

Owatonna Education Center Pre-K

This institution is an equal opportunity provider

OCTOBER 2026

LUNCH MENU

FREE MEALS FOR ALL STUDENTS

All students are eligible for 1 breakfast meal and 1 lunch meal at no cost.

COMPLETE MEAL

Students must choose at least 3 components as part of a complete meal.

All Lunches served with Milk:
1% White, 6 fl oz

ALLERGY INFORMATION

This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame, and/or wheat. Please contact 507-444-8607 with special diet related inquiries.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEPT 28	SEPT 29	SEPT 30	1	2
Pizza Steamed Corn Fresh Fruit	Rotini Pasta Meat Sauce Steamed Carrots Chilled Peaches	Corn Dog Crinkle Cut Fries Fresh Fruit	Baked Potato Cheese Sauce Dinner Roll Steamed Broccoli Applesauce	Cheeseburger Veggies Fresh Fruit
5	6	7	8	9
Bosco Sticks w/ GoGurt Marinara Sauce Steamed Mixed Veggies Fresh Fruit	Soft Shell Taco - w/ Chicken Cheesy Refried Beans Chilled Peaches	Boneless Chicken Wings Mashed Potatoes w/ Gravy Blueberries	Turkey Sandwich Steamed Green Beans Applesauce	Original Breaded Chicken Sandwich w/ Cheese Stick Glazed Baby Carrots Fresh Fruit
12	13	14	15	16
French Toast Sticks Cheesy Omelet Breakfast Potatoes Mandarin Oranges	Penne Pasta Chicken Alfredo Steamed Peas Fresh Fruit	All-Beef Hot Dog Baked Beans Mixed Berries	NO SCHOOL	NO SCHOOL
19	20	21	22	23
Cheesy Pull-Apart Marinara Sauce Roasted Green Beans Pineapple Tidbits	Soft Shell Taco w/ Beef Cheesy Refried Beans Chilled Peaches	Chicken Tenders Mashed Potatoes w/ Gravy Fresh Fruit	Orange Chicken Brown Rice Pilaf Steamed California Blend Veggies Applesauce	Hot Turkey-Ham & Cheese on Croissant Straight Fries Fresh Fruit