

OCTOBER 2026

JEFFERSON COUNTY SCHOOLS

All students in Jefferson County eat at no cost, CEP
Language Assistance is available if needed.

Monday

Tuesday

Wednesday

Thursday

Friday

French Toast Sticks/Sausag **5**
Assorted Cereal w/GC
Fruit/Fruit
Chicken Nuggets/Roll
Mash Potatoes/Blackeye Peas
Fruit/Fruit

Pancake Bites **6**
Assorted Cereal w/GC
Fruit/Fruit
Steak Sandwich
Breaded Okra /Vegetable Juice
Fruit/Fruit

Sausage Biscuit **7**
Assorted Cereal w/GC
Pizza
Fresh Carrots/Corn
Sidekicks/Fruit

Waffle/Sausage **1**
Assorted Cereal w/GC
Fruit/Fruit
Asian Chicken/Rice/Breadstick
Oriental Vegetables
Black Bean Salsa Fruit/Fruit

Chicken Biscuit **2**
Assorted Cereal w/GC
Fruit/Fresh Fruit
Cheeseburger/LT
Pickles /Sweet Potato Fries
Fruit/Fresh Fruit

12
National School Lunch Week
Cafeteria Circus:
Nutrition Takes Center Stage!
October 12 – 16, 2026
Student & Staff Holiday

Pancake/Sausage **13**
Assorted Cereal w/GC
Fruit/Fruit
Funnel Cake Waffle/Chicken
Fresh Broccoli/Hashbrown
Strawberries/Fruit Cup

Strawberry Bagel **14**
Assorted Cereal w/GC
Fruit/Fruit
Corn Dog Nuggets/Pretzel Dog
Sweet Potato Fries
Vegetable Juice/Circus Treat
Fresh Fruit/Fruit

Breakfast Pizza **15**
Assorted Cereal w/GC
Fruit/Fruit
Cheesy Beef Nachos
L/T/ Black Beans/Corn
Fruit/Fruit

Chicken Biscuit **16**
Assorted Cereal w/GC
Fruit/Fruit
Wings/Roll
Celery/Carrots French Fries
Fresh Fruit/Fruit

Pancake Bites **19**
Assorted Cereal w/GC
Fruit/Fruit
Chicken Strips/Cornbread
Cabbage/Sweet Potatoes
Fruit/Fruit Cup

French Toast Sticks/Sausag **20**
Assorted Cereal w/GC
Fruit/Fruit
Sloppy Joe Sandwich
Breaded Okra/Broccoli
Fruit Cup//Fruit
Baked Cookie

Pancake on a Stick **21**
Assorted Cereal w/GC
Fruit/Fruit
Pizza
Carrots/Corn
Sidekicks/Fruit

Sausage Biscuit **22**
Assorted Cereal w/GC
Fresh Fruit/Fruit
Steak w/Gravy Mash Potatoes
Lima Beans/Cornbread
Fruit/Fruit

Eggo Bites **23**
Assorted Cereal w/GC
Fruit/Fruit
Cheeseburger/LT
Pickles /Potato Tots
Fruit/Fresh Fruit

Breakfast Pizza **26**
Assorted Cereal w/GC
Fruit/Fruit
Chicken Nuggets/Roll
Mash Potatoes/Green Beans
Fruit/Fruit

Strawberry Bagel **27**
Assorted Cereal w/GC
Fruit/Fruit
Asian Chicken/Rice/Breadstick
Oriental Vegetables
Black Bean Salsa Fruit/Fruit

Chicken Biscuit **28**
Assorted Cereal w/GC
Fruit/Fruit
Sausage/Hot Dog
Coleslaw/Baked Beans
Fruit/Fruit

Waffle/Sausage **29**
Assorted Cereal w/GC
Fruit/Fresh Fruit
Tacos/Cheese
L/T Corn /Black bean Salsa
Fruit/Sidekick

Freestyle Friday **30**
Assorted Cereal w/GC
Fruit/Fruit
Chicken Sandwich
LTP/Broccoli/Vegetable Juice
Fresh Fruit/Fruit

Offer vs. Serve - Students must have 3 food items, including at least $\frac{1}{2}$ cup fruit or juice. A variety of milk is offered daily.

Disclaimer: Menus are subject to change without notice.

A second entrée of choice is offered daily.

USDA is an equal opportunity provider, employer and lender.