

Marshall & Reid Menu

October 2026

Farm to School



ITEMS OF THE MONTH:

**WATERMELON,
APPLE PEARS, & GRAPES**

Key



House-Made



Vegetarian Entrees



Vegan Entrees

All fruits, fresh vegetables, & cereals are vegan.



Contains Pork



All grains are whole-grain rich
Except cinnamon roll



New Item

*MENUS ARE SUBJECT TO CHANGE
WITHOUT NOTICE.



Scan QR code
for more menu
information.



MON	TUE	WED	THU	FRI
OFFERED DAILY BREAKFAST: - Whole Grain Cereals - Yogurt with Granola - String Cheese 100% Fruit Juice - Low-Fat White Milk - Nonfat Chocolate Milk	OFFERED DAILY LUNCH: - Fruits & Vegetables - Salads - Sandwiches - Yogurt with Granola 100% Fruit Juice - Low-Fat White Milk - Nonfat Chocolate Milk	SPECIAL ITEM Only available 10/12 - 10/16 Strawberry Milk	BREAKFAST 1 Cinnamon Crumb Cake Yogurt with Granola LUNCH Chili Cheese Nachos Spicy Kickin' Sandwich <i>Farm to School Watermelon</i>	BREAKFAST 2 Cinnamon Waffle Strawberry Yogurt Parfait LUNCH Cheese Pizza Spicy Chicken Sandwich
BREAKFAST 5 Egg, Cheese, & Turkey Sausage Breakfast Burrito Yogurt with Granola LUNCH Boneless Wings w/Waffle Cheese Quesadilla	BREAKFAST 6 PB&J Sandwich Yogurt with Granola LUNCH Chicken Sliders Kickin' Tenders & Toast Sticks	BREAKFAST 7 House-Baked Cinnamon Roll Strawberry Yogurt Parfait LUNCH Cheeseburger Ciabatta & Cheese Sandwich <i>Farm to School Apple Pears</i>	BREAKFAST 8 Egg & Cheese Croissant Sandwich Yogurt with Granola LUNCH Spicy Chicken Sandwich Chili Cheese Nachos	BREAKFAST 9 Mini Maple Pancakes Strawberry Yogurt Parfait LUNCH Chicken Pozole Pepperoni Pizza
NATIONAL SCHOOL LUNCH WEEK OCTOBER 12-16				
BREAKFAST 12 Pizza Stick Yogurt with Granola LUNCH Bean & Cheese Pupusa Kung Pao Chicken w/Rice	BREAKFAST 13 Breakfast Bites Yogurt with Granola LUNCH Hamburger Macaroni & Cheese	BREAKFAST 14 Egg, Cheese, & Turkey Ham Croissant Sandwich Strawberry Yogurt Parfait LUNCH Teriyaki Meatballs w/Rice Pancakes & Sausage <i>Farm to School Grapes</i>	BREAKFAST 15 Cinnamon Crumb Cake Yogurt with Granola LUNCH Chicken Stars w/Waffle Chili Cheese Nachos	BREAKFAST 16 Chocolate Muffin Strawberry Yogurt Parfait LUNCH Cheese Pizza Chicken Tenders w/Biscuit
BREAKFAST 19 French Toast Sticks Yogurt with Granola LUNCH Boneless Chicken Wings w/Cornbread Birria & Cheese Pupusa	BREAKFAST 20 Pan Dulce Concha Yogurt with Granola LUNCH Chili Cheese Nachos Cheesy Pull-Aparts	BREAKFAST 21 House-Baked Cinnamon Roll Strawberry Yogurt Parfait LUNCH Teriyaki Chicken w/Rice Bean & Cheese Burrito <i>Farm to School Apple Pears</i>	BREAKFAST 22 Egg, Cheese, & Turkey Sausage Breakfast Burrito Yogurt with Granola LUNCH Mini Corn Dogs PB&J Sandwich	BREAKFAST 23 Blueberry Waffle Strawberry Yogurt Parfait LUNCH Spicy Chicken Sandwich Pepperoni Pizza
BREAKFAST 26 Egg & Cheese Tamale Yogurt with Granola LUNCH Bean Burrito Orange Chicken w/Rice	BREAKFAST 27 Bagel w/Cream Cheese Yogurt with Granola LUNCH BBQ Turkey Mac & Cheese Chicken Tamale	BREAKFAST 28 Egg, Cheese, & Turkey Ham Croissant Sandwich Strawberry Yogurt Parfait LUNCH Thai Sweet Chili Chicken w/Rice PB&J Sandwich	BREAKFAST 29 Cinnamon Crumb Cake Yogurt with Granola LUNCH Chili Cheese Nachos Spicy Kickin' Sandwich <i>Farm to School Grapes</i>	BREAKFAST 30 Cinnamon Waffle Strawberry Yogurt Parfait LUNCH Cheese Pizza Chicken Stars & Waffle