹⁹	Egg & Cheese Pancake Breakfast Melt Fruit & Milk ²⁰	WG Donut Holes w/ Cinnamon Sugar Fruit & Milk ²¹	WG French Toast Sticks w/ Syrup Fruit & Milk ²²	WG Cinnamon Breakfast Bun Fruit & Milk ²³
WG Apple Frudel Fruit & Milk ²⁶	WG Cinnamon Breakfast Bun Fruit & Milk ²⁷	Fresh Baked Blueberry or Chocolate Chip Muffin Top Fruit & Milk ²⁸	WG Confetti Mini Pancakes Fruit & Milk ²⁹	WG French Toast Sticks w/ Syrup Fruit & Milk ³⁰

Menus are subject to change.

All Breakfasts MUST Include Choice of:

Fresh Fruits (Apples, Oranges and Bananas) and 100% Fruit Juice

And May Include:

1% White Milk, Fat-Free White Milk or Fat-Free Chocolate Milk (all Antibiotic and Hormone Free) All Breads, Bagels, Muffins are Whole Grain



This institution is an equal opportunity provider.



High School| BREAKFAST MENU



Available Daily:

- Bacon, Egg, & Cheese Sandwich
- WG Bagel w/ Cream Cheese or Butter
- Assorted Cold Cereal
- Assorted Cereal Bars
- Assorted Pancakes
- Assorted Pop Tarts
- Assorted WG Donuts
- WG French Toast Sticks
- Yogurt Parfait w/ Granola & Fruit
- Yogurt w/ Graham Crackers
- Fruit Smoothie

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MON	TUES	WED	THURS	FRI
 WG Cinnamon Toast Crunch Breakfast Bar Fruit & Milk ⁵	 WG French Toast Sticks w/ Syrup Fruit & Milk ⁶	Breakfast Price: Students – No cost Adults \$3.62 + tax	WG Vanilla Glazed Donut w/ Lucky Charms Fruit & Milk ¹	Egg & Cheese Pancake Breakfast Melt Fruit & Milk ²
Schools Closed ¹²	Fresh Baked Blueberry or Chocolate Chip Muffin Top Fruit & Milk ¹³	WG Cinnamon Breakfast Bun Fruit & Milk ⁷	Fresh Baked Blueberry or Chocolate Chip Muffin Top Fruit & Milk ⁸	Egg & Cheese Pancake Breakfast Melt Fruit & Milk ⁹
Mini Maple Pancake Puffs Fruit & Milk ¹⁹	Egg & Cheese Pancake Breakfast Melt Fruit & Milk ²⁰	WG Cinnamon Breakfast Bun Fruit & Milk ¹⁴	WG Cinnamon Toast Crunch Breakfast Bar Fruit & Milk ¹⁵	Egg & Cheese Pancake Breakfast Melt Fruit & Milk ¹⁶
WG Apple Frudel Fruit & Milk ²⁶	WG Cinnamon Breakfast Bun Fruit & Milk ²⁷	WG Donut Holes w/ Cinnamon Sugar Fruit & Milk ²¹	WG French Toast Sticks w/ Syrup Fruit & Milk ²²	WG Cinnamon Breakfast Bun Fruit & Milk ²³
		Fresh Baked Blueberry or Chocolate Chip Muffin Top Fruit & Milk ²⁸	WG Confetti Mini Pancakes Fruit & Milk ²⁹	WG French Toast Sticks w/ Syrup Fruit & Milk ³⁰

Menus are subject to change.

All Breakfasts MUST Include Choice of:

Fresh Fruits (Apples, Oranges and Bananas) and 100% Fruit Juice

And May Include:

1% White Milk, Fat-Free White Milk or Fat-Free Chocolate Milk (all Antibiotic and Hormone Free) All Breads, Bagels, Muffins are Whole Grain



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Dryden (K & PreK) School LUNCH MENU



Available Daily:

- Sunbutter & Jelly Sandwich
- Cheese, Boar's Head Turkey, or Ham (P) & Cheese Sandwich
- Bagel w/ String Cheese
- Garden Salad with WG Dinner Roll
- Yogurt Parfait w/ Granola & Fruit

