

Pre-K Breakfast

October 2026

Complete your meal with Healthy Choices!

- Remember you must take a fruit, vegetable, or juice to complete your meal.
- All bread/grain items are 50% whole grain!
- Low-Fat White Milk

Menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
October 12th: Celebrating National Pumpkin Day! October 12-16th: Eat Breakfast everyday for a chance to win an Ace & Friends Ruler!			1 Entrée: Honey Cheerios (1oz equiv. of grain) Fruit: Fruit Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton	2 Entrée: Tiger Grahams (1oz Equiv. of Grain) String Cheese (1oz equiv. of MMA) Fruit: Orange Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton
5 Entrée: Strawberry Crunch Mini Bagel (2oz equiv. of grain) Fruit: Orange Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton	6 Entrée: Cocoa Puffs (2oz equiv. of grain) Fruit: Fruit juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton	7 Entrée: Cinni Minis (2oz equiv. of grain) Fruit: Orange Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton	8 Entrée: Maple Mini Waffles (2oz equiv. of grain) Fruit: Fruit Juice 1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton	9 NO SCHOOL
12 Entrée: Pumpkin Bread (2oz equiv. of grain)  Fruit: Orange Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton 	13 Entrée: Honey Cheerios (1oz equiv. of grain)  Fruit: Fruit Juice(1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton	14 Entrée: Powdered Sugar Donut (2oz equiv. of grain)  Fruit: Orange Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton	15 Entrée: Honey Cheerios (1oz equiv. of grain)  Fruit: Fruit Juice(1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton	16 Cook's Choice 
19 Entrée: Banana Chocolate Benefit Bar (2oz equiv. of grain) Fruit: Orange Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton	20 Entrée: Blueberry Chex (1oz equiv. of grain) Fruit: Fruit Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton	21 Entrée: Animal Crackers (1oz equiv. of grain) & Vanilla Yogurt (1oz equiv. of MMA) Fruit: Orange Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton	22 Entrée: Blueberry Chex (1oz equiv. of grain) Fruit: Fruit Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton	23 NO SCHOOL
26 Entrée: Banana Bread (2oz equiv. of grain) Fruit: Orange Juice 1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton	27 Entrée: Honey Cheerios (1oz equiv. of grain) Fruit: Fruit Juice(1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton	28 Entrée: Oatmeal Chocolate Chip Benefit Bar (2oz Equiv. of Grain) Fruit: Orange Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton	29 Entrée: Honey Cheerios (1oz equiv. of grain) Fruit: Fruit Juice (1/2 cup equiv.) Milk: 1% White Milk- 8oz/1 carton	30 Cook's Choice