

What's on the Menu?

High School Lunch Menu October 12th, 2026

Station	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
	Chicken & Waffles Whole Grain Waffles with Crispy Boneless Chicken Breast. Served with Curly Fries.	½ Day! No Lunch	Backyard BBQ BBQ Chicken Drum Stick with Side of Creamy Mac & Cheese. Served with Corn on the Cob and Baked Curly Fries	Pepperoni Pasta Bake Homemade Pasta Bake with Mozzarella Cheese, Ground Beef, Pepperoni, Marinara Sauce and Italian Seasoning. With Dinner Roll	Spaghetti & Meatballs Whole Grain Spaghetti Noodles, Meatballs, Shaved Parmesan, with Garlic Breadstick & Fresh Steamed Green Beans
	Available Daily: Spicy or Crispy Chicken Sandwich				
	Cheeseburger or Vegetarian Black Bean Burger Served with Baked Curly Fries		Chicken Drumstick with Pretzel Rod Served with Baked Curly Fries	Chicken Tenders or Plant Based Chick'n Nuggets Served with Baked Crinkle Fries	Buffalo Chicken Stuffed Sandwich with Baked Tater Tots
	Available Daily: Whole Grain Bosco Sticks with Dipping Sauce  Domino's Smart Slice Cheese or Pepperoni Pizza				
	Available Daily: Made to Order Sandwiches & Salads Pick your GRAIN: Specialty, Homemade Breads, Pretzel Roll, Tortilla Wraps or Lettuce Wrap Pick your PROTEIN: Freshly sliced turkey, ham, roast beef, salami, hummus, cheddar cheese, pepper jack cheese, provolone cheese, feta Pick your VEGGIES: Fresh chopped romaine and spinach, sliced tomatoes, sliced onions, pickles, assorted peppers, sliced cucumbers, shredded carrots, and more depending on availability				
	Street Tacos Fajita Chicken or Beef, Seasoned Black Beans, Corn, Roasted Peppers & Onions, Queso Cheese, & Guacamole		Nachos or Burrito Bowl Fajita Chicken or Beef, Seasoned Black Beans, Corn, Roasted Peppers & Onions, Queso Cheese, & Guacamole	Chicken Tikka Masala Yellow Basmati Rice, Aromatic Green Beans & Potatoes with Chicken Tikka Masala	Sweet & Sour Chicken Sweet and Sour Chicken, Egg Fried Rice, Sautéed Vegetables, Crunchy Asian Topping & Chicken Egg Roll
	Available Daily: Yogurt Parfait with Homemade Granola Assorted Fresh Fruit Smoothies				
	Chicken Caesar Salad with Homemade Croutons		Chicken Caesar Salad with Homemade Croutons	Chicken Greek Salad with Homemade Greek Dressing	Chicken Caesar Salad with Homemade Croutons
 <u>Fruit & Vegetable Bar</u> <u>Included with all meals</u>	Rainbow Carrots Black Beans Clementine Assorted Fresh Fruit & Vegetables		Grape Tomatoes Red Seedless Grapes Power Peas Assorted Fresh Fruit & Vegetables	Garbanzo Beans Celery Sticks Cantaloupe Cubes Assorted Fresh Fruit & Vegetables	Carrots & Broccoli Watermelon Slices Cinnamon Applesauce Assorted Fresh Fruit & Vegetables

A student must select a 1/2 cup serving of fruit or vegetable to make a complete meal or a la carte pricing will be applied.