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MON	TUES	WED	THURS	FRI
		Lunch Price: Students – No cost Adults \$5.40 + tax	Brunch for Lunch ¹ WG French Toast Sticks w/ Syrup & Turkey Sausage Patty Red Pepper Strips Ripe Banana	Homemade WG Pizza ² Cheese or Pepperoni (P) Side Spinach Salad Whole Apple
Turkey Hot Dog ⁵ on a WG Bun Romaine Salad Fresh Pears	Beef Nachos ⁶ w/ Cheese Sauce Mexican Style Street Corn Orange Wedges	Country Popcorn ⁷ Chicken Potato Bowl Steamed Corn Fresh Strawberries	Homemade ⁸ Mac & Cheese w/ a WG Roll Cucumber Coins Ripe Banana	Homemade WG Pizza ⁹ Cheese or Pepperoni (P) Rainbow Blend Veggies Whole Apple
¹² Schools Closed	Beef Taco ¹³ w/ Cheddar Cheese Cucumber Slices Orange Wedges	Honey Stung ¹⁴ Popcorn Chicken w/ WG Biscuit Glazed Carrots Fresh Strawberries	Brunch for Lunch ¹⁵ WG Eggoji Waffle w/ Syrup & Chicken Sausage Baked Curly Fries Ripe Banana	Homemade WG Pizza ¹⁶ Cheese or Pepperoni (P) Red Pepper Strips Whole Apple
Chili Orange Glazed ¹⁹ Popcorn Chicken Steamed Edamame Beans Fresh Pears	Chicken Sandwich ²⁰ on a WG Bun w/ "Signature Sauce" Baked Smiles Fries Orange Wedges	Spaghetti w/ Meat ²¹ Sauce or Spaghetti Sauce w/ a WG Breadstick Celery Sticks Fresh Strawberries	Brunch for Lunch ²² WG Eggoji Waffle w/ Syrup & Turkey Sausage Link Roasted Cauliflower Ripe Banana	Homemade WG Pizza ²³ Cheese or Pepperoni (P) Side Salad Whole Apple
²⁶ Chicken Drumstick w/ WG Dinner Roll Baked French Fries Fresh Pears	Beef Nachos ²⁷ w/ Cheese Sauce Glazed Carrots Orange Wedges	Chicken Tender ²⁸ w/ WG Garlic Knot Baked Tater Tots Fresh Strawberries	²⁹ Bacon Burger on a WG Bun Rainbow Blend Veggies Ripe Banana	Homemade WG Pizza ³⁰ Cheese or Pepperoni (P) Spinach Salad Whole Apple

Menus are subject to change.

Grades K-12 are "Offer vs. Serve" and must choose at least 3 of the 5 options below:

Meat/Meat Alternative, Bread/Grain, Fruit (includes Fruit Juice), Vegetable

Low Fat or Fat Free Milk Choice (Antibiotic and Hormone Free)

Denotes: Items with a (P) contain pork. Items with a (B) contain beef.

Items with a (V) are vegetarian

Items with WG are whole grain rich products

****One of the Choices MUST be a Fruit or Vegetable!****



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Elementary School LUNCH MENU



Available Daily:

- Sunbutter & Jelly Sandwich
- Cheese, Boar's Head Turkey, or Ham (P) & Cheese Sandwich
- Bagel w/ String Cheese
- Garden Salad with WG Dinner Roll
- Yogurt Parfait w/ Granola & Fruit

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MON	TUES	WED	THURS	FRI
		Lunch Price: Students – No cost Adults \$5.40 + tax	Brunch for Lunch WG French Toast w/ ¹ Syrup & Turkey Sausage or Grilled Cheese Red Pepper Strips Ripe Banana	Homemade WG Pizza ² Cheese or Pepperoni (P) Side Spinach Salad Whole Apple
Turkey Hot Dog ⁵ on a WG Bun or Cheesy Stuffed Bread w/ Dipping Sauce Baked French Fries Fresh Pears	Beef Nachos ⁶ w/ Cheese Sauce or Popcorn Chicken Mexican Style Street Corn Orange Wedges	Country Popcorn ⁷ Chicken Potato Bowl or Cheese Pizza Roasted Broccoli Fresh Strawberries	Homemade ⁸ Mac & Cheese w/ a WG Roll or Grilled Cheese Baked Tater Tots Ripe Banana	Homemade WG Pizza ⁹ Cheese or Pepperoni (P) Rainbow Blend Veggies Whole Apple
¹² Schools Closed	Beef Taco ¹³ w/ Cheddar Cheese or Chicken Nuggets Cucumber Slices Orange Wedges	Honey Stung ¹⁴ Popcorn Chicken w/ WG Dinner Roll or Cheese Pizza Glazed Carrots Fresh Strawberries	Brunch for Lunch ¹⁵ WG Eggoji Waffle w/ Syrup & Turkey Sausage or Grilled Cheese Baked Curly Fries Ripe Banana	Homemade WG Pizza ¹⁶ Cheese or Pepperoni (P) Red Pepper Strips Whole Apple
Chili Orange Glazed ¹⁹ Popcorn Chicken or Cheesy Stuffed Bread w/ Dipping Sauce Steamed Edamame Beans Fresh Pears	Chicken Sandwich ²⁰ on a WG Bun w/ "Signature Sauce" or Chicken Nuggets Baked Smiles Fries Orange Wedges	Spaghetti w/ Meat Sauce w/ a WG Breadstick or Cheese Pizza Celery Sticks Fresh Strawberries	Brunch for Lunch ²² WG Waffle w/ Syrup Turkey Sausage or Grilled Cheese Roasted Cauliflower Ripe Banana	Homemade WG Pizza ²³ Cheese or Pepperoni (P) Side Salad Whole Apple
²⁶ Chicken Drumstick w/ WG Dinner Roll Baked French Fries Fresh Pears	²⁷ Beef Nachos w/ Cheese Sauce or Chicken Nuggets Glazed Carrots Orange Wedges	²⁸ Chicken Tenders w/ WG Dinner Roll or Cheese Pizza Baked Tater Tots Fresh Strawberries	²⁹ Bacon Cheeseburger on a WG Bun or Grilled Cheese Rainbow Blend Veggies Ripe Banana	³⁰ Homemade WG Pizza Cheese or Pepperoni (P) Spinach Salad Whole Apple

