

HANFORD ELEMENTARY SCHOOL DISTRICT

JR HIGH OCTOBER 2026 BREAKFAST AND LUNCH MENU

Breakfast is served before school Monday through Friday from 7:20-7:50 a.m.

Monday	Tuesday	Wednesday	Thursday	Friday
Wellness Policy can be viewed on our HESD public website. Low fat white and fat free chocolate milk are available with each meal but can also be purchased "a la carte" for \$.40 during lunch. Menu is subject to change without notice	*Breakfast **LUNCH Only one main entrée is to be taken with each meal.		1 *Pancakes Apricots/Juice/Milk/Syrup **Chef's BEEF BIRRIA TACO W/CHEESE **CHEESEBURGER **CAESAR CHICKEN WRAP **TURKEY SANDWICH **PB&J W/YOGURT AND GRAHAM Oven Baked Tater Tots Salad/Carrots/Lettuce/Tomatoes Onion/Cilantro Mix Garbanzo Beans Oranges/Peaches Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup/Taco Sauce Mayonnaise/Mustard	2 *Cinnamon Roll Applesauce/Juice/Milk **HAMBURGER ON A BUN **TACO NADA **CAESAR CHICKEN WRAP **TURKEY SANDWICH **PB&J W/YOGURT AND GRAHAM Oven Baked French Fries Salad/Carrots/Lettuce Tomatoes/Broccoli Oranges/Pineapple Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup/BBQ Sauce Mayonnaise/Mustard
5 *Breakfast Crumb Cake Pears/Juice/Milk **Chef's CHICKEN ALFREDO W/GARLIC BREAD **CHICKEN & CHEESE TAMALE **SOUTHWEST CHICKEN SALAD **TURKEY SANDWICH **PB&J W/YOGURT AND GRAHAM Oven Baked French Fries Salad/Carrots/Broccoli Apples/Mixed Fruit Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup/Taco Sauce Mayonnaise/Mustard	6 *French Toast w/Cinnamon Applesauce/Juice/Milk **TERIYAKI CHICKEN W/STEAMED RICE AND ROLL **CHEESY PULL-APART W/MARINARA SAUCE **SOUTHWEST CHICKEN SALAD **TURKEY SANDWICH **PB&J W/YOGURT AND GRAHAM Oven Baked Tater Tots Salad/Carrots/Broccoli Garbanzo Beans Apples/Apricots Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup Mayonnaise/Mustard	7 *Breakfast Pizza Apples/Juice/Milk **Chef's CHILE CON CARNE W/CORN BREAD **CHICKEN & CHEESE TAMALE **SOUTHWEST CHICKEN SALAD **TURKEY SANDWICH Oven Baked French Fries Esquite Salad Salad/Carrots/Tomatoes Apples/Pears Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup/Taco Sauce Mayonnaise/Mustard	8 *Mixed Berry Parfait Cup Juice/Milk **Chef's CARNE ASADA TACO W/ SHREDDED CHEESE **CHEESY PULL-APART W/MARINARA SAUCE **SOUTHWEST CHICKEN SALAD **TURKEY SANDWICH **PB&J W/YOGURT AND GRAHAM Oven Baked Tater Tots Esquite Salad Salad/Carrots/Lettuce/Tomatoes Garbanzo Beans/Onion and Cilantro Mix Apples/Mandarin Oranges Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup/Taco Sauce Mayonnaise/Mustard	9 *Mini Confetti Pancakes Peaches/Juice/Milk **TONY'S PEPPERONI PIZZA **CHICKEN & CHEESE TAMALE **SOUTHWEST CHICKEN SALAD **TURKEY SANDWICH **PB&J W/YOGURT AND GRAHAM Oven Baked French Fries Broccoli Seasoned w/Garlic Salad/Carrots Apples/Pineapple Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup Mayonnaise/Mustard
12 *Bean and Cheese Breakfast Burrito Oranges/Juice/Milk/Taco Sauce **Chef's PORK CARTITAS TACO **CHICKEN & CHEESE TAMALE **CAESAR CHICKEN SALAD **TURKEY SANDWICH **PB&J W/YOGURT AND GRAHAM Oven Baked Tater Tots Salad/Carrots/Lettuce Tomatoes/Jicama/Garbanzo Beans Onion and Cilantro Mix Cantaloupe/Peaches Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup/Mustard Taco Sauce/Mayonnaise	13 *Pancake w/Pork Sausage on a Stick Apricots/Juice/Milk/Syrup **CHICKEN NUGGETS W/ROLL **CHEESY PULL-APART W/MARINARA SAUCE **CAESAR CHICKEN SALAD **TURKEY SANDWICH **PB&J W/YOGURT AND GRAHAM Oven Baked Tater Tots Salad/Carrots/Cauliflower Garbanzo Beans Cantaloupe/Apricots Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup/Mustard BBQ Sauce/Mayonnaise	14 *Breakfast Pizza Apples/Juice/Milk **Chef's SOY GINGER BEEF W/STEAMED RICE **CHICKEN & CHEESE TAMALE **CAESAR CHICKEN SALAD **TURKEY SANDWICH Oven Baked French Fries Salad/Carrots/Cauliflower/Broccoli Cantaloupe/Pears Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup/Taco Sauce Mayonnaise/Mustard	15 *Waffles Peaches/Juice/Milk/Syrup **CHEESY PULL-APART W/MARINARA SAUCE **CHEF'S CHOICE **CAESAR CHICKEN SALAD **TURKEY SANDWICH **PB&J W/YOGURT AND GRAHAM Oven Baked French Fries Salad/Carrots/Broccoli Cantaloupe/Mixed Fruit Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup Mayonnaise/Mustard	16 NO SCHOOL

