

PINE GROVE AREA MIDDLE SCHOOL LUNCH MENU

October 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
Chicken & Mashed Potato Bowl
Or
Hot Ham & Cheese on Pretzel
Mashed Potatoes
Steamed Corn

2
Pizza
Or
Italian Dunkers with Sauce
Fresh Salad
Fresh Veggies

Daily offerings: PB&J Sandwich, Fresh Salad, Meat Sandwich

5
Chicken Nuggets with Roll
Or
Italian Meatballs on a Roll
Oven Fries
Baby Carrots

6
Mac & C
Or
Kielbasa on a Roll
Tator Tots
Celery Sticks

7
Hot Dog on a Roll
Or
Cheeseburger on a Roll
French Fries
Green Pepper Strips

8
Toasted Cheese Sandwich
Or
Buffalo Chicken Flatbread
Tomato Soup
Celery Sticks

9
BBQ Ribby on a Roll
Or
Pizza
Roasted Sweet Potatoes
Fresh Salad

Daily offerings: PB&J Sandwich, Fresh Salad, Meat Sandwich

12
No School

13
Chicken & Cheese Quesadilla
Or
Taco
Steamed Corn
Chips

14
Soup and Assorted Sandwiches
Or
Steamed Broccoli
Carrot Sticks

15
Breakfast for Lunch:
Choice of Waffles,
French Toast, or Pancakes
with Cheese Omelet
Tater Triangles
Pepper Strips

16
Buffalo Chicken Dip
Or
Pizza Sticks
Chips
Fresh Veggies

Daily offerings: PB&J Sandwich, Fresh Salad, Meat Sandwich

19
Pasta with Meatballs
Or
Chicken Sticks
Steamed Mixed Veggies
Buttered Noodles

20
Italian Steak on a Roll
Or
Meatball Sub
French Fries
Carrot Sticks

21
Hot Dog on a Roll
Or
Cowboy Burger on a Roll
Glazed Carrots
Broccoli Salad

22
Pulled Pork on a Roll
Or
Ham & Cheese Sandwich
Curly Fries
Cole Slaw

23
Pizza
Or
Cheese Quesadilla
Fresh Veggies
Fresh Salad

Daily offerings: PB&J Sandwich, Fresh Salad, Meat Sandwich

26
Breaded Chicken Tenders
Or
Classic Sloppy Joe
French Fries
Fresh Cucumbers

27
Chicken Patty on a Roll
Or
Walking Taco
Steamed Corn
Chips

28
Chicken Alfredo over Penne
Or
Chicken Fajita Wrap
Steamed Broccoli
Celery Sticks with Ranch

29
Bacon Cheeseburger
Or
Italian Sausage on a Roll
Tator Tots
Green Pepper Strips

30
Pizza
Or
Fajita Srap
Steamed Green Beans
Baby Carrots

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student \$2.55
Adult \$4.00

Available Daily

Fruit & Veggie Selection

Students may choose two ½ cup servings.

Milk Selection

1% White
1% Chocolate
1% Vanilla
1% Strawberry

Your Dining Services Team

Bernie Kelly
General Manager
570.345.2731 ext 357
bkelly@pgasd.com

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.