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Grades K-12 are "Offer vs. Serve" and must choose at least 3 of the 5 options below:

Meat/Meat Alternative, Bread/Grain, Fruit (includes Fruit Juice), Vegetable

Low Fat or Fat Free Milk Choice (Antibiotic and Hormone Free)

Denotes: Items with a (P) contain pork. Items with a (B) contain beef.

Items with a (V) are vegetarian

Items with WG are whole grain rich products

****One of the Choices MUST be a Fruit or Vegetable!****



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Middle School LUNCH MENU



Daily Lunch Offerings:

- o Nacho Bar
- o Yogurt Parfait w/ Granola & Fruit
- o Cheese, Ham(P) , Turkey or Tuna Sandwich/Wrap
- o Bagel w /2 String Cheese
- o Entrée salads served with a WG roll
- o Cheese(V), Pepperoni(P) or Specialty Pizza
- o Hamburger/Cheeseburger
- o Spicy Chicken Sandwich
- o Crispy Chicken Sandwich

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MON	TUES	WED	THURS	FRI
 Honey Stung ⁵ Popcorn Chicken w/ Mashed Potato & WG Biscuit Fresh Pears ¹² Schools Closed  WG Mozzarella Sticks ²⁶ w/Marinara Dipping Sauce Baked Waffle Fries Fresh Pears	**Limited Time Offer** Southwest Crunch Burger Oct 19th – 23rd Chicken Alfredo ⁶ w/ Penne Pasta Garlic Texas Toast Roasted Broccoli Whole Orange General Tso's ¹³ Chicken w/ Stir-Fry Vegetables Whole Orange BBQ Chicken Meatball ²⁰ Sub Melt w/ Roasted Carrots Whole Orange Twin Beef Soft Tacos ²⁷ Seasoned Beef with Shredded Lettuce and Cheddar Cheese Seasoned Corn Whole Orange	Lunch Price: Students – No cost Adults \$5.40 + tax BBQ Pulled Pork ⁷ Sliders w/ Cabbage slaw Baked French Fries Fresh Strawberries Chicken Alfredo ¹⁴ w/ Penne Pasta Garlic Texas Toast Roasted Broccoli Fresh Strawberries Honey Stung ²¹ Popcorn Chicken w/ Mashed Potato & WG Biscuit Fresh Strawberries Spaghetti w/ Meatballs ²⁸ or Spaghetti Sauce w/ a WG Dinner Roll Roasted Zucchini Fresh Strawberries	Brunch for Lunch ¹ WG French Toast Sticks w/ Syrup & Turkey Sausage Patty Red Pepper Strips Ripe Banana Chicken & Vegetable ⁸ Dumpling w/ Vegetable Fried Rice Peas & Carrots Ripe Banana Honey Stung ¹⁵ Popcorn Chicken w/ WG Biscuit Baked Curly Fries Ripe Banana Brunch for Lunch ²² WG Dutch Waffle w/ Turkey Sausage Link Roasted Cauliflower Ripe Banana Jalapeno Popper ²⁹ Cheeseburger Baked French Fries Ripe Banana	Buffalo Popcorn ² Chicken Mac & Cheese w/ Breadstick Red Pepper Strips Whole Apple Chicken Drumstick ⁹ Dinner Roll Mashed Potatoes w/ Gravy Rainbow Blend Veggies Whole Apple Buffalo Popcorn ¹⁶ Chicken Mac & Cheese w/ Breadstick Red Pepper Strips Whole Apple Chicken & Vegetable ²³ Dumpling w/ Vegetable Fried Rice Peas & Carrots Whole Apple Boneless Wing Bar ³⁰ w/ BBQ Sause, Buffalo Sause, Hone BBQ Sause Side Spinach Salad Whole Apple

Menus are subject to change.

