

**\*\*All meals include a choice  
of 1% milk or fat free  
chocolate milk\*\***

# OCTOBER 2026

Cashmere High School

**\*\*Daily choices of fruits and  
vegetables  
\*\*All grains are at least 51%  
whole grain\*\***

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**5**

Pulled Pork  
Chicken Caesar Wrap

**6**

Homemade  
Mac & Cheese /Roll  
Cheese Quesadilla

**7**

**\*\*Rotini Pasta with Italian  
meat sauce  
\*\*Meatball Sub**

**8**

Ham & Cheese Melt  
Italian Croissant  
Chips

**9**

**No School**

**12**

**\*\*Grilled Teriyaki Burger  
\*\*Spicy Chicken Burger**

**13**

**\*\*Chicken Tenders  
Roll  
\*\*Cheese Quesadilla  
Marinara Sauce**

**14**

**\*\*Famous Bowl  
(Popcorn Chicken, Mashed  
Potatoes, gravy & Corn)  
\*\*Ham & Cheese Melt**

**15**

**\*\*Brunch For Lunch  
(Omelet, French Toast, Sausages)  
\*\*Chicken Ranch Wrap**

**16**

Personal Pan Pizza  
**\*\*Cheese  
\*\*Pepperoni**

**19**

**\*\*Chicken Nuggets  
Texas Toast  
Cheese Quesadilla  
Marinara Sauce**

**20**

**\*\*Drumstick with  
Mashed Potatoes & Gravy  
\*\*Chicken Wrap**

**21**

**\*\*Hamburger  
\*\*Chicken Burger  
French Fries**

**22**

**\*\*Ravioli  
Homemade Garlic Bread  
\*\*Spicy Chicken Burger**

**23**

Ham & Cheese Croissant  
Wrap  
Chips

**26**

**\*\*Chicken Burger  
\*\*Pulled Pork**

**27**

**\*\*Western Taco  
\*\*Burrito**

**28**

**\*\*Burrito  
\*\*Corn Dog  
Churro**

**29**

**No School**

**30**

**IMPORTANT NOTICE:** Cashmere School District is **NOT** peanut or tree nut free. Your child may be exposed to peanuts or tree nuts in the course of their day while in any Cashmere School District property.  
This institution is an equal opportunity provider and employer.  
Menu Subject to change