



MIDDLE SCHOOL LUNCH MENU

OCTOBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	For questions about allergens and ingredients, contact your cafeteria manager or district dietitian at 469-948-2012		World Vegetarian Day Black Bean Frito Bowl  Popcorn Chicken Salad Chicken Caesar Wrap 1	NEW Chicken Tamale Italian Salad  Chicken Caesar Wrap 2
SOUTHWEST CRUNCH BURGER Baja Salad  Turkey & Cheese Sub 5	Buffalo Chicken Salad Turkey & Cheese Sub 6	Popcorn Chicken Mashed Potato Bowl Turkey Chef Salad Turkey & Cheese Sub 7	SOUTHWEST CRUNCH BURGER Fruit & Cheese Plate  Turkey & Cheese Sub 8	No School 9
No School 12	NEW Chicken Drumstick with Cheesy Rice Fruit & Cheese Plate  Buffalo Chicken Wrap 13	NEW Funnel Cake with Sausage Links Chicken Nacho salad Buffalo Chicken Wrap 14	NEW Loaded Tater Tots with Chorizo and Salsa con Queso Egg Chef Salad  Buffalo Chicken Wrap 15	NEW BBQ Curly Fry Cheeseburger Italian Salad  Buffalo Chicken Wrap 16
Mac & Cheese  Garden Salad with Cheese  Ham & Cheese Sub  19	Chipotle Lime Chicken Burrito Spicy Popcorn Chicken Salad Ham & Cheese Sub  20	Spaghetti & Meatballs Mozzarella Flatbread Pizza  Ham & Cheese Sub  21	NEW Sausage, Egg & Cheese Flatbread Melt Turkey Chef Salad Ham & Cheese Sub  22	BBQ Chicken Baked Potato Chicken Caesar Salad Ham & Cheese Sub  23
Chicken Crispito with Cheese & Rice Fruit & Cheese Plate  Turkey & Cheese Croissant 26	Cheese Enchilada Casserole with Rice  Garden Salad with Cheese  Turkey & Cheese Croissant 27	Penne Alfredo with Chicken Mozzarella Flatbread Pizza  Turkey & Cheese Croissant 28	Orange Chili Popcorn Chicken & Rice Chicken Caesar Salad Turkey & Cheese Croissant 29	Cheese Pizza Sticks  Buffalo Chicken Salad Turkey & Cheese Croissant 30

NOTES

Offered Daily: Grill, Pizza , *Tortilla (select locations), SunButter & Jelly Sandwich , SunButter or Cheese Sandwich 

All meals offered with a choice of fruit, vegetables, and milk (1% white and skim chocolate)

 Denotes vegetarian item  Denotes pork item

***Menu subject to change**

