

What's on the Menu?

GSRP

October Lunch Menu 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Crispy Chicken Sandwich with Fresh Roasted Brussel Sprouts	2 Crispito Day!! Chicken and Cheese Whole Grain Crisritos With Refried Beans with Cheese
5#BrunchforLunch Chicken & Waffles with Special Emoji Shaped, Whole Grain Waffles with Emoji Baked Fries	6 Whole Grain Breaded Pizza Crunchers with Marinara and Cheese With Steamed Peas	7  Smart Slice Cheese Pizza or Smart Slice Pepperoni Pizza	8 Baked, Whole Grain Chicken Tenders With Dipping Sauce with Tater Tots	9 Grilled Cheese with Steamed Broccoli
12#BrunchforLunch Whole Grain Maple Pancakes & Turkey Sausage Patty with Baked Tater Tots	13 Build Your Own Pizza Pita, Marinara, Mozzarella, & Pepperoni Fun Lunch	14  Smart Slice Cheese Pizza or Smart Slice Pepperoni Pizza	15 Cheesy Garlic French Bread Pizza Seasoned Green Beans	16 Fish & Chip Friday Whole Grain Baked Fish Sticks with Baked Tater Tots
19#BrunchforLunch Whole Grain Waffle & Cheddar Cheese Omelet with Baked Tater Tots	20 Flamebroiled Cheeseburger or Morningstar Veggie Burger with Romaine & Tomato Slices with Steamed Carrots	21  Smart Slice Cheese Pizza or Smart Slice Pepperoni Pizza	22 Oven Baked Cheese Stuffed Breadsticks Served With Steamed Broccoli	23 #FiestaFriday Walking Taco or Nachos With Baked Tortilla Chips, Ground Beef or Beans, Cheddar Cheese, Romaine, and Tomatoes with Steamed Corn
26#BrunchforLunch Whole Grain Cinnamon French Toast & "Raspberry Rainbow" Yogurt With Baked Hashbrown Patty	27 Crispy Baked Chicken Nuggets with Steamed Carrots	28  Smart Slice Cheese Pizza or Smart Slice Pepperoni Pizza	29 Crispy Chicken Sandwich with Fresh Roasted Brussel Sprouts	30 ½ DAY!!

All lunch Choices include ALL fruits & vegetables offered on regular menu and our Fruit & Vegetable Bar

This Institution is an equal opportunity provider.

Serving up happy & healthy

What's on the Menu?

Daily Fruit & Vegetable Bar

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cucumber Coins Celery Sticks Assorted Fresh Fruit & Veggies	2 Strawberries Snap Peas Assorted Fresh Fruit & Veggies
5 Orange Wedges Cucumber Coins Assorted Fresh Fruit & Veggies	6 Blueberries Cauliflower Florets Assorted Fresh Fruit & Veggies	7 Applesauce Celery Sticks Assorted Fresh Fruit & Veggies	8 Strawberries Cucumber Coins Assorted Fresh Fruit & Veggies	9 Roasted Chickpeas Bell Pepper Strips Assorted Fresh Fruit & Veggies
12 Broccoli Florets Sliced Pears in 100% Juice Assorted Fresh Fruit & Veggies	13 Cucumber Coins Mandarin Oranges Assorted Fresh Fruit & Veggies	14 Cauliflower Florets Applesauce Assorted Fresh Fruit & Veggies	15 Cucumber Coins Celery Sticks Assorted Fresh Fruit & Veggies	16 Strawberries Snap Peas Assorted Fresh Fruit & Veggies
19 Orange Wedges Cucumber Coins Assorted Fresh Fruit & Veggies	20 Blueberries Cauliflower Florets Assorted Fresh Fruit & Veggies	21 Applesauce Celery Sticks Assorted Fresh Fruit & Veggies	22 Strawberries Cucumber Coins Assorted Fresh Fruit & Veggies	23 Roasted Chickpeas Bell Pepper Strips Assorted Fresh Fruit & Veggies
26 Broccoli Florets Sliced Pears in 100% Juice Assorted Fresh Fruit & Veggies	27 Cucumber Coins Mandarin Oranges Assorted Fresh Fruit & Veggies	28 Cauliflower Florets Applesauce Assorted Fresh Fruit & Veggies	29 Cucumber Coins Celery Sticks Assorted Fresh Fruit & Veggies	

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