

Lunch Menu

Blind Brook Ridge Elementary

October 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



1 Crispy Tacos 🌮
With Black Beans
And Brown Rice
Or Baby Carrots
And Fresh Banana 🍌
Unflavored 1% Milk

2 Classic Cheese Pizza
With Caesar Salad 🥗
Or Baby Carrots
And Cinnamon
Applesauce 🍏
Unflavored 1% Milk

5 Mozzarella Sticks 🍕
With Tomato Sauce
Dip
And Roasted Broccoli
And Fresh Fruit Cup
Or Celery
Unflavored 1% Milk

6 Chicken Nuggets
With Oven Baked
Fries 🍟
And Green Beans
Or Celery
And Sliced Oranges 🍊
Unflavored 1% Milk

7 Homemade Mac & Cheese 🍝
With Roasted Mixed
Veggies
Or Celery
And Honeydew and
Cantaloupe Cup
Unflavored 1% Milk

8 Beef Hot Dog on
Bun 🌭
With Sweet Potato
Fries
And Baked Beans
Or Celery
And Fresh Banana 🍌
Unflavored 1% Milk

9 Classic Cheese Pizza
With Garden Salad
Or Celery
And Fresh Pear
Unflavored 1% Milk

**SCHOOL
CLOSED
TODAY**

13 Crispy Chicken Patty
With Crispy Potato
Puffs 🍟
And Mixed
Vegetables 🥦
And Sliced Oranges 🍊
Or Grape Tomatoes
Unflavored 1% Milk

14 Pasta with Meat
Sauce 🍝
With Whole Wheat
Dinner Roll 🍞
And Green Beans
And Fresh Grapes
Or Grape Tomatoes
Unflavored 1% Milk

15 Nachos Grande 🌮
With Black Beans
And Brown Rice
And Fresh Banana 🍌
Or Grape Tomatoes
Unflavored 1% Milk

16 Classic Cheese Pizza
With Caesar Salad 🥗
Or Grape Tomatoes
And Fresh Apple
Fat Free Chocolate
Milk

19 French Toast 🍞
With Sausage Patty
And Baked Sweet
Potato
Or Baby Carrots
And Fresh Fruit Cup
Unflavored 1% Milk

20 Chicken and Waffles
*crispy chicken placed on top
of fluffy waffles*
With Crispy Potato
Puffs 🍟
And Snow Peas 🥬
Or Baby Carrots
And Fresh Apple
Unflavored 1% Milk

21 Homemade Baked
Pasta with Cheese 🍝
With Roasted Broccoli
Or Baby Carrots
And Pineapple 🍍
Unflavored 1% Milk

22 Beef Hot Dog on
Bun 🌭
With Sweet Potato
Fries
And Baked Beans
Or Baby Carrots
And Fresh Banana 🍌
Unflavored 1% Milk

23 Classic Cheese Pizza
With Garden Salad
Or Baby Carrots
And Watermelon
Slices 🍉
Unflavored 1% Milk

26 Cheesy Stuffed
Bread Sticks 🍞
With Tomato Sauce
Dip
And Steamed Peas
Or Cucumber Coins
And Fresh Banana 🍌
Unflavored 1% Milk

27 Classic Beef Burger
*beef burger on a freshly
toasted bun*
With Sweet Potato
Fries
And Cauliflower
Popcorn
Or Cucumber Coins
And Sliced Oranges 🍊

28 Homemade Pasta &
Meatballs 🍝
With Green Beans
Or Cucumber Coins
And Fresh Grapes
Unflavored 1% Milk

29 Crispy Tacos 🌮
With Black Beans
And Brown Rice
Or Cucumber Coins
And Fresh Banana 🍌
Unflavored 1% Milk

30 Classic Cheese Pizza
With Caesar Salad 🥗
Or Cucumber Coins
And Fresh Apple
Fat Free Chocolate
Milk



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

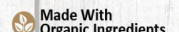
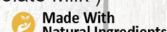
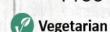


FIRST LUNCH FREE

Second Lunch: \$4.75

Adult Lunch: \$6.80+tax

All meals offered with Fruit,
Vegetable and Milk: (1%
White, Fat-Free White, Fat-
Free Chocolate Milk)



Daily Lunch Selections:

Yogurt Lunch: (4oz Yogurt, Cheese Stick, Graham Crackers),
Salad Lunch, Assorted Sandwiches: Ham & Cheese, Turkey &
Cheese, Cheese

Bagel Lunch: WG Bagel with Butter or Cream Cheese, 2 Cheese
Sticks

ALL meals offered with Fruit, Vegetable & Milk