

What's on the Menu?

BCS Lunch Menu October 19th, 2026

Station	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
	Baked Potato Bar Baked Potato with choice of Cheese, Bacon, Broccoli, Green Onions, Jalapenos, & Sour Cream. Served with a Dinner Roll.	Sweet & Sour Chicken Bowl Crunchy Popcorn Chicken with Sticky Rice and Oranges, topped with Sweet & Sour Sauce. Served with Chicken Egg Roll	Brunch for Lunch Whole Grain Cinnamon French Toast, Scrambled Eggs with Cheddar Cheese and Baked Tater Tots	Build Your Burger Beef or Vegetarian Black Bean Burger, American, Provolone or Pepperjack Cheese Sautéed Onions Peppers Lettuce & Tomato Baked Fries	Build Your Own Nachos Tortilla Chips with Your Choice of Chicken, Beef, or Beans with Steamed Corn, Shredded Cheddar Cheese, Roasted Tomato Salsa and Fresh Veggie Toppings
	Available Daily: Crispy Chicken Sandwich or Spicy Chicken Sandwich				
	Cheeseburger or Vegetarian Black Bean Burger Served with Baked Spiral Fries	Glazed Chicken Wings Served With Crinkle Fries and a Chocolate Chip Cookie	Buffalo Chicken Calzone Served with Baked Spiral Fries	Glazed Chicken Wings Served With Crinkle Fries and a Chocolate Chip Cookie	Baked Cheesy Pizza Bites Served with Baked Tater Tots
	Available Daily: Whole Grain Bosco Sticks with Dipping Sauce				
	Available Daily: Yogurt Parfait with Homemade Granola Grape Cup with Cheese Cubes & Crackers Hummus with Fresh Vegetables				
 <i>Fruit & Vegetable Bar Included with all meals</i>	Tomatoes Power Peas Cinnamon Bananas Assorted Fresh Fruit & Vegetables	Orange Wedges Cucumber Coins Mandarin Oranges Assorted Fresh Fruit & Vegetables	Broccoli Florets Caesar Salad Chilled Peaches Assorted Fresh Fruit & Vegetables	Celery Sticks Purple Cauliflower Pineapple Tidbits Assorted Fresh Fruit & Vegetables	Rainbow Carrots Black Beans Sliced Strawberries Assorted Fresh Fruit & Vegetables

A student must select a 1/2 cup serving of fruit or vegetable to make a complete meal or a la carte pricing will be applied.