

Middle & High School Menu

October 2026

Farm to School



ITEMS OF THE MONTH:

**WATERMELON,
APPLE PEARS, & GRAPES**

Key



House-Made



Vegetarian Entrees



Vegan Entrees

All fruits, fresh vegetables, & cereals are vegan.



Contains Pork



All grains are whole-grain rich
Except cinnamon roll



New Item

*MENUS ARE SUBJECT TO CHANGE
WITHOUT NOTICE.



Scan QR code
for more menu
information.



MON OFFERED DAILY

BREAKFAST:

- Fruit
- House-Baked Cinnamon Rolls
- Whole Grain Cereals w/String Cheese
- Yogurt with Granola
- 100% Fruit Juice
- Low-Fat White Milk
- Nonfat Chocolate Milk

BREAKFAST

Blueberry Waffle
French Toast Sticks
w/Fruit Dip
Cinnamon Cereal Bar

LUNCH

Cheeseburger/Hamburger
Breaded Cheese Ravioli
w/Marinara
Glazed Wings & Biscuit

TUE OFFERED DAILY

LUNCH:

- Fruits & Vegetables
- Pizza
- Salads
- Sandwiches
- Yogurt with Granola
- 100% Fruit Juice
- Low-Fat White Milk
- Nonfat Chocolate Milk

BREAKFAST

Egg & Cheese Bites
Bagel w/Cream Cheese
Cinnamon Crumb Cake

LUNCH

BBQ Turkey Mac & Cheese
Teriyaki Chicken w/Rice
Kickin' Tenders & Toast Sticks

WED SPECIAL ITEM

Only available 10/12 - 10/16

Strawberry Milk



BREAKFAST

Egg, Cheese, & Bacon Biscuit
Sandwich
House-Baked Cinnamon Roll
Strawberry Yogurt Parfait

LUNCH

Chicken & Veggie Chow Mein
Chili Cheese Nachos
Bean Burrito w/Pico
Farm to School Apple Pears

THU BREAKFAST

Cinnamon Crumb Cake
Egg & Cheese Biscuit
Strawberry Yogurt Parfait

LUNCH

Birria & Cheese Pupusa
w/Curtido
Chili Cheese Nachos
Peach Yogurt Parfait
Farm to School Watermelon

FRI BREAKFAST

Egg, Cheese, & Bacon Biscuit
Sandwich
House-Baked Cinnamon Roll
Strawberry Yogurt Parfait

LUNCH

Spicy Bean Nachos
Chicken Drumstick & Waffle
Teriyaki Meatballs w/Rice

NATIONAL SCHOOL LUNCH WEEK OCTOBER 12-16

BREAKFAST

Pizza Stick
Breakfast Bites w/Fruit Dip
Cinnamon Cereal Bar

LUNCH

Buffalo Wings & Biscuit
Orange Chicken w/Rice
Bean & Cheese Burrito w/Pico

BREAKFAST

Cinnamon Crumb Cake
PB&J Sandwich
Mini Maple Pancakes

LUNCH

BBQ Turkey Sliders
PB&J Protein Kit
Beef Tacos

BREAKFAST

Egg & Cheese Tamale
House-Baked Cinnamon Roll
Strawberry Yogurt Parfait

LUNCH

Kung Pao Chicken w/Rice
Rib-B-Que Sandwich
Buffalo Chicken Mac & Cheese
Farm to School Grapes

BREAKFAST

Chicken Biscuit
Cinnamon Crumb Cake
Strawberry Yogurt Parfait

LUNCH

Cheesy Pull-Aparts
w/Marinara
Chili Cheese Nachos
Chicken Tamale

BREAKFAST

House-Baked Cinnamon Roll
Egg, Cheese, & Sausage
Croissant Sandwich
Strawberry Yogurt Parfait
Smoothie Bowl

LUNCH

Chili Cheese Dog
Chicken Stars & Waffle
Thai Sweet Chili
Quinoa Bowl

BREAKFAST

Chocolate Muffin
Cinnamon Cereal Bar
Egg, Cheese, & Turkey Sausage
Breakfast Burrito

LUNCH

Bacon Cheeseburger
Boneless Wings w/Cornbread
Buffalo BBQ Chicken Sliders

BREAKFAST

Cinnamon Crumb Cake
Egg, Cheese, & Bacon Biscuit
Breakfast Bar

LUNCH

Macaroni & Cheese
Mini Corn Dogs
Thai Sweet Chili Chicken
w/Rice
Chocolate Chip Cookie
(Middle School Only)

BREAKFAST

House-Baked Cinnamon Roll
Egg & Cheese Bites
French Toast Sticks
w/Fruit Dip
Strawberry Yogurt Parfait

LUNCH

Pancakes & Sausage
Chili Cheese Nachos
Spicy Kickin' Sandwich
Farm to School Apple Pears

BREAKFAST

Cinnamon Waffle
Pizza Bagel
Strawberry Yogurt Parfait

LUNCH

Chicken & Cheese Taquitos
w/Guacamole
Bean & Cheese Pupusa
w/Curtido
Chicken & Mashed Potato Bowl

BREAKFAST

House-Baked Cinnamon Roll
Egg, Cheese, & Sausage
Croissant Sandwich
Strawberry Yogurt Parfait
Smoothie Bowl

LUNCH

Beef Brisket w/Cornbread
PB&J Sandwich
Bacon Chicken Ranch Wrap

BREAKFAST

Pizza Stick
Pan Dulce Concha
Cinnamon Cereal Bar

LUNCH

Buffalo BBQ Chicken Sliders
Orange Chicken w/Rice
Chicken Alfredo

BREAKFAST

Cinnamon Crumb Cake
PB&J Sandwich
Egg, Cheese, & Turkey Sausage
Breakfast Burrito

LUNCH

Buffalo Wings & Biscuit
Beef Tacos
Protein Snack Box

BREAKFAST

Egg, Cheese, & Turkey Ham
Croissant Sandwich
House-Baked Cinnamon Roll
Strawberry Yogurt Parfait

LUNCH

Buffalo Chicken Mac & Cheese
Cheesy Breadsticks
w/Marinara
Hot Dog

BREAKFAST

Cinnamon Crumb Cake
Egg & Cheese Biscuit
Strawberry Yogurt Parfait

LUNCH

Birria & Cheese Pupusa
w/Curtido
Chili Cheese Nachos
Strawberry Yogurt Parfait
Farm to School Grapes

BREAKFAST

House-Baked Cinnamon Roll
Egg, Cheese, & Sausage
Croissant Sandwich
Strawberry Yogurt Parfait
Smoothie Bowl

LUNCH

Walking Taco
Chicken Stars w/Waffle
Teriyaki Meatballs w/Rice