October

Elementary Lunch

- Yogurt & Graham Crackers Offered Daily (Entrée Alternative)
- Fruit Variety Served Daily
- 1% white milk or Non-fat Chocolate milk offered daily

Cafeteria Circus

"Where school meals take center stage."

1 Nachos
Romaine Salad
Corn
Ranch Dressing
Salsa

2 Mac & Cheese
Romaine Salad
Grape Tomatoes
Ranch Dressing

5 Chicken Sandwich
Carrot Sticks
Ranch Dressing

6 Teriyaki Beef Dippers w/Rice
Cucumber Slices
Ranch Dressing

7 Breaded Chicken Drums w/Cornbread
Fresh Broccoli
Potato Wedges
Ranch Dressing
Catsup

8 Hot Dogs
Chili Beans
Romaine Salad
Ranch Dressing
Catsup
Mustard

9 Creamy Alfredo Penne w/Breadstick
Cucumber
Grape Tomatoes
Ranch Dressing

13 The Amazing! Teriyaki Chicken w/Rice!
Romaine Salad
Strong-Man Broccoli
Ranch Dressing

14 Trapeze Chicken Tenders & *Balance Beam* Waffles
Romaine Salad
Juggling Corn Kernels
Ranch Dressing

15 Lion Tamer Pasta Bake w/Meat Sauce
Romaine Salad
Carrot Sticks
Ranch Dressing

16 Ring Master Detroit Style Pizza
Romaine Salad
Grape Tomatoes
High-Dive Ranch Dressing

National School Lunch Week: October 12 - 16

19 Fish Sticks w/Garlic Bread Stick
Romaine Salad
Carrot Sticks
Ranch Dressing
Catsup

20 Tempura Nuggets w/Texas Toast
Romaine Salad
BBQ Beans
Ranch Dressing
Catsup

21 Orange Chicken w/Chow Mein
Romaine Salad
Broccoli
Ranch Dressing

22 Nachos
Romaine Salad
Corn
Ranch Dressing
Salsa

23 Creamy Alfredo Penne w/Breadstick
Romaine Salad
Grape Tomatoes
Ranch Dressing

26 Red Chicken Tamale w/Refried Beans
Carrot Sticks
Ranch Dressing

27 Teriyaki Beef Dippers w/Rice
Cucumber Slices
Ranch Dressing

28 Breaded Chicken Drums w/Cornbread
Fresh Broccoli
Potato Wedges
Ranch Dressing
Catsup

29 Hot Dogs
Chili Beans
Romaine Salad
Ranch Dressing
Catsup
Mustard

30 Mac & Cheese w/Breadstick
Cucumber
Grape Tomatoes
Ranch Dressing

This Institution is an Equal Opportunity Provider.