19 *Choice of Cereal Strawberry Banana Yogurt Applesauce/Juice/Milk **TOSTADA BOWL W/TURKEY TACO MEAT & CHEESE **CHICKEN & CHEESE TAMALES **SOUTHWEST CHICKEN WRAP **TURKEY SANDWICH **PB&J W/YOGURT AND GRAHAM Oven Baked French Fries Salad/Carrots/Jicama/Lettuce Salsa Luau Mix/Peaches Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup/Mustard Mustard/Taco Sauce	20 *French Toast Oranges/Juice/Milk **COOK'S CHOICE **CHEESY PULL-APART W/MARINARA SAUCE **SOUTHWEST CHICKEN WRAP **TURKEY SANDWICH **PB&J W/YOGURT AND GRAHAM Oven Baked Tater Tots Salad/Carrots/Broccoli Garbanzo Beans Luau Mix/Pears Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup/Mustard Mustard/Taco Sauce	21 *Breakfast Pizza Apples/Juice/Milk **Chef's BEEF LASAGNA W/GARLIC BREAD **CHICKEN & CHEESE TAMALES **SOUTHWEST CHICKEN WRAP **TURKEY SANDWICH Oven Baked French Fries Salad/Carrots/Tomatoes/Jicama Luau Mix/Peaches Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup/Taco Sauce Taco Sauce/Mayonnaise/Mustard	22 *Mixed Berry Parfait Cup Juice/Milk **Chef's CHICKEN CHILE VERDE TACO W/CHEESE **CHEESY PULL-APART W/MARINARA SAUCE **SOUTHWEST CHICKEN WRAP **TURKEY SANDWICH **PB&J W/YOGURT AND GRAHAM Oven Baked Tater Tots Salad/Carrots/Lettuce/Tomatoes Jicama/Garbanzo Beans Onion & Cilantro Mix Luau Mix/Mandarin Oranges Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Ketchup/Mustard/Mayonnaise Taco Sauce	23 *Pancakes Pears/Juice/Milk/Syrup **BEEF SLOPPY JOE ON A BUN **CHICKEN & CHEESE TAMALES **SOUTHWEST CHICKEN WRAP **TURKEY SANDWICH **PB&J W/YOGURT AND GRAHAM Oven Baked French Fries Salad/Carrots Luau Mix/Apricots Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup/Taco Sauce Mayonnaise/Mustard
26 *Pan Dulce Mixed Fruit/Juice/Milk **Chef's CHICKEN CHOW MEIN W/ROLL **CHICKEN & CHEESE TAMALES **CAESAR CHICKEN WRAP **TURKEY SANDWICH **PB&J W/YOGURT AND GRAHAM Oven Baked French Fries Salad/Carrots/Snap Peas Pineapple/Pears Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup/Taco Sauce Mayonnaise/Mustard	27 *Waffle w/Pork Sausage Applesauce/Juice/Milk/Syrup **CHICKEN CORN DOG **CHEESY PULL-APART W/MARINARA SAUCE **CAESAR CHICKEN WRAP **TURKEY SANDWICH **PB&J W/YOGURT AND GRAHAM Oven Baked Tater Tots Baked Beans Salad/Carrots/Snap Peas/Garbanzo Beans Pineapple/Peaches Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup/Mustard Mayonnaise	28 *Breakfast Pizza Apples/Juice/Milk **Chef's BEEF ENCHILADA CASSEROLE **CHICKEN & CHEESE TAMALES **CAESAR CHICKEN WRAP **TURKEY SANDWICH Oven Baked French Fries Salad/Carrots/Tomatoes Pineapple/Mandarin Oranges Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup/Taco Sauce Mayonnaise/Mustard	29 *French Toast Sticks w/Cinnamon Glaze Peaches/Juice/Milk **Chef's BUTTER CHICKEN W/STEAMED RICE AND PITA BREAD **CHEESY PULL-APART W/MARINARA SAUCE **CAESAR CHICKEN WRAP **TURKEY SANDWICH **PB&J W/YOGURT AND GRAHAM Oven Baked Tater Tots Salad/Carrots/Tomatoes/Jicama Garbanzo Beans Pineapple/Mixed Fruit Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup/Mustard Taco Sauce/Mayonnaise	30 *Chorizo Sunrise Stick Oranges/Juice/Milk/Taco Sauce **TACO NADA **CHICKEN & CHEESE TAMALES **CAESAR CHICKEN WRAP **TURKEY SANDWICH **PB&J W/YOGURT AND GRAHAM Oven Baked French Fries Esquite Salad Salad/Carrots/Tomatoes/Jicama a Pineapple/Apricots Apple Juice Orange Juice Fruit Mix Cup Peach Cup Applesauce Cups Oranges/Apple/Banana Mixzees Fruit Mix 1% Low Fat White Milk Chocolate Fat Free Milk Ranch/Ketchup/Mayonnaise Mustard/Taco Sauce

This institution is an equal opportunity provider

The Hanford Elementary School District participates in the National School Lunch and Breakfast Programs. We are continuing to utilize Community Eligibility Provision and Universal Meals for the 2026-2027 School Year. Our HESD students receive breakfast and lunch free of charge. A variety of fresh fruits and vegetables are available at all school sites, students can select healthful and nutritionally balanced foods to eat through “Offer vs Serve”. During both breakfast and lunch students are required to take a minimum number of items which include a ½ cup of fruit or vegetables or combination of both with each meal. Low fat white and fat free chocolate milk are available with each meal but may be purchased “a la carte” for \$.50 during lunch only. If your student would like to purchase milk, we request that you pre-pay. For faster service, simply visit: www.ezschoollpay.com. If you have questions or need assistance with your student’s account, please contact us at 559-585-3666.