McBride Elementary School
Breakfast Menu
October 2026

First Breakfast and Lunch
FREE for all students!

Mon	Tue	Wed	Thu	Fri
			1 Sausage, Eggs & Roasted Potatoes Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	2 Pancake bites Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit
5 Frudels Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	6 Mini Waffles Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	7 BF Sandwiches Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	8 Waffles & Berries Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	9
12 Pancake on a stick Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	13 Ham & cheese bagel Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	14 Assorted muffins Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	15 Waffles Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	16 Breakfast burritos Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit
19 Bagel & Cream Cheese Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	20 Biscuits & gravy Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	21 Cinnamon rolls Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	22 Pancakes Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	23 Donuts Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit
26 Cheese omelet Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	27 Sausage biscuit w/cheese Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	28 BF Pizza Turkey Sausage Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	29 Bagels & Cream Cheese Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit	30 Pancakes Assorted Cereal Assorted BF Bars Yogurt Parfait Juice Fruit

Oregon Harvest
For
Schools

Farm to school connects schools with farms and producers with the goal of serving healthy local foods in school cafeterias and improving student nutrition. Providing agriculture, health and nutrition opportunities and supporting local & regional farmers and producers.
www.farmtoschool.org

This institution is an equal opportunity provider.

Menu Subject to Change

Minimum 80% of grains served are whole grain
Milk offered daily– 1% White,
Skim, & Fat Free Chocolate
Daily Salad Bar with:
Seasonal Fruits & Vegetables that include
Dark Green, Red/Orange, Beans/Peas,
Starchy and Additional.