

LUNCHPAD



MS Lunch October 2026

Menu is subject to change

Start your day with a healthy breakfast!

- Every Breakfast includes one serving of fruit juice and the option to also have a fruit.
- All bread/grain items are 50% whole grain!
- Fat-Free Chocolate and Low-Fat White Milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hispanic Heritage Month: In celebration of HHM we are featuring two chef inspired recipes- Arroz Con Pollo & Sopita w/ Diced Chicken! October 15: LTO- Southwest Crunch Burger! Samples on Tuesday			1 -Arroz Con Pollo -Popcorn Chicken Salad with a Breadstick -----Side Items----- Crinkle Cut Fries, Variety of Fresh Fruits, Vegetables, & Juice	2 -Tater Tot Beef Nachos w/ Breadstick -Italian Ham Salad w/ Breadstick -----Side Items----- Crinkle Cut Fries, Variety of Fresh Fruits, Vegetables, & Juice
5 -Buffalo Cheese Pizza Sticks -Turkey Cheese Sub -----Side Items----- Crinkle Cut Fries, Variety of Fresh Fruits, Vegetables, & Juice	6 -BBQ Riblet Sandwich -MYO Flatbread Pizza -----Side Items----- Crinkle Cut Fries, Variety of Fresh Fruits, Vegetables, & Juice		8 -Sopita w/ Diced Chicken -Turkey Bologna & Cheese -----Side Items----- Crinkle Cut Fries, Variety of Fresh Fruits, Vegetables, & Juice	9 NO SCHOOL
12 Beef Soft Tacos -Popcorn Chicken Salad w/ Dinner Roll -----Side Items----- Crinkle Cut Fries, Variety of Fresh Fruits, Vegetables, & Juice	13 -BBQ Riblet Sandwich -Apple Yogurt Cheese Plate w/ Dinner Roll -----Side Items----- Crinkle Cut Fries, Variety of Fresh Fruits, Vegetables, & Juice	14 -Wing Wednesday! -Turkey Cheese Sandwich -----Side Items----- Kickin' Pinto Beans, Variety of Fresh Fruits, Vegetables, & Juice	15 -Southwest Crunch Burger -MYO Pizza Bagels -----Side Items----- Crinkle Cut Fries, Variety of Fresh Fruits, Vegetables, & Juice	16 Cook's Choice
National School Lunch Week!: Eat Lunch Everyday for a chance to win a Family Game Night Basket				
19 -Chili Orange Glazed Popcorn Chicken w/ Rice -MYO Flatbread Pizza -----Side Items----- Crinkle Cut Fries, Variety of Fresh Fruits, Vegetables, & Juice	20 -Cheesy Lasagna Roll Up w/ Breadstick -Turkey Bologna & Cheese Sandwich -----Side Items----- Crinkle Cut Fries, Variety of Fresh Fruits, Vegetables, & Juice	21 -Wing Wednesday! -Pretzel, Yogurt, Cheese Pack -----Side Items----- Kickin' Pinto Beans, Variety of Fresh Fruits, Vegetables, & Juice	22 -Waffles and Sausage Links -Cheese Salad w/ Breadstick -----Side Items----- Crinkle Cut Fries, Variety of Fresh Fruits, Vegetables, & Juice	23 NO SCHOOL
26 -Walking Taco -Cheese Salad w/ Breadstick -----Side Items----- Crinkle Cut Fries, Variety of Fresh Fruits, Vegetables, & Juice	27 -Buzzer Beater Basket -Pretzel, Yogurt, Cheese Pack -----Side Items----- Crinkle Cut Fries, Variety of Fresh Fruits, Vegetables, & Juice	28 -Wing Wednesday! -Popcorn Chicken Salad w/ Breadstick -----Side Items----- Kickin' Pinto Beans, Variety of Fresh Fruits, Vegetables, & Juice	29 -Mojo Chicken Bowl -MYO Pizza Bagels -----Side Items----- Crinkle Cut Fries, Variety of Fresh Fruits, Vegetables, & Juice	30 Cook's Choice