

Monday
Tuesday
Wednesday
Thursday
Friday

5
Cinnamon Toast Crunch
Cereal (VG)
Tiger Bites (V)

6
Maple Waffle w/Chicken
Sausage Sandwich

7
Turkey Ham, Sausage
Cheese & Egg Breakfast
Flatbread

1
Mini Blueberry
Pancakes (V)

2
Mini Strawberry Bagel

8
French Toast
Sticks (V)

9
Ultimate Breakfast
Round (V)

12
**Indigenous
Peoples'
Day**
(All facilities closed)

13
Breakfast Pizza

14
Bagel w/Cream Cheese
& Jelly

15
Eggo Froot Loop
Waffles (V)

16
Vanilla Yogurt
Blueberry Pomegranate
Granola Bar

19
Apple Cinnamon
Cheerios Cereal (VG)
Giant Cinnamon Goldfish

20
Breakfast Bagel w/Eggs &
Turkey Breakfast Sausage

21
Cinnamon Toast
Crunch Filled Bar (V)

22
Buttery Maple
Snack'N Waffles (V)

23
Ultimate Breakfast
Round (V)

26
Honey Bunches of
Oats Cereal (V)
Honey Graham
Crackers (V)

27
Turkey Sausage Egg &
Cheese Breakfast Pocket

28
Egg & Cheese
Stuffed Biscuit

29
Mini Blueberry
Pancakes (V)

30
Mini Strawberry Bagel

Items Offered Daily:

Choice of: **Milk: Skim, 1%, Fat Free Chocolate,**
Chickpea Butter & Jelly Sandwich.
Fruit

(V) = Vegetarian. A food that does not contain meat, but it may contain dairy and eggs.
(VG) = Plant-based. A food that excludes all animal products.

Allergy information available upon request