

October 2026



Rye City School District MS 6th Lunch Menu

MON

TUES

WED

THURS

FRI



Try Our Homemade Smoothies
Banana Strawberry

October 21st National Apple Day!!
Granny Smith Mac/Red Delicious

Barilla Pasta Bar 1
Marinara/Meat Sauce
(Buttered Pasta Available)
Toasted Garlic Bread Stick
Roasted Kale (LP)
Kiwi Slices
100% Fruit Juice
Hormone Free Milk

Pizza Day 2
Cheese Pizza \$3.00
Specialty Pizza \$4.25
Gluten Free Pizza \$6.75

Chicken Mac Patty 5
Lettuce/Tomato/Pickle
Freshly Made Mac Sauce
Baked French Fries
Sautéed Green Beans with Garlic (LP)
100% Fruit Juice
Hormone Free Milk

Spaghetti & Meatballs 6
Toasted Garlic Bread
Chopped Garden Salad
Fresh Melon Slice
100% Juice/Milk
6th grade lunch 11:15am

Beef Nachos 7
Bag of Tostitos Scoops
Shredded Cheddar
Sour Cream/Salsa/Guacamole
Refried Beans
Red Delicious Apple
100% Juice/Milk

Brunch for Lunch 8
French Toast Sticks
Hard Boiled Egg
Hash Brown
Banana
100% Fruit Juice
Hormone Free Milk

Pizza Day 9
Cheese Pizza \$3.00
Specialty Pizza \$4.25
Gluten Free Pizza \$6.75



Boneless Chicken 13
BBQ/Plain
Potato Rounds
Caesar Salad
Apple Sauce (LP)
100% Fruit Juice
Hormone Free Milk

Oishinibo Sushi 14
Cheese Quesadilla
Rice & Beans
Guac/Sour Cream
Fresh Pico
Melon Slice
100% Fruit Juice
Hormone Free Milk
Oishinibo Sushi

Three Cheese 15
Baked Ziti
(Plain Pasta Available)
Roasted Broccoli
Fresh Grapes
100% Fruit Juice
Hormone Free Milk

Pizza Day 16
Cheese Pizza \$3.00
Specialty Pizza \$4.25
Gluten Free Pizza \$6.75

Chicken Tenders 19
French Fries
Yellow/Green Squash (LP)
Red Delicious Apple
100% Fruit Juice
Hormone Free Milk

King's Hawaiian Rolls 20
Lettuce/Tomato/Pickle
Waffle Fries
Cabbage Slaw
100% Fruit Juice
Hormone Free Milk

Orange Chicken Bowl 21
(Available without Sauce)
Fluffy White Rice
Steamed Broccoli
Fortune Cookie
National Apple Day
100% Fruit Juice
Hormone Free Milk
Oishinibo Sushi

Brunch for Lunch 22
Pancakes/Belgium Waffle
Blueberry/Strawberries
Hash Brown/Sausage Link
Fresh Banana
100% Fruit Juice
Hormone Free Milk

Pizza Day 23
Cheese Pizza \$3.00
Specialty Pizza \$4.25
Gluten Free Pizza \$6.75

Chicken Patty Deluxe 26
Brioche Roll
Lettuce/Tomato
Steak Fries
Cucumber Cup (LP)
100% Fruit Juice
Hormone Free Milk

Taco Tuesday 27
Double Beef Taco
Soft Shell Tortilla
Sour Cream/Salsa/Guac
Lettuce/Tomato
Fresh Pear
100% Fruit Juice
Hormone Free Milk

Ramen Noodle Bowl 28
Yakisoba Noodles/GF Rice Noodles
Grilled Chicken/Tofu
Edamame/Steamed Broccoli
Fortune Cookie/Orange Slices
100% Fruit Juice
Hormone Free Milk
Oishinibo Sushi

Barilla Pasta Bar 29
Meat/Pink Sauce/Butter
Toasted Garlic Breadstick
Roasted Kale (LP)
Kiwi Slices
100% Fruit Juice
Hormone Free Milk

Pizza Day 30
Cheese Pizza \$3.00
Specialty Pizza \$4.25
Gluten Free Pizza \$6.75

Gluten Free
Rolls, Cereal, Pizza/Pasta
Chicken Nuggets
Available upon request

Strawberry Banana Smoothies
made fresh at your school!

Try our Own
Fresh Made Hummus
With Pretzels or
Carrot/ Celery Sticks
Greek Yogurt Parfit
Nut Free Granola
Strawberries
Blueberries

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STUDENT NUTRITION

This institution is an equal opportunity provider.

Menus are subject to change.

Powering potential.

