October Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
***Contains Egg**			**1** **A.M.-Honeycomb Cereal, Bananas, Milk**	**2** **A.M. - Warm Pancakes, Berries, Milk**
			P.M.- Cheez-It, Fresh Fruit	P.M.- Ritz Crackers, Cheddar Cheese, Salami, Fresh Fruit
5 **A.M.- Strawberry Yogurt, Granola, Milk**	**6** **A.M.- Wholewheat Cheerios, Bananas, Milk**	**7** **A.M.- Vanilla Yogurt w/Fresh Mango, Milk**	**8** **A.M.-Honeycomb Cereal, Bananas, Milk**	**9** **A.M. - Nutri Grain Bar, Fruit, Milk**
P.M.- Veggie Straws, Cheddar Cheese, Fresh Fruit	P.M.- Pretzel W/Mustard, Fresh Fruit	P.M.- Sea Weed Teriyaki, Cucumbers, Cheese Stick	P.M.- Belvita Crackers, Fresh Fruit	P.M.- Pirate Booty, Cheese Stick, Fresh Fruit
12 **Indegenous People's Day (SCHOOL CLOSED)**	**13** **A.M.- Wholewheat Cheerios, Bananas, Milk**	**14** **A.M.- Vanilla Yogurt w/Fresh Mango, Milk**	**15** **A.M.-Honeycomb Cereal, Bananas, Milk**	**16** **A.M. - Warm Pancakes, Berries, Milk**
	P.M.- Cheddar Cheese, Ritz Crackers, Apples	P.M.- Tortilla Chips, Salsa, Fresh Fruit	P.M.- Rice Crisps, Cheese Stick, Fresh Fruit	P.M.- Ritz Crackers, Cheddar Cheese, Salami, Fresh Fruit
19 **A.M.- Strawberry Yogurt, Granola, Milk**	**20** **A.M.- Wholewheat Cheerios, Bananas, Milk**	**21** **A.M.- Vanilla Yogurt w/Fresh Mango, Milk**	**22** **A.M.-Honeycomb Cereal, Bananas, Milk**	**23** **A.M. - Nutri Grain Bar, Fruit, Milk**
P.M.- Graham Crackers, Apple Sauce	P.M.- Nilla Waffers, Fresh Fruit	P.M.- Blueberry Muffins, Fresh Fruit	P.M.- Gold Fish, Fresh Fruit	P.M.- Rice Crisps, Cheese Stick, Fresh Fruit
26 **A.M.- Strawberry Yogurt, Granola, Milk**	**27** **A.M.- Wholewheat Cheerios, Bananas, Milk**	**28** **A.M.- Vanilla Yogurt w/Fresh Mango, Milk**	**29** **A.M.-Honeycomb Cereal, Bananas, Milk**	**30** **A.M. - Nutri Grain Bar, Fruit, Milk**
P.M.- Pretzel W/Mustard, Fresh Fruit	P.M.- Cheddar Cheese, Ritz Crackers, Apples	P.M.- Sea Weed Teriyaki, Cucumbers, Cheese Stick	P.M.- Gold Fish, Fresh Fruit	P.M.- Chocolate Chick Pea Spread, Graham Crackers, Apples