

What's on the Menu?

High School Lunch Menu October 19th, 2026

Station	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
AMERICAN CLASSIC	Pierogies Potato & Cheese Pierogies, Italian Sausage, Sauerkraut, Applesauce	Philly Steak Bowl Build your own Bowl with Rice, topped with Steak, Sautéed Onions, Mushrooms, Peppers, and Melted Cheese	Brunch for Lunch Whole Grain French Toast Sticks, Scrambled Eggs with Cheddar Cheese and Baked Tater Tots	Build Your Own Burger Beef or Vegetarian Black Bean Burger, American, Provolone or Pepperjack Cheese Sautéed Onion Peppers Lettuce & Tomato Parmesan Fries	Fish Fry Friday Whole Grain Baked Pollock with Cheddar Served with Baked Curly Fries and Homemade Apple Crisp Treat
grilled EXPRESS	Available Daily: Spicy or Crispy Chicken Sandwich				
	Nashville Hot Chicken Sandwich Served with Baked Crinkle Fries	Bacon Cheeseburger or Vegetarian Black Bean Burger Baked Crinkle Fries	Oven Baked Whole Grain Crisпитos Served with Baked Curly Fries	Chicken Tenders or Plant Based Chick'n Nuggets Served with Baked Fries	Baked Cheesy Pizza Bites Served with Baked Tater Tots
	Available Daily: Whole Grain Bosco Sticks with Dipping Sauce				
SO DELI	Available Daily: Made to Order Sandwiches & Salads Pick your GRAIN: Specialty, Homemade Breads, Pretzel Roll, Tortilla Wraps or Lettuce Wrap Pick your PROTEIN: Freshly sliced turkey, ham, roast beef, salami, hummus, cheddar cheese, pepper jack cheese, provolone cheese, feta Pick your VEGGIES: Fresh chopped romaine and spinach, sliced tomatoes, sliced onions, pickles, assorted peppers, sliced cucumbers, shredded carrots, and more depending on availability				
create	Street Tacos Fajita Chicken or Beef, Seasoned Black Beans, Corn, Roasted Peppers & Onions, Queso Cheese, & Guacamole	Chicken and Vegetable Dumplings With Asian rice, Orange sauce, scallions, toasted sesame seeds	Nachos or Burrito Bowl Fajita Chicken or Beef, Seasoned Black Beans, Corn, Roasted Peppers & Onions, Queso Cheese, & Guacamole	Chicken Tikka Masala Yellow Basmati Rice, Aromatic Green Beans & Potatoes with Chicken Tikka Masala	Sweet & Sour Chicken Sweet and Sour Chicken, Egg Fried Rice, Sautéed Vegetables, Crunchy Asian Topping & Chicken Egg Roll
ON THE GO	Available Daily: Yogurt Parfait with Homemade Granola Assorted Fresh Fruit Smoothies				
	Hummus & Veggie Platter with Pita	Antipasto Salad with Ham and Salami	Hummus & Veggie Platter with Pita	Antipasto Salad with Ham and Salami	Hummus & Veggie Platter with Pita
wild greens <i>Fruit & Vegetable Bar Included with all meals</i>	Tomatoes Power Peas Cinnamon Bananas Fruit & Vegetables	Orange Wedges Cucumber Coins Clementine Assorted Fresh Fruit & Vegetables	Broccoli Florets Caesar Salad Chilled Peaches Assorted Fresh Fruit & Vegetables	Celery Sticks Purple Cauliflower Pineapple Tidbits Assorted Fresh Fruit & Vegetables	Rainbow Carrots Black Beans Sliced Strawberries Assorted Fresh Fruit & Vegetables

A student must select a 1/2 cup serving of fruit or vegetable to make a complete meal or a la carte pricing will be applied.