

Outlying – October 2026

Harvest of the Month: Apples

Lunch includes: entrée listed below, fruit, milk, and an unlimited cold fruit and vegetable bar.

Hummus and Roll or Peanut-Butter (or Sunbutter) and Jelly Sandwich available as a substitution with advanced request.

All grains are at least 50% whole grain. Students must take ½ cup fruit and/or vegetables with meal. Milk choice includes skim, 1% and skim chocolate. Menu subject to change without notice, due to price and availability. This institution is an equal opportunity provider.

Lunch Menu

Kalispell Public Schools Food Service



Breakfast in the Cafeteria Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Free: if eligible Student: \$2.50 Reduced: \$0.30 Adult: \$3.50	WG Cereal OR Oatmeal, Fruit, Milk	Homemade Muffin, Yogurt, Fruit, Milk	Breakfast Burrito, Fruit, Milk	WG Pancake on a Stick, Fruit, Milk	WG Bagel w/Cream Cheese, Fruit, Milk Benefit Bar UBR (Alternating Weeks)

For questions about the menu, student accounts or eligibility for free or reduced meals please call FS Office 406-751-3400 x3443. *Community Eligibility Provision Qualified Schools include all District #5 Schools SY24-25 through SY27-28.

All Students must take at least ½ cup of fruit and/or vegetables to complete a school lunch.

A school lunch includes: (600-650 total calories), 1 cup milk, 1-2oz. grain, ¾ cup vegetables, ½ cup fruit.

Students must take at least ½ cup of fruit/vegetables.

Lunch Menu:	Monday	Tuesday	Wednesday	Thursday	Friday
Regular Prices Reduced: \$0.40 Student: \$3.75 Adult: \$5.75 Extra Milk: \$0.65				1 Cheeseburger w/WG Bun	2 Butter Chicken Over WG Pasta
CEP Qualified Schools*- Breakfast & Lunch are Free for Students	Salad Bar Featuring -				
	5 Breaded Chicken Sandwich w/WG Bun	6 Korean Ground Beef & Rice Bowl	7 Pizza w/WG Crust	8 Breakfast Sandwich (Pancake, Egg, Cheese)	9 Cheesy Chicken Taco Spaghetti SV EARLY OUT
	Salad Bar Featuring -				
Local Now: Apples, Carrots, Burgers, Lentils, Wheat Montana Bread, Squash, and more!	12 Tomato Soup w/1 Basco Stick & Cheese Stick	13 Cold Turkey Salad Sandwich w/WG Bun	14 Pizza w/WG Crust	15 NO SCHOOL!	16 NO SCHOOL!
	Salad Bar Featuring -				
	19 WG Chicken Corndogs	20 Baked Chicken w/Mashed Potato w/WG Roll	21 Pizza w/WG Crust	22 Chili w/Tortilla Chips & Cheese	23 WG Mac-n- Cheese
	Salad Bar Featuring -				
	26 Chicken Sandwich w/WG Bun	27 Ham & Cheese Wrap w/WG Tortilla	28 Pizza w/WG Crust	29 Turkey Hot Dog w/WG Bun	30 Creamy Chicken w/WG Biscuit
	Salad Bar Featuring -				