

Pre-K -Lunch October 2026

Complete your meal with Healthy Choices!
 -Remember you must take a fruit, vegetable, or juice to complete your meal.
 -All bread/grain items are 50% whole grain!
 -Low-Fat White Milk

Menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
October 12-16 th : National School Lunch Week!			1 Entrée: Cheese Quesadilla (2oz eq of grain and 2oz eq. of MMA) Fruit: ½ cup equiv: Banana Vegetable: ¼ cup equiv. Kickin Pinto beans Milk: 8oz/ 1carton of 1% White Milk	2 Entrée: Cheese Pizza Pepperoni Pizza (2oz equiv. of MMA & 2oz equiv of Grain) Fruit: ½ cup equiv: Oranges Vegetable: ¼ cup equiv. steamed corn Milk: 8oz/ 1carton of 1% White Milk
5 Entrée: Cheese pizza Sticks and Marinara (2oz equiv. of grain and 2oz equiv. of MMA) Fruit: ½ cup equiv. Diced Pears Vegetable: 1/4 cup equiv of Crinkle Cut Fries Milk: 8oz/1 carton of 1% White milk	6 Entrée: Beef Nachos (1.5 equiv. of MMA & 2oz equiv. of grain) Fruit: ½ cup equiv. Oranges Vegetable: 1/4 cup equiv. Seasoned Refried Beans Milk: 8oz/1 carton of 1% White milk	7 Entrée: Popcorn Chicken Potato Bowl (2oz equiv. MMA & .75oz Equiv. of grain) Fruit: ½ cup equiv. Applesauce Vegetable: ¼ cup equiv. Peas & Carrots Blend Milk: 8oz/ 1carton of 1% White Milk	8 Entrée: Chicken Nuggets (2oz equiv. of MMA and 1oz equiv. of grain) Fruit: ½ cup equiv. Banana Vegetable: ¼ cup equiv. Tator Tots Milk: 8oz/ 1carton of 1% White Milk	9 NO SCHOOL
12 Entrée: Beef Soft Tacos (2oz equiv. of MMA & 2oz equiv. of grain) Fruit: ½ cup equiv. Diced Pears Vegetable: 1/4 cup equiv of Campfire Beans Milk: 8oz/1 carton of 1% White milk	13 Entrée: Corndog (2oz equiv. of MMA & 2oz equiv. of Grain) Fruit: ½ cup equiv. Fruit Cocktail Vegetable: 1/4 cup equiv. Tator Tots Milk: 8oz/1 carton of 1% White milk	14 Entrée: Chicken Patty Sandwich (2oz MMA & 3oz equiv. of grain) Fruit: ½ cup equiv: Applesauce Vegetable: ¼ cup equiv. Fresh Broccoli Milk: 8oz/ 1carton of 1% White Milk	15 Entrée: Hotdog (2oz equiv. of MMA & 2oz equiv. of grain) Fruit: ½ cup equiv: Banana Vegetable: ¼ cup equiv. Spiral Seasoned Fries Milk: 8oz/ 1carton of 1% White Milk	16 Cook's Choice
National School Lunch Week!: Eat Lunch Everyday for a chance to win a Family Game Night Basket				
19 Entrée: Orange Glazed Popcorn Chicken (2oz equiv. of MMA & 1oz equiv of grain.) Fruit: ½ cup equiv. of Diced Pears Vegetable: 1/4 cup Butter Steamed Broccoli Milk: 8oz/1 carton of 1% White milk	20 Entrée: Max Snax Pizza Wedges (2oz equiv. of MMA & 2oz equiv of Grain) Fruit: ½ cup equiv. Fruit Cocktail Vegetable: 1/4 cup equiv. Vegetarian Baked Beans Milk: 8oz/1 carton of 1% White milk	21 Entrée: Cheesy Lasagna Roll Up (2oz equiv of MMA & 1oz equiv of grain) Fruit: ½ cup equiv: Applesauce Vegetable: ¼ cup equiv. Parmesan Garlic Green Beans Milk: 8oz/ 1carton of 1% White Milk	22 Entrée: Waffles(2oz equiv of Grain) & Cheese Omelet (2oz equiv of MMA) Fruit: ½ cup equiv: Banana Vegetable: ¼ cup equiv. Ruby Rush Juice Milk: 8oz/ 1carton of 1% White Milk	23 NO SCHOOL
26 Entrée: Chicken Nuggets (2oz equiv of MMA and 1oz equiv. of grain) Fruit: ½ cup equiv. Diced Pears Vegetable: 1/4 cup Crinkle Cut Fries Milk: 8oz/1 carton of 1% White milk	27 Entrée: Grilled Cheese (2oz equiv. of MMA & 2oz equiv. of Grain) Fruit: ½ cup equiv. Fruit Cocktail Vegetable: 1/4 cup equiv. Steamed Peas & Carrots Milk: 8oz/1 carton of 1% White milk	28 Entrée: Walking Taco (2oz equiv. of MMA & 1.5oz equiv. of grain) Fruit: ½ cup equiv: Applesauce Vegetable: ¼ cup equiv. Kickin Pinto Beans Milk: 8oz/ 1carton of 1% White Milk	29 Entrée: Hamburger or Cheeseburger (2oz equiv. of MMA & 2oz equiv. of MMA) Fruit: ½ cup equiv: Banana Vegetable: ¼ cup equiv. Buttered Vegetable Blend Milk: 8oz/ 1carton of 1% White Milk	30 Cook's Choice