

OCTOBER 2026

HAPPY VALLEY UNION SCHOOL DISTRICT

Monday

Tuesday

Wednesday

Thursday

Friday



BREAKFAST

BREAKFAST SANDWICH

LUNCH

**MAC & CHEESE
PEAS, MIXED SALAD
& FRUIT**

BREAKFAST

CIN. TOAST & YOGURT

LUNCH

**TOSTADA BOWL
REFRIED BEANS, CARROTS,
SALSA & FRUIT**

BREAKFAST

EGGS & TOAST

LUNCH

**SPAGHETTI
GREEN BEANS, ROLL
& FRUIT**

BREAKFAST

BAGEL & C. CHEESE

LUNCH

**MEXI MELT
MIXED VEGGIES, SALSA
& FRUIT**

BREAKFAST

MUFFIN & CHEESE STICK

LUNCH

**CARNITAS RICE BOWL
CORN, SALSA & FRUIT**

BREAKFAST

BREAKFAST CASSEROLE

LUNCH

**BBQ CHICKEN SANDWICH
BAKED BEANS, TOTS &
FRUIT**

BREAKFAST

WAFFLE & YOGURT

LUNCH

**CHEESE QUESADILLA
CORN, SALSA & FRUIT**

BREAKFAST

CINNAMON ROLL

LUNCH

**DELI SANDWICH
CARROTS, LETTUCE,
SUN CHIPS & FRUIT**

BREAKFAST

BREAKFAST PIZZA

LUNCH

**HAM & CHEESE MELT
MIXED VEGGIES, TOTS
& FRUIT**

BREAKFAST

PANCAKES

LUNCH

**BEEF SOFT TACO
LETTUCE, SALSA &
FRUIT**

BREAKFAST

BREAKFAST SANDWICH

LUNCH

**BEAN & CHEESE BURRITO
CARROTS, SALSA & FRUIT**

BREAKFAST

CIN. TOAST & YOGURT

LUNCH

**ENCHILADA
CASSEROLE, CORN &
FRUIT**

BREAKFAST

EGGS & TOAST

LUNCH

**GRILLED CHEESE &
TOMATO SOUP
MIXED SALAD & FRUIT**

BREAKFAST

BAGEL & C. CHEESE

LUNCH

**PULLED PORK SANDWICH
TOTS, GREEN BEANS,
& FRUIT**

BREAKFAST

MUFFIN & CHEESE STICK

LUNCH

**CHICKEN TERYAKI
RICE BOWL
PEAS, CARROTS & FRUIT**

BREAKFAST

BREAKFAST CASSEROLE

LUNCH

**DELI SANDWICH
CARROTS, LETTUCE,
SUN CHIPS & FRUIT**

BREAKFAST

WAFFLE & YOGURT

LUNCH

**CRUNCHY CARNITAS TACOS
LETTUCE, CORN, SALSA
& FRUIT**

BREAKFAST

CINNAMON ROLL

LUNCH

**CHEESY WHITE CHICKEN
CHILI, PEAS, CARROTS,
DINNER ROLL & FRUIT**

BREAKFAST

BREAKFAST PIZZA

LUNCH

**EGG & CHEESE MUFFIN
TOTS, MIXED VEGGIES
& FRUIT**

BREAKFAST

PANCAKES

LUNCH

**CHICKEN NUGGETS, GREEN
BEANS, FRIES & FRUIT CUP**

TO PROVIDE YOUR CHILDREN WITH THE FRESHEST FRUITS AND VEGETABLES. THE DAILY OFFERINGS OF THESE ITEMS WILL DEPEND ON WHAT IS AVAILABLE IN SEASON. SALAD BAR IS OFFERED DAILY. ALL BREAKFAST INCLUDE 1-2- OZ. GRAINS, 1 CUP FRUIT, & 1 CUP MILK- ALL BREAKFASTS INCLUDE OPTIONAL CEREAL & CRACKER. LUNCH INCLUDES 1-2 OZ. MEAT/MEAT ALTERNATIVE, 3/4CUPS VEGETABLES, ½ CUP FRUIT & 1 CUP MILK. THE MENU IS SUBJECT TO CHANGE WITHOUT NOTICE. HAPPY VALLEY UNION SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER. STUDENT MEALS PROVIDES AT NO CHARGE.

ADULT BREAKFAST \$5.25- ADULT LUNCH \$6.50