



BREAKFAST

OCTOBER 2026 ELEMENTARY K-6TH

FREE BREAKFAST FOR ALL STUDENTS
SERVED DAILY HAL FOUR BEFORE
SCHOOL STARTS!!

Monday

Tuesday

Wednesday

Thursday

Friday



5

ASSORTED COLD CEREALS
EGG BITES
MINI BANAN BREAD LOAF
FRESH FRUIT SALAD
MILK

6

ASSORTED COLD CEREALS
CINNAMON ROLL
HARD BOILED EGG/STRING CHEESE
FRESH SEASONAL FRUIT
MILK

7

ASSORTED COLD CEREALS
WAFFLES
CHICKEN SAUSAGE
ORANGE JUICE
MILK

1

ASSORTED COLD CEREALS
FRESH BAGELS
STRING CHEESE
FRESH SEASONAL FRUIT
MILK

2

ASSORTED COLD CEREALS
FRENCH TOAST STICKS
TURKEY BACON
FRESH MELON
MILK

8

ASSORTED COLD CEREALS
BANANA SPLIT YOGURT W/GRANOLA
FRESH BERRIES
FRESH SEASONAL FRUIT
MILK

9

ASSORTED COLD CEREALS
MAPLE WG PANCAKES
VERMONT MAPLE SYRUP
TURKEY BACON
FRESH SEASONAL FRUIT
MILK

12

ASSORTED COLD CEREALS
BREAKFAST SANDWICH CROISSANT
(EGG & CHEESE)
FRESH SEASONAL FRUIT
MILK

13

ASSORTED COLD CEREALS
LOW SUGAR YOGURT
FRESH BAKED SCONES
FRESH SEASONAL FRUIT
MILK

14

ASSORTED COLD CEREALS
EGG TURKEY CHEESE CALZONE
FRESH SEASONAL FRUIT
MILK

15

ASSORTED COLD CEREALS
STRAWBERRY BANANA SMOOTHIE
KASHI CRUNCH CEREAL POUCH
FRESH FRUIT SALAD
MILK

16

ASSORTED COLD CEREALS
FRENCH TOAST STICKS
TURKEY BACON
FRESH SEASONAL FRUIT
MILK

19

ASSORTED COLD CEREALS
MINI BAGEL
SCRAMBLED EGGS
FRESH SEASONAL FRUIT
MILK

20

ASSORTED COLD CEREALS
CHICKEN & WAFFLE SANDWICH
FRESH SEASONAL FRUIT
MILK

21

ASSORTED COLD CEREALS
CHEESE OMELETTE
WG ROLL
FRESH SEASONAL FRUIT
MILK

22

ASSORTED COLD CEREALS
BLUEBERRY MUFFIN
CANADIAN HAM
FRESH SEASONAL FRUIT
MILK

23

STAFF WORKDAY
NO STUDENTS

26

ASSORTED COLD CEREALS
EGG BREAKFAST WRAP
FRESH SEASONAL FRUIT
MILK

27

ASSORTED COLD CEREALS
FRESH SEASONAL FRUIT
MILK

28

ASSORTED COLD CEREALS
LOW SUGAR GREEK YOGURT
TOPPING GRANOLA BAR
FRESH BERRIES
MILK

29

ASSORTED COLD CEREALS
PUMPKIN BREAD
TURKEY BACON
FRESH MELON

30

ASSORTED COLD CEREALS
FRIED EGG SANDWICH
ON TOASTED ENGLISH MUFFIN
MILK

MENU SUBJECT TO CHANGE

ALL MEALS INCLUDE: PROTEIN ENTRÉE, WHOLE GRAINS & FRUIT

CHOICE OF MILK: LOW-FAT, SOY OR ALMOND MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER