

****All meals include a choice
of 1% milk or fat free
chocolate milk****

OCTOBER 2026

Cashmere Middle School

****Daily choices of fruits and
vegetables
**All grains are at least 51%
whole grain****

Monday

Tuesday

Wednesday

Thursday

Friday

Cereal/Muffin

5

Pulled Pork
Chicken Caesar Wrap

Cereal/Muffin

12

****Grilled Teriyaki Burger
Spicy Chicken Burger

Cereal/Muffin

19

****Chicken Nuggets
Texas Toast
Cheese Quesadilla
Marinara Sauce**

Cereal/Muffin

26

****Chicken Burger
Pulled Pork

Bagel & Cream Cheese
Yogurt

6

Homemade
Mac & Cheese /Roll
Cheese Quesadilla

Bagel & Cream Cheese
Yogurt

13

****Chicken Tenders/ Roll
**Cheese Quesadilla
Marinara Sauce**

Breakfast Burrito
Yogurt

20

****Drumstick with
Mashed Potatoes & Gravy
Chicken Wrap

Pancakes & Sausages

27

****Western Taco
Burrito

Cereal/Muffin

7

****Fish Sticks
**Hamburger
French Fries**

Cereal/Muffin

14

****Famous Bowl
(Popcorn Chicken, Mashed
Potatoes, gravy & Corn)
Ham & Cheese Melt

Cereal/Muffin

21

****Ravioli
Homemade Garlic Bread
Spicy Chicken Burger

Yogurt Parfait

28

****Burrito
**Corn Dog
Churro**

Cheese Omelet & Bacon

1

Personal Pan Pizza
****Cheese
Pepperoni

Yogurt Parfait

8

Ham & Cheese Melt
Italian Croissant
Chips

Bagel & Cream Cheese
Yogurt

15

****Brunch For Lunch
(Omelet, French Toast, Sausages)
Chicken Ranch Wrap

Bagel & Cream Cheese
Yogurt

22

****Hamburger
**Chicken Burger
French Fries**

No School

Breakfast Pizza

2

Ham & Cheese Croissant
Turkey & Cheese
Croissant
Chips

9

No School

Yogurt Parfait

16

Personal Pan Pizza
****Cheese
Pepperoni

Breakfast Pizza

23

Ham & Cheese Croissant
Turkey & Cheese
Croissant
Chips

30

IMPORTANT NOTICE: Cashmere School District is **NOT** peanut or tree nut free. Your child may be exposed to peanuts or tree nuts in the course of their day while in any Cashmere School District property.
This institution is an equal opportunity provider and employer.
Menu Subject to change