

Jacinto Breakfast October 2026

Complete your meal with Healthy Choices!

- Remember you must take a fruit, vegetable, or juice to complete your meal.
- All bread/grain items are 50% whole grain!
- Low-Fat White Milk

Menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
October 12th: Celebrating National Pumpkin Day! October 12-16th: Eat Breakfast everyday for a chance to win an Ace & Friends Ruler!			Entrée: Honey Cheerios And String Cheese ¹ Fruit: Fruit Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton or Fat Free Chocolate	Entrée: Tiger Grahams (1oz Equiv. of Grain) String Cheese (1oz equiv. of MMA) ² Fruit: Orange Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton or Fat Free Chocolate
⁵ Entrée: Strawberry Crunch Mini Bagel (2oz equiv. of grain) Fruit: Orange Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton or Fat Free Chocolate	⁶ Entrée: Cocoa Puffs and String Cheese Fruit: Fruit juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton or Fat Free Chocolate	⁷ Entrée: Cinni Minis (2oz equiv. of grain) Fruit: Orange Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton or Fat Free Chocolate	⁸ Entrée: Maple Mini Waffles (2oz equiv. of grain) Fruit: Fruit Juice 1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton or Fat Free Chocolate	⁹ NO SCHOOL
¹² Entrée: Pumpkin Bread (2oz equiv. of grain) Fruit: Orange Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton or Fat Free Chocolate 	¹³ Entrée: Honey Cheerios And String Cheese Fruit: Fruit Juice(1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton or Fat Free Chocolate 	¹⁴ Entrée: Powdered Sugar Donut (2oz equiv. of grain) Fruit: Orange Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton or Fat Free Chocolate 	¹⁵ Entrée: Honey Cheerios And String Cheese Fruit: Fruit Juice(1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton or Fat Free Chocolate 	¹⁶ Cook's Choice 
¹⁹ Entrée: Banana Chocolate Benefit Bar (2oz equiv. of grain) Fruit: Orange Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton or Fat Free Chocolate	²⁰ Entrée: Blueberry Chex And String Cheese Fruit: Fruit Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton or Fat Free Chocolate	²¹ Entrée: Animal Crackers (1oz equiv. of grain) & Vanilla Yogurt (1oz equiv. of MMA) Fruit: Orange Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton or Fat Free Chocolate	²² Entrée: Blueberry Chex And String Cheese Fruit: Fruit Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton or Fat Free Chocolate	²³ NO SCHOOL
²⁶ Entrée: Banana Bread (2oz equiv. of grain) Fruit: Orange Juice 1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton or Fat Free Chocolate	²⁷ Entrée: Honey Cheerios (And String Cheese) Fruit: Fruit Juice(1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton or Fat Free Chocolate	²⁸ Entrée: Oatmeal Chocolate Chip Benefit Bar (2oz Equiv. of Grain) Fruit: Orange Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton or Fat Free Chocolate	²⁹ Entrée: Honey Cheerios And String Cheese Fruit: Fruit Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton or Fat Free Chocolate	³⁰ Cook's Choice