

OCTOBER
2026

BESD #33 Preschool

Breakfast

Health Pro 

MON TUE WED THU FRI

ANNOUNCEMENTS

AVAILABLE EVERYDAY AT
BREAKFAST:

Fat free white milk*12
1%White milk*12
Fresh or Cup fruit*~6-26.95

Menu is subject to change.

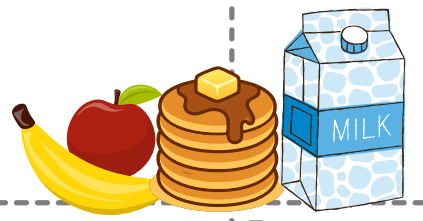
(*)Denotes carb counts.

Families may submit
payments
@ ezschoolpay.com
or in person at their
student's school.

USDA
IS AN EQUAL
OPPORTUNITY
PROVIDER, EMPLOYER
AND LENDER

USDA is an equal opportunity provider, employer, and lender.

Fall Break !!



5
Strawberry
Yogurt*12
W/Graham
Crackers*17
Fresh Fruit

6
Whole Grain
Mini Strawberry
Bagel*42
Cup Fruit

7
W/G Banana
Mini Loaf*35.5
W/String Cheese*2
Fresh Fruit

1
Breakfast
Quesadilla*19
Cup Fruit

8
Egg Breakfast
Sandwich*25
Cup Fruit

2
Whole Grain
Pancakes*30
Fresh Fruit

9
Whole Grain
Cinnamon Bun*36.5
Fruit



19
Cereal
(Kix)*14
W/Graham
Crackers*17
Fresh Fruit

20
Turkey & Cheese
Quesadilla*19.17
Cup Fruit

21
Waffles
(Blueberry)*39
Fresh Fruit

22
Bacon & Egg
Breakfast
Taco*19
Cup Fruit

23
W/G Mini Cinnamon
Bagel*41
Fresh Fruit



26
Pancake
On Stick*16
Fresh Fruit

27
Whole Grain
Bagel*28
W/Cream
Cheese*1.32
Cup Fruit

28
Bread Breakfast
(Carrot)*45
Fresh Fruit



29
Scrambled Eggs
& Bacon*1
W/English
Muffin*12
Cup Fruit

30
Whole Grain
Mini Pancakes
(Maple)*35
Fresh Fruit

