Columbia City Elementary
Breakfast Menu
October 2026

First Breakfast & Lunch
are Free for all Students!

Mon	Tue	Wed	Thu	Fri
			1 Main: Egg & Cheese Eng Muffin Assorted Cereal Assorted BF bars Yogurt Parfait Juice Fruit	2 Main: Bagels & Cream Cheese Assorted Cereal Assorted BF bars Yogurt Parfait Juice Fruit
5 Main: Breakfast Burritos Assorted Cereals Assorted BF Bars Juice Fruit	6 Main: Waffles & berries Assorted Cereal Assorted BF bars Yogurt Parfait Juice Fruit	7 Main: BF Pizza Assorted Cereal Assorted BF bars Yogurt Parfait Juice Fruit	8 Main: Sausage & Roasted Potatoes Assorted Cereal Assorted BF bars Yogurt Parfait Juice Fruit	9
12 Main: Pancake on a stick Assorted Cereal Assorted BF bars Yogurt Parfait Juice Fruit	13 Main: Cinnamon rolls Assorted Cereal Assorted BF bars Yogurt Parfait Juice Fruit	14 Main: Eggs & Sausage Assorted Cereal Assorted BF bars Yogurt Parfait Juice Fruit	15 Main: Strudel Assorted Cereal Assorted BF bars Yogurt Parfait Juice Fruit	16 Main: Waffles & Berries Assorted Cereal Assorted BF bars Yogurt Parfait Juice Fruit
19 Main: Bagels & Cream Cheese Assorted Cereal Assorted BF bars Yogurt Parfait Juice Fruit	20 Main: French Toast Sticks Assorted Cereal Assorted BF bars Yogurt Parfait Juice Fruit	21 Main: BF pizza Assorted Cereal Assorted BF bars Yogurt Parfait Juice Fruit	22 Main: Assorted muffins Assorted Cereal Assorted BF bars Yogurt Parfait Juice Fruit	23 Main: Pancakes Assorted Cereal Assorted BF bars Yogurt Parfait Juice Fruit
26 Main: Mini Waffles Assorted Cereal Assorted BF bars Yogurt Parfait Juice Fruit	27 Main: Bagels & cream cheese Assorted Cereal Assorted BF bars Yogurt Parfait Juice Fruit	28 Main: Breakfast Burritos Assorted Cereals Assorted BF Bars Juice Fruit	29 Main: Pancake on a Stick Assorted Cereal Assorted BF bars Yogurt Parfait Juice Fruit	30 Main: Egg & Cheese Eng. Muffin Assorted Cereal Assorted BF bars Yogurt Parfait Juice Fruit

Oregon Harvest For Schools

Farm to school connects schools with farms and producers with the goal of serving healthy local foods in school cafeterias and improving student nutrition. Providing agriculture, health and nutrition opportunities and supporting local & regional farmers and producers.
www.farmtoschool.org

This institution is an equal opportunity provider.

Menu Subject to Change

Minimum 80% of grains served are whole grain
Milk offered daily– 1% White,
Skim, & Fat Free Chocolate
Daily Salad Bar with:
Seasonal Fruits & Vegetables that include
Dark Green, Red/Orange, Beans/Peas,
Starchy and Additional.