

October 2026

Offered Daily: Assorted Cereal, Cheese, Toast
All meals offered with a choice of fruit and milk
(1% white and skim chocolate)

🌱 Denotes made without meat item 🐷 Denotes pork item
Bolded items indicate high-protein breakfast option

BREAKFAST MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



For questions about
allergens and
ingredients, contact
your cafeteria
manager or district
dietitian at 469-948-
2012



5

Donut Day
Pumpkin Spice
Donut Holes 🌱

Turkey Pancake Wrap

Vanilla Yogurt & Goldfish
Grahams 🌱

**Sausage & Cheese
Kolache**

Pumpkin Chocolate Chip
Muffin 🌱

Vanilla Yogurt & Goldfish
Grahams 🌱



7

waffle wednesday
**Egg & Cheese English
Muffin** 🌱

Eggoji Waffles 🌱

Vanilla Yogurt & Goldfish
Grahams 🌱

Sausage Biscuit

Caramel Mini Cinnis 🌱

Vanilla Yogurt & Goldfish
Grahams 🌱

No School

12

No School

13

Sausage Breakfast Pizza

NEW Chocolate
Banana Muffin 🌱

Strawberry Yogurt &
Goldfish Grahams 🌱



14

Donut Day
Glazed Donut 🌱

Country Chicken Biscuit

Strawberry Yogurt &
Goldfish Grahams 🌱

**Egg & Bacon
English Muffin**

Chocolate Crescent 🌱

Strawberry Yogurt &
Goldfish Grahams 🌱



16

Glazed Cinnamon Roll 🌱

Sausage Kolache

Strawberry Yogurt &
Goldfish Grahams 🌱



19

Donut Day
Powdered Sugar Donut 🌱

**Ham & Cheese English
Muffin** 🐷

Strawberry Parfait &
Cinnamon Toast 🌱



20

Glazed Cinnamon Roll 🌱

Egg & Cheese Bagel 🌱

Strawberry Parfait &
Cinnamon Toast 🌱

Sausage & Cheese Melt

Pancakes 🌱

Strawberry Parfait &
Cinnamon Toast 🌱

Sausage Breakfast Pizza

Banana French Toast Bake 🌱

Strawberry Parfait &
Cinnamon Toast 🌱

Biscuit with Bacon

Vanilla Confetti Snack'n
Waffle 🌱

Strawberry Parfait &
Cinnamon Toast 🌱

**National
Pumpkin Day** 26

Pumpkin Spice
Glazed Donut 🌱

Turkey Pancake Wrap

Vanilla Yogurt & Goldfish
Grahams 🌱



28

waffle wednesday

Country Chicken Biscuit

Eggoji Waffles 🌱

Vanilla Yogurt & Goldfish
Grahams 🌱

NEW **Tex Mex
Chorizo Frittata**

French Toast Sticks 🌱

Vanilla Yogurt & Goldfish
Grahams 🌱

**Bacon & Cheese Egg
Bites with Potato Smiles** 🐷

Wild Blueberry Snack'n
Waffle 🌱

Vanilla Yogurt & Goldfish
Grahams 🌱