



BREAKFAST OCTOBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	For questions about allergens and ingredients, contact your cafeteria manager or district dietitian at 469-948-2012		Country Chicken Biscuit Dutch Waffle (V) Strawberry Parfait with Cinnamon Toast (V) 1	Sausage & Cheese Melt French Toast Sticks (V) Strawberry Parfait with Cinnamon Toast (V) 2
Pumpkin Spice Donut Holes (V) Turkey Pancake Wrap Bagel & Cream Cheese (V) 5	Sausage & Cheese Kolache Pumpkin Chocolate Chip Muffin (V) Bagel & Cream Cheese (V) 6	Egg & Cheese English Muffin (V) Waffle Bar (V) Bagel & Cream Cheese (V) 7	NEW Tex Mex Chorizo Frittata Caramel Mini Cinnis (V) Bagel & Cream Cheese (V) 8	No School 9
No School 12	Sausage Breakfast Pizza Chocolate Banana Muffin (V) Strawberry Yogurt & Goldfish Grahams (V) 13	Country Chicken Biscuit Waffle Bar (V) Strawberry Yogurt & Goldfish Grahams (V) 14	Egg & Bacon English Muffin Chocolate Crescent (V) Strawberry Yogurt & Goldfish Grahams (V) 15	Sausage Kolache Glazed Cinnamon Roll (V) Strawberry Yogurt & Goldfish Grahams (V) 16
Powdered Sugar Donut (V) Ham & Cheese English Muffin (P) Strawberry Parfait with Cinnamon Toast (V) 19	Egg & Cheese Bagel (V) Glazed Cinnamon Roll (V) Strawberry Parfait with Cinnamon Toast (V) 20	Sausage & Cheese Slider Waffle Bar (V) Strawberry Parfait with Cinnamon Toast (V) 21	Sausage Breakfast Pizza Banana Baked French Toast (V) Strawberry Parfait with Cinnamon Toast (V) 22	Biscuit & Bacon Vanilla Confetti Snack'n Waffle (V) Strawberry Parfait with Cinnamon Toast (V) 23
National Pumpkin Day Pumpkin Spice Glazed Donut (V) Turkey Pancake Wrap Bagel & Cream Cheese (V) 26	Egg & Cheese Melt (V) Pumpkin Chocolate Chip Muffin (V) Bagel & Cream Cheese (V) 27	Country Chicken Biscuit Waffle Bar (V) Bagel & Cream Cheese (V) 28	Sausage, Egg & Cheese Breakfast Tacos French Toast Sticks (V) Bagel & Cream Cheese (V) 29	Bacon & Cheese Egg Bites with Potato Smiles (P) Wild Blueberry Snack'n Waffle (V) Bagel & Cream Cheese (V) 30

NOTES

Offered Daily: Cereal, Cheese, Toast (V)

All meals offered with a choice of fruit and milk (1% white and skim chocolate)

(V) Denotes vegetarian item (P) Denotes pork item

Bolded items indicate high-protein breakfast option

***Menu subject to change**