Grades K-12 are "Offer vs. Serve" and must choose at least 3 of the 5 options below:

Meat/Meat Alternative, Bread/Grain, Fruit (includes Fruit Juice), Vegetable

Low Fat or Fat Free Milk Choice (Antibiotic and Hormone Free)

Denotes: Items with a (P) contain pork. Items with a (B) contain beef.

Items with a (V) are vegetarian

Items with WG are whole grain rich products

****One of the Choices MUST be a Fruit or Vegetable!****



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High School LUNCH MENU



Daily Lunch Offerings:

- o Nacho Bar
- o Yogurt Parfait w/ Granola & Fruit
- o Cheese, Ham(P) , Turkey or Tuna Sandwich/Wrap
- o Bagel w /2 String Cheese
- o Entrée salads served with a WG roll
- o Cheese(V), Pepperoni(P) or Specialty Pizza
- o Hamburger/Cheeseburger
- o Spicy Chicken Sandwich
- o Crispy Chicken Sandwich

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MON	TUES	WED	THURS	FRI
 Honey Stung ⁵ Popcorn Chicken w/ Mashed Potato & WG Biscuit Fresh Pears	**Limited Time Offer** Southwest Crunch Burger Oct 19th – 23rd Chicken Alfredo ⁶ w/ Penne Pasta Garlic Texas Toast Roasted Broccoli Whole Orange	Lunch Price: Students – No cost Adults \$5.40 + tax BBQ Pulled Pork ⁷ Sliders w/ Cabbage slaw Baked French Fries Fresh Strawberries	Brunch for Lunch ¹ WG French Toast Sticks w/ Syrup & Turkey Sausage Patty Red Pepper Strips Ripe Banana Chicken & Vegetable ⁸ Dumpling w/ Vegetable Fried Rice Peas & Carrots Ripe Banana	Buffalo Popcorn ² Chicken Mac & Cheese w/ Breadstick Red Pepper Strips Whole Apple Chicken Drumstick ⁹ Dinner Roll Mashed Potatoes w/ Gravy Rainbow Blend Veggies Whole Apple
¹² Schools Closed	General Tso's ¹³ Chicken w/ Stir-Fry Vegetables Whole Orange	Chicken Alfredo ¹⁴ w/ Penne Pasta Garlic Texas Toast Roasted Broccoli Fresh Strawberries	Honey Stung ¹⁵ Popcorn Chicken w/ WG Biscuit Baked Curly Fries Ripe Banana	Buffalo Popcorn ¹⁶ Chicken Mac & Cheese w/ Breadstick Red Pepper Strips Whole Apple
 WG Mozzarella Sticks ²⁶ w/Marinara Dipping Sauce Baked Waffle Fries Fresh Pears	BBQ Chicken Meatball ²⁰ Sub Melt w/ Roasted Carrots Whole Orange	Honey Stung ²¹ Popcorn Chicken w/ Mashed Potato & WG Biscuit Fresh Strawberries	Brunch for Lunch ²² WG Dutch Waffle w/ Turkey Sausage Link Roasted Cauliflower Ripe Banana	Chicken & Vegetable ²³ Dumpling w/ Vegetable Fried Rice Peas & Carrots Whole Apple
	Twin Beef Soft Tacos ²⁷ Seasoned Beef with Shredded Lettuce and Cheddar Cheese Seasoned Corn Whole Orange	Spaghetti w/ Meatballs ²⁸ or Spaghetti Sauce w/ a WG Dinner Roll Roasted Zucchini Fresh Strawberries	Jalapeno Popper ²⁹ Cheeseburger Baked French Fries Ripe Banana	Boneless Wing Bar ³⁰ w/ BBQ Sause, Buffalo Sause, Hone BBQ Sause Side Spinach Salad Whole Apple

Menus are subject to change.

Grades K-12 are "Offer vs. Serve" and must choose at least 3 of the 5 options below:

Meat/Meat Alternative, Bread/Grain, Fruit (includes Fruit Juice), Vegetable